

# Cultural Arts and Heritage

## Guidelines for Creative Writing Contests

### General:

- Only one entry per person is allowed in each category
- Entries are open only to members of KEHA
- All entries must be original
- Entries should not contain words of profanity
- The KEHA Executive Board reserves the right to not print any entry due to content
- Entries should be typed, *however* legible hand written entries will be accepted if there is no way the entry can be typed
- Entries submitted in electronic format, preferably in Microsoft Word, are encouraged
- Each entry should be submitted for state judging with the completed Cultural Arts and Heritage Creative Writing Contest Cover Sheet and Author Release Form. This is found on KEHA Handbook page 41a.
- Entries will not be returned; be sure to make a copy
- All entries are due by March 1 to KEHA Cultural Arts Chairman:

Julia Lainhart  
KEHA Cultural Arts Chairman  
512 Pinoak Drive  
Nicholasville, KY 40356  
859-885-4677  
Jlainhar62@gmail.com

### Poetry:

- Entries are limited to 30 lines

### Memoirs:

- Entry is limited to 2 pages, double spaced
- Entry is limited to one memory, written in first person
- Entry should have a particular focus or element that receives the most emphasis
- Entry should focus on a person, place, or animal which has a particular significance in the writer's life
- Entry should recreate for the reader incidents shared with the person, place, or animal
- Entry should reveal writer's knowledge of and feelings about the person, place, or animal
- Entry should make the person, place, or animal come alive for the reader
- Entry should share new insights gained when recalling the significance of the subject of the memoir

**Short Story:**

- Entry is limited to 3,000 words.
  - Entry may be written in the first or third person
  - Entry should contain:
    - a plot, rising action and a climax
    - a focused purpose
    - setting details woven into the text of the story, allowing the reader entry into the story
    - development of at least one character through the character's own words, thoughts, or actions and/or those of another character
    - a tightly woven plot limited to one main idea or purpose
    - a problematic conflict, developed as the story progresses
    - a resolution of that conflict
    - idea development through snapshots, thoughtshots, dialogue, description, etc.
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# Cultural Arts and Heritage Creative Writing Contest Cover Sheet and Author Release Form

**(This cover sheet is required for each entry.  
Entries with cover sheet are due March 1.)**

The Kentucky Extension Homemakers Association has my permission to print my creative writing entry in future editions of the *KEHA Inspirational*, to include my entry in a booklet of all or selected entries, or to read aloud or perform my entry at a public event, such as the KEHA annual meeting.

Indicate category of your entry:

\_\_\_\_\_ Poetry  
\_\_\_\_\_ Memoirs  
\_\_\_\_\_ Short Story

Title of Entry: \_\_\_\_\_

Author's name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

County: \_\_\_\_\_ Area: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Email Address: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_