

KEHA International Program of Work 2025-2028

SITUATION:

As the International Chairperson, my role is to inspire KEHA members to engage and unite with individuals of varying cultural backgrounds through education and cultural experiences, and to keep members apprised of the state of existing projections. Let's get EXCITED (Education, X-citement, Culture, Information, Traditions, Entertainment and Demonstrations) as we delve into global issues, enjoy the traditions of our neighbors, and learn how to create friendships.

FOCUS BY YEAR:

- Year 1 – 2025-2026: Continue promoting Creating Welcoming Communities
- Year 2 – 2026-2027:
 - Tips for Travel – Both Near and Far
 - Food Culture in Other Countries (work with FNH chairperson)
- Year 3 – 2027-2028: The Value of Learning a Foreign Language

GOALS:

- Promote better communication and understanding ways to navigate in unfamiliar cultures.
- Build relationships with our growing international populations.
- Provide education and resources for traveling abroad.
- Understand cultural differences in dining traditions.
- Provide resources to learn about other countries, their foods, and customs.
- Understand the ways learning language improves memory and cognition, and fosters global competence.

ACTIVITIES:

- Host International chairperson training annually at KEHA State Meeting.
- Host International learning session for 2026 KEHA State Meeting based on feedback from KEHA members.
- Promote NVON, CWC, ACWW.
- Promote the ACWW 31st Triennial Conference in Ottawa, Canada, April 24-May 5, 2026.
- Continue the Homemaker Exchange Program.

CONTESTS AND AWARDS:

- International Projects and Programs Contest – due March 1
- Most Coins Collected Award – submitted with annual dues in December
 - a. Coins for Change (Collection jar label available for print at <https://keha.ca.uky.edu/content/international.>)
 - b. Kentucky Academy/Ghana Library

KEHA International Program of Work

Lessons

2024-2025: Creating Welcoming Communities

All societies experience shifts in culture and modern America is no exception. Have you wished to be more confident in navigating unfamiliar cultural experiences? With this lesson, become a more prepared community volunteer by understanding how culture makes all of us unique. We will examine our own culture, understand culturally related strengths of both ourselves and of others, and gain an understanding of oppressive experiences and their effects. As we seek to build a stronger Kentucky, KEHA volunteers can lead the way in making the state more welcoming to all newcomers in the Commonwealth. This lesson includes a facilitator's guide, publication, PowerPoint, activities, and evaluation.

2026-2027: Tips for Travel – Both Near and Far

Most people travel away from home. Whether you plan a short trip in the U.S. or aspire to go on an adventure far from home, there are many things to consider before leaving. This lesson will give you the know-how to keep you safe and reduce stress so you can enjoy the trip. Topics include: travel documents, financial safety, packing strategies, and preparing your home for your absence. Lesson includes: publication, facilitator guide, PowerPoint, activities, handouts, and evaluation.

2026-2027: Food Culture in Other Countries

Consider working with the county Food, Nutrition, and Health Chairperson to promote two Programs of Work at once! Learn about other countries, their foods, culture, and customs. KEHA members will learn about a country, prepare a dish, and work with others. Choose from among six countries: Germany, Ireland, Greece, France, Italy, Mexico, or India. Prepare a dish from that country, and identify common eating patterns and habits. Check for the list and link to specific lessons, including recipes, in the Food, Nutrition, and Health Program of Work.

2027-2028: The Value of Learning a Foreign Language

Emphasis three is currently in development. Check the International Chairperson website later for details.

<https://keha.ca.uky.edu/content/international>