

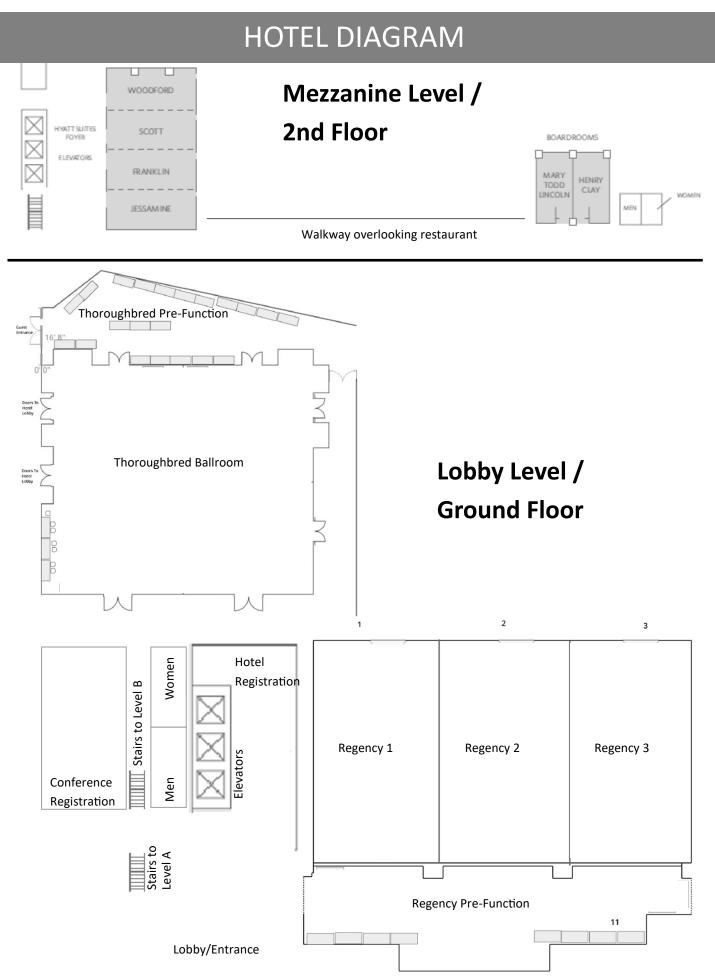
Kentucky Extension Homemakers Association 91st Annual Meeting May 6-8, 2025 Hyatt Regency Lexington, KY



2025 SCHEDULE AT A GLANCE

All events take place at the Hyatt Regency. All times are Eastern Time.

| | 1 | | |
|---|---|------------------------|--|
| <u>TUESDAY, MAY 6</u> 8:00 a – 10:30 a | Trade Show Set up | 8:15 a - 9:30 a | Seminars - Session 3 |
| 0.00 a - 10.30 a | KEHA Showcase Check-In | 9:30 a – 12:00 p | CCK Quilt Donations |
| | Silent Auction Check-In Basket Raffle Check-In | 10:00 a - 11:30 a | BUSINESS MEETING Patterson Ballroom |
| 8:00 a – 5:00 p | Registration Voting Delegate Sign-In | 11:30 a - 3:00 p | Quilt Square Auction Bidding Basket Raffle, Silent Auction |
| 8:30 a – 11:00 a | Cultural Arts Check-In | 11:30 a – 1:30 p | Tech Help Lounge |
| 8:30 a – 11:30 a | Quilt Square Auction Check-In | 11:30 a - 4:00 p | Registration |
| 9:00 a – 5:00 p | CCK Quilt Donations | 11:45 a - 1:30 p | MFHG LUNCHEON |
| 9:00 a – 3:30 p | Free Health Screenings | 11.45 4 1.50 p | (separate registration) |
| 9:30 a – 11:30 a | Tech Help Lounge | | Kentucky Room |
| 10:30 a – 5:30 p | Trade Show Opens | 11:30 a - 1:30 p | LUNCH ON YOUR OWN |
| 10.00 0 0.00 p | Basket Raffle, Silent Auction Showcase Opens | 1:30 p - 2:45 p | Seminars - Session 4 |
| 11:30 a – 1:30 p | OPENING LUNCHEON Patterson Ballroom | 1:45 p - 3:15 p | Master Farm Homemaker Guild Business Meeting |
| 1:45 p – 3:00 p | Seminars – Session 1 | 3:15 p - 4:15 p | Hands-On Creative Classes 2 |
| 1:45 p – 5:30 p | Quilt Square Auction Bidding | 4:00 p - 5:00 p | Quilt Square Auction Pick-Up/Pay Silent Auction Pick-Up/Pay |
| 3:30 p – 4:45 p | Seminars – Session 2 | | Showcase Display Pick-Up |
| 5:15 p – 6:15 p | Hands-on Creative Classes 1 | 4:00 p - 5:00 p | Cultural Arts Check-Out |
| 6:15 p or later | DINNER ON YOUR OWN | 5:00 p – 6:00 p | GENERAL SESSION with |
| WEDNESDAY, MAY 7 | , | | KEHA Choir Performance Patterson Ballroom |
| 8:00 a - 9:45 a | Registration | 6:00 p or later | DINNER ON YOUR OWN |
| | Voting Delegate Sign-In | 0.00 p 01 later | DINNER ON FOOR OWN |
| | Quilt Square Auction Bidding Basket Raffle, Silent Auction | <u>THURSDAY, MAY 8</u> | |
| 9.00 = 3.20 m | Cultural Arts Viewing | 7:30 a - 8:30 a | Registration |
| 8:00 a – 2:30 p | C C | 8:00 a - 9:15 a | Officer Training Workshops |
| 8:00 a – 4:00 p | Free Health Screenings | 9:45 a - 11:00 a | Educational Chair Trainings |
| 8:00 a - 5:00 p | Trade Show Showcase | 11:30 a – 1:30 p | AWARDS LUNCHEON Patterson Ballroom |



GENERAL INFORMATION

NOTE: Please silence all cell phones and electronic devices during sessions. Thank you!

REGISTRATION—Lobby Level

Monday 5 p.m. to 6 p.m. ET Tuesday 8 a.m. to 5 p.m. Wednesday 8 a.m. to 9:45 a.m. & 11:30 a.m. to 4 p.m. Thursday 7:30 a.m. to 8:30 a.m.

VOTING DELEGATE SIGN-IN—Lower Level B

Tuesday 8 a.m. to 5 p.m. ET Wednesday 8 a.m. to 9:45 a.m.

Voting delegates must sign-in and pick up their delegate information packet prior to the Business Meeting. Please plan to be registered at least a half hour before start and in your seat 10 minutes prior to the start of the meeting.

WIRELESS INTERNET

The Hyatt offers complimentary Wifi. Network: Hyatt Conference Wifi (no password)

TECH HELP LOUNGE—2nd Floor

Bring your device (tablet or laptop) if you want help with social media or other tech. The Tech Help Lounge will be open Tuesday and Wednesday in the Henry Clay Boardroom during set hours to offer one-on-one help! Tuesday 9:30 a.m. – 11:30 a.m. Wednesday 11:30 a.m. – 1:30 p.m.

MESSAGE BOARD

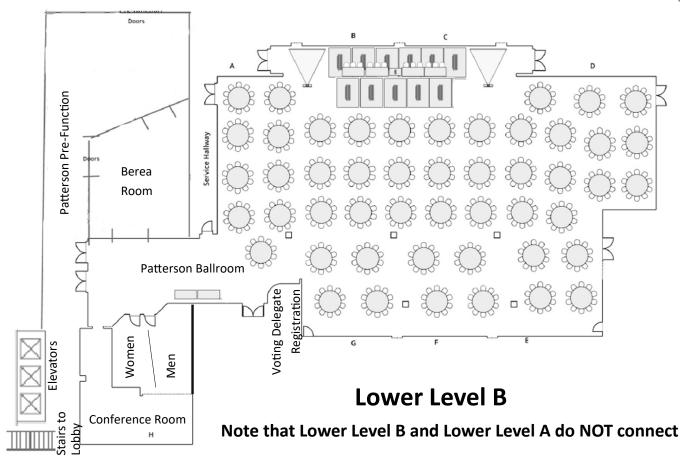
A message board will be available near the registration area. Utilize this board to share information, exchange tickets, and for other messaging needs.

RESTAURANT OPTIONS

For those meals that are "on your own" you may consider the hotel dining room or look up the many local dining options at https://bit.ly/FoodLex or by using the QR code here.



HOTEL DIAGRAM



GENERAL INFORMATION

BASKET RAFFLE & SILENT AUCTION

The raffle and auction will be in the Thoroughbred Pre-Function on the lobby level. Purchase raffle tickets to enter to win themed **gift baskets** provided by each area. Proceeds from this year's raffle will benefit the proposed 2026 Leadership Academy. Bid on **silent auction** items donated by counties and individuals. Proceeds this year will benefit the 4-H Foundation.

Check-In: Tuesday 8-10:30 a.m. ET

Bidding: Tuesday 10:30 a.m. to 5 p.m.

Bidding: Wednesday 8-9:45 a.m. & 11:30 a.m.-3 p.m. NOTE: Bidding is CLOSED during the Business Meeting. Auction Pick-Up/Pay: Wednesday 4-5 p.m. Raffle baskets will be awarded during the Wednesday general session.

Must be present to win!

KEHA SHOWCASES

Showcases will be in the Regency Pre-Function on the lobby level from 10:30 a.m. to 5:30 p.m. Tuesday and from 8 a.m. to 5 p.m. Wednesday. Display pick up is 4-5 p.m. Wednesday. Showcases may feature area, educational chair, and KEHA

development grant winner activities. Come see what KEHA members have been doing!

QUILT SQUARE AUCTION AND SHOWCASE

Bid on these beautiful 12-inch finished quilt squares and also vote for your favorite! The display is in the Berea Room on Level B. Proceeds this year will help offset the costs associated with KEHA State Meeting. Check-In: Tuesday 8:30-11:30 a.m. ET Bidding/Voting: Tuesday 1:45-5:30 p.m. Bidding/Voting: Wednesday 8-10 a.m. & 11:30 a.m. – 3 p.m. Pick-Up/Pay: Wednesday 4-5 p.m.

CENTER FOR COURAGEOUS KIDS (CCK) QUILT COLLECTION POINT

The Center for Courageous Kids in Scottsville, Ky., needs new twin bed quilts. Needed size is approximately 66 inches by 83 inches and can be homemade or store bought. Drop off at the Center in Scottsville or bring to KEHA State Meeting's collection point at KEHA registration in the lobby. Tuesday 9 a.m.-5 p.m. & Wednesday 9:30 a.m.-Noon

CULTURAL ARTS

Check-In is Tuesday 8:30-11 a.m. ET

| CHECK-IN KEHA AREAS | |
|----------------------------------|--|
| 8:30 a.m. Bluegrass, Fort Harrod | |
| 9:00 a.m. | Licking River, Louisville, Northern KY |
| 9:30 a.m. | Northeast, Quicksand, Wilderness Trail |
| 10:00 a.m. | Lake Cumberland, Lincoln Trail, Mammoth Cave |
| 10:30 a.m. | Green River, Pennyrile, Purchase |

This year, the Cultural Arts Exhibit will take place in the Thoroughbred Ballroom on the lobby level. Check-in is from 8:30-11 a.m. Tuesday. After check-in the room is locked for judging for the rest of Tuesday.

The display will be open for viewing for registered attendees from 8 a.m. to 2:30 p.m. on Wednesday. Viewers may vote for a "Viewer's Choice." To protect the entries, no food or drink is allowed in the Exhibit Hall. Item check out is from 4-5 p.m. Wednesday.

Check-Out is Wednesday 4-5 p.m. ET

| CHECK-OUT | KEHA AREAS | |
|------------------|--|--|
| Opens at | Green River, Lake Cumberland, | |
| 4:00 p.m. | Lincoln Trail, Mammoth Cave, | |
| for these Areas | Pennyrile, Purchase, Wilderness Trail | |
| Opens at | Bluegrass, Fort Harrod, Licking River, | |
| 4:30 p.m. | Louisville, Northeast, | |
| for these Areas | Northern Kentucky, Quicksand | |

Thank you!

Thank you to KEHA State Cultural Arts & Heritage Chair Cindy Moore, her Advisor Jeanne Badgett, and the many volunteers who make this display happen! This year, four areas were assigned to help host the exhibit: Licking River, Louisville, Mammoth Cave, and Pennyrile.

TUESDAY, MAY 6, 2025

Opening Luncheon in Patterson Ballroom— Level B 11:30 a.m.– 1:30 p.m.

Presiding Brenda Hammons, KEHA President

Inspirational Thought Susan Hansford, Parliamentarian

LUNCH

Greetings and Welcome to the 2025 KEHA State Meeting Cathy Harville, Northeast Area President

> Introduction of KEHA Past Presidents Brenda Hammons, KEHA President

Introduction of Keynote Speaker Ann Porter, KEHA 1st Vice President

Keynote Speaker: Heather Renee French Henry Fashion designer, veterans advocate, Miss America 2000

Ovarian Cancer Fund Presentations Esther Bailey, KEHA Food, Nutrition, and Health Chairman

Accepting Presentation of Donation Edward J. Pavlik, Ph.D., Professor, Division of Gynecologic Oncology, University of Kentucky Medical Center

> Announcements Brenda Hammons

OVARIAN CANCER AWARDS

<u>Counties with largest donations per</u> <u>member:</u> 1st Place – Logan County, \$37.95 2nd Place – Carroll County, \$36.84 3rd Place – Muhlenberg County, \$29.34

Counties with largest overall donations: 1st Place – Taylor County, \$7,700.00 2nd Place – Mason County, \$7,100.48 3rd Place – Muhlenberg County, \$3,403.00

Counties contributing over \$1,000:BarrenMasonBooneMetcalfeCarrollMuhlenbergLincolnTaylorLoganLincoln

<u>County with largest number of</u> <u>first-time ovarian cancer screening</u> <u>participants:</u> 1st Place – Adair, 25 2nd Place – Shelby, 12 2nd Place – Johnson, 9

Ovarian Cancer Fundraising Contest 1st Place – Boone County, Veronica Davis 2nd Place – Barren County, Cynthia Rowland

OVARIAN CANCER AWARDS

Counties with 100% donations to Ovarian Cancer Research: (*Denotes counties with over 100% donations.)

| Bluegrass Bourbon Clark Estill Fayette *Harrison *Madison Nicholas *Scott | Fort Harrod *Boyle *Franklin Garrard Jessamine *Mercer Woodford *Anderson *Lincoln | Pennyrile *Caldwell Christian *Crittenden Hopkins Lyon *Muhlenberg Todd Trigg | Lake Cumberland Clinton Cumberland Green McCreary *Pulaski Russell *Taylor *Wayne | Mammoth Cave *Barren Butler *Edmondson *Logan *Metcalfe Monroe *Simpson *Allen *Warren | Licking River Bath Bracken Fleming Lewis *Mason Menefee Montgomery Morgan Robertson Rowan | Northeast *Boyd Carter *Floyd Greenup Johnson Magoffin *Martin *Lawrence *Pike |
|---|--|---|---|---|---|---|
| Lincoln Trail Breckinridge Grayson *LaRue *Mead *Nelson Washington | Northern Kentucky *Boone *Campbell *Carroll Gallatin Grant *Kenton Owen Pendleton | Louisville Bullitt *Jefferson *Oldham *Shelby Spencer Trimble | <u>Green River</u> Daviess Hancock Henderson *McLean Ohio Union | Purchase Ballard *Calloway Carlisle *Fulton Hickman Marshall McCracken | Quicksand Breathitt Knott Leslie *Letcher Owsley Perry | <u>Wilderness Trail</u> Bell Clay Harlan Jackson Knox Laurel Rockcastle *Whitley |

TUESDAY, MAY 6, 2025

Seminars – Session 1 1:45–3:00 p.m. ET

Historical Homemaking Regency 1—Lobby Level Alyssa Ollier, Leah Craig

How to Give a Tea Party Regency 2—Lobby Level Cindy Williams

What's in Your Leadership Toolbox Regency 3—Lobby Level Debbie Messenger, Christy Stearns, Jordan Crain, Katelyn Squires

Backyard Bees: Establishing Pollinator Habitat Kentucky—Lower Level A Tamara Potter

After Swallowing a Storm: Helping Kids Cope with Disaster Trauma Jessamine—2nd Floor Nicole Breazeale, David Weisenhorn, Jessica Evans, Melissa Bond, Natese Dockery

Focusing on All the Dimensions of Wellness after a Cancer Diagnosis (NVON Topic) Franklin—2nd Floor Kerri Ashurst, Katherine Jury, Heather Norman-Burgdolf, Amy Kostelic

Common Injuries on the Farm/Stop the Bleed Scott—2nd Floor Cheryl Witt

Enduring the Transitions of Life: A Hands-On Motivational Approach to Different Life Stages Woodford—2nd Floor Jody Paver, Leoni Mundelius, Michelle Padgett

Hands-on Creative Classes 1 5:15–6:15 p.m. ET

- Paper Roses/Origami Flowers Regency 1 Sandra Arrowood
- Faux Stained Glass Picture Regency 2 Missy Morley, Cathy Harville, Chelsea Workman

 Santa Gnome Wall Hanging Regency 3 Kelly York, Sharon Fields
 All About Beeswax

- **Kentucky** Macy Fawns
- Gift Card Basket Woodford Kay Kass
- Shocked Sheep Painting Jessamine Karen Abner

Seminars – Session 2 3:30–4:45 p.m. ET

Digging up Treasure - Buying and Selling Online Regency 1—Lobby Level Richard Sellnow

Fraud Watch Basics & Scam Prevention - AARP KY Regency 2—Lobby Level Daniel Roe, Gary Adkins

Homemaker Craft Markets: Research Results Regency 3—Lobby Level Dylan Gentry

Yoga-ta Try This: An Introduction to Yoga Practice Kentucky—Lower Level A Katherine Jury

Blue Zones: Lessons for Life Jessamine—2nd Floor Nichole Huff, Amy Kostelic, and Emily DeWitt

Understanding Addiction Franklin—2nd Floor Alexander Elswick

Nourishing Life: Nutrition Strategies for Older Adults Scott—2nd Floor Heather Norman-Burgdolf

Lipstick and Leadership Style Woodford—2nd Floor Jenny Lynn Hatter

Mat Service Project

 Franklin
 Kathy King, Glorious Hensley,
 Lana Plymale, Monica Martin,
 Vicki Shope, Rhonella Chaffin,
 Lyndall Harned

 Patriotic Centerpiece

Scott Shirley Carra, Debbie Flannery, Cloteen Henderson

WEDNESDAY, MAY 7, 2025

Seminars - Session 3 8:15—9:30 a.m. ET

Cooking from the Garden Regency 1—Lobby Level Victoria Faoro

Fostering Confidence: Embracing Healthy Perspectives on Food and Self-Image Regency 2—Lobby Level Courtney Luecking, Anna Cason, Natese Dockery

Celebrating Cultural Connections - Heritage Foods Regency 3—Lobby Level LaToya Drake and Tanya Whitehouse

Impact of Alzheimer's and Dementia on our Community Kentucky—Lower Level A Erin Gillespie

Coordinating Community Resource Fairs Jessamine—2nd Floor Danielle Hagler

Land Ho! What to Look for When Looking for Computers Franklin—2nd Floor Richard Sellnow

Sheets Uncovered! Scott—2nd Floor Jeanne Badgett

Basket Sub-Category Revisions for Cultural Arts Woodford—2nd Floor Kay Kass and Cindy Moore Business Meeting in Patterson Ballroom—Level B 10:00—11:30 a.m. Reserved seating for voting delegates

Business Meeting Note:

Voting delegates should be in their seats at least 10 minutes prior to meeting start, and everyone is asked to arrive in a timely fashion so the meeting can start on time. Please silence cell phones. Raffle/Auction bidding is CLOSED during the Business Meeting.

Inspiration Pledge to the Flag Call to Order Roll Call Committee Report Adoption of Rules of Convention 2024 Minutes Treasurer's Report Audit Committee Report EVERYONE registered is welcome to attend. This meeting is open to all the KEHA membership. Please be in the room prior to meeting start. Silence cell phones and please stay seated throughout the meeting.

Nominating Committee Report Election of Officers and Chairpersons Bylaws Committee Report Leadership Academy Proposal 2025-2026 Proposed Budget Presidents Report Other Business Announcements Adjourn

LUNCH ON YOUR OWN

Or **Master Farm Homemakers Guild Luncheon** (separate registration)

Master Farm Homemakers Guild (MFHG) Luncheon and Meeting Kentucky Room—Lower Level A

MFHG Luncheon (separate registration) 11:45 a.m.—1:30 p.m. MFHG Business Meeting 1:45 p.m.—3:15 p.m.



WEDNESDAY, MAY 7, 2025

Seminars - Session 4 1:30–2:45 p.m. ET

Let's Cook with Herbs! Regency 1—Lobby Level Victoria Faoro

Cooking Wild in Kentucky Regency 2—Lobby Level Danielle Hagler and Alex Kline

From Silents to Gen Z - Exploring Today's Generations Regency 3—Lobby Level Kim Henken and Ken Culp, Amy Kostelic

Money Habitudes: What's Your Money Style? Jessamine—2nd Floor Nichole Huff

Ovarian Cancer and You Franklin—2nd Floor Rose Lewis, Enid Wohlstein, Melissa Lee Sheets

Personal Journey from War to US Citizen Scott—2nd Floor Rita Hardman and Cecile Kahindo

Enduring the Transitions of Life: A Hands-On Motivational Approach to Different Life Stages Woodford—2nd Floor Jody Paver, Leoni Mundelius, and Michelle Padgett

KEHA Choir Rehearsal Patterson Ballroom—Level B Wendy Hood

Hands-on Creative Classes 2 3:15–4:15 p.m. ET

- Paper Roses/Origami Flowers Regency 1 Sandra Arrowood
- Beaded Pens/Paper Beads Regency 2 Carolyn Gilliam, Amelia Godfrey, Lisa Fields
- Santa Gnome Wall Hanging Regency 3 Kelly York, Sharon Fields
- Growing Herbs & the Many Uses Kentucky Macy Fawns
- Oui Jar Basket Woodford Kay Kass
- Shocked Sheep Painting Jessamine Karen Abner



A special **thank you** goes to all those who helped make the 2025 KEHA State Meeting a success ~

to the Northeast Area Host Committee, and Cathy Harville, Northeast Area President;

to each of the 14 areas for fulfilling their assigned responsibilities;

to the KEHA Executive Committee and Educational Chairmen;

to the Extension agents, specialists, and all presenters of learning sessions;

and to the KEHA Choir and all of our speakers ~

thank you for sharing your time and talent.

Mat Service Project Franklin Kathy King, Glorious Hensley, Lana Plymale, Monica Martin, Vicki Shope, Rhonella Chaffin, Lyndall Harned

 Patriotic Centerpiece Scott Shirley Carra, Debbie Flannery, Cloteen Henderson

WEDNESDAY, MAY 7, 2025

General Session with KEHA Choir in Patterson Ballroom—Level B 5:00–6:00 p.m.

Presiding Patsy Kinman, KEHA Treasurer

Inspirational Thought Denise Boebinger, 4-H & Youth Development Chairman

Greetings Kelly May, KEHA State Advisor Susan Hansford, President, Kentucky Master Farm Homemakers Guild

> KEHA Choir Performance Wendy Hood, KEHA Choir Director

Cultural Arts—Viewer's Choice Winner Cindy Moore, KEHA Cultural Arts & Heritage Chairman

Quilt Square Auction—Viewer's Choice Winner Mechele Arnold, Green River Area President

KEHA Development Grant and Mini-Grant Presentations Martha Colley, KEHA 2nd Vice President

Development Grants:

Quicksand Area, Breathitt Co.—New Warm Beginnings Fort Harrod Area, Franklin Co.—Soft and Cuddly Quilts for Kids Bluegrass Area, Madison Co.—Garden Party Fundraiser for Ovarian Cancer Lake Cumberland Area, Pulaski Co.—Sewing Workshop for Youth Green River Area, Union Co.—Bears for Bravery

> Announcements Patsy Kinman, KEHA Treasurer

Drawing of Raffle Basket Winners Sandra Lusk, Purchase Area President

DINNER ON YOUR OWN

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Jean Aull, Breckinridge Kathy Bodine, Calloway Wanda Burgin, Mercer Carletta Campbell, Johnson Elizabeth Collins, Franklin Connie Conley, Marshall Jackie Courts, Grant Kim Davis, Scott Kathy Diaz, Lincoln Brenda Dunn, Grant Sue Eastham, Marshall Aggie Fink, Montgomery 2025 KEHA Choir Directed by Wendy Hood, Mercer County

Teresa Goggin, Boyle Brenda Hammons, Lincoln Susan Hansford, Pulaski L.J. Harville, Pike Wendy Hood, Mercer (Director) Judy Jackson, Grant Flo McDonald, Pendleton Linda Mitchell, Marshall Diana Morgan, Grant Samantha Page, Montgomery Glenna Peterson, Fleming Ann Porter, Mason

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Ever Onward

Words by Dorothy D. Bullock of Kentucky and Music by Max Exner

Like the music of a mighty band Our voices ring across the land Singing of duty nobly done While we advance as one!

September, 1956

Winner, National Home Demonstration Council Song Contest,

Onward, ever onward with a strength born of unity To our God, our home, and country we will pledge our loyalty

Armed with faith and zeal throughout our days

We'll keep the heart of home ablaze Striving for better ways to live Living to serve and give!

Onward, ever onward with a strength born of unity To our God, our home, and country we will pledge our loyalty

Let us make each home a beacon light To guide our nation's course a-right Spreading with gentle heart and hand Peace over all the land!

Onward, ever onward with a strength born of unity To our God, our home, and country we will pledge our loyalty

\$,,

Marilyn Powell, Mercer Lois Pressgrove, Nelson Jennifer Spriggs, Boone Pat Sullivan, Ballard Sharon Taylor-Carrillo, Simpson Hannah Thornsberry, Woodford (Soloist and FCS Agent) Cindy Williams, Taylor Diane Williams, Menifee Bobbie Wray, Ballard Rita Yates, Washington Louise Zachary, Nicholas

THURSDAY, MAY 8, 2025

Officer Trainings 8:00 a.m.-9:15 a.m. ET

President Thoroughbred Ballroom—Lobby Level Brenda R. Hammons, President

Vice President Regency 1—Lobby Level Ann Porter, 1st Vice President Martha Colley, 2nd Vice President

Treasurer Regency 3—Lobby Level Patsy Kinman, Treasurer

Secretary Woodford—2nd Floor Wanda Atha, Secretary

Educational Chair Trainings 9:45.-11:00 a.m. ET

Cultural Arts & Heritage Thoroughbred Ballroom—Lobby Level Chair Cindy Moore and Advisor Jeanne Badgett

International Regency 1—Lobby Level Chair Tammy Alford and Advisor Leslie Workman

Leadership Development Regency 2—Lobby Level Chair Cyndy Humble and Advisor Sally Mineer

Food, Nutrition & Health Regency 3—Lobby Level Chair Esther Bailey and Advisor Dr. Heather Norman-Burgdolf

Management & Safety Jessamine—2nd Floor Chair Peggy Tracy and Advisor Dr. Nichole Huff

Environment, Housing & Energy Franklin—2nd Floor Chair Rhonella Chaffin and Advisor Rosie Allen

4-H Youth Development Scott—2nd Floor Chair Denise Boebinger and Advisor Dr. Kim Schrader

Family & Individual Development Woodford—2nd Floor Chair Amelia Godfrey and Advisor Dr. Amy Kostelic

Kentucky Homemaker Creed

I believe in the home as an inspiring and happy center of family life - comfortable and attractive - a place for relaxation and work where pleasures and responsibilities are shared. I believe in the home and its contribution to community life which reflects the development of the homemaker and the family. I believe in the homemaker - alert, diligent, in search of better ways of doing ordinary things for the welfare and happiness of the family. I believe in the homemaker as a community leader responsible for passing on to others mastered skills and knowledge. I believe in the fellowship that comes through the homemakers organization the exchange of ideas and the joy of knowledge shared with others, thus broadening our lives and lifting household tasks above the commonplace. For these opportunities I am grateful. I am also thankful for the courage of yesterday, the hope of tomorrow, and a growing consciousness of God's love always.

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THURSDAY, MAY 8, 2025

Awards Luncheon in Patterson Ballroom—Level B 11:30 a.m.—1:30 p.m.

Presiding Ann Porter, KEHA 1st Vice President

Inspirational Thought Cathy Harville, Northeast Area President

Greetings from Extension Dr. Jennifer Hunter, Assistant Director, Family and Consumer Sciences Extension, UK Martin-Gatton College of Agriculture, Food and Environment

> Greetings from the Center for Courageous Kids Brian Roy, Vice President of Development

LUNCH

AWARDS PRESENTATIONS—KEHA Awards & Contest Winners Membership—Martha Colley, 2nd Vice President Cultural Arts & Heritage—Cindy Moore, State Chairman Food, Nutrition & Health—Esther Bailey, State Chairman 4-H Youth Development—Denise Boebinger, State Chairman International—Tammy Alford, State Chairman Environment, Housing & Energy—Rhonella Chaffin, State Chairman Family & Individual Development—Amelia Godfrey, State Chairman Leadership Development—Cyndy Humble, State Chairman

> Invitation to 2026 State Meeting Connie Vaughn, Bluegrass Area President May 12-14, 2026 Hyatt Regency Lexington

> Recognition of Outgoing Board Members Brenda Hammons, KEHA President

Installation of Officers & Chairmen Brenda Hammons, President, and Susan Hansford, Parliamentarian

> Closing Remarks Brenda Hammons, President

Reciting of the Creed (See page 10)

CULTURAL ARTS & HERITAGE AWARDS 2nd Place— Baccer-Pickin' Time by

Poetry

1st Place— *Tater* by Kimberly Corbin, Taylor County 2nd Place— *Pitter Pat* by Sara Bailey, Grayson County 3rd Place— *Out of the Fight* by Amy Charles, Henry County

Memoirs

1st Place— *Anatomy of a Trip* by M.D. Llewellyn, Woodford County

2nd Place— *Baccer-Pickin' Time* by Donna Fugate, Breathitt County 3rd Place— *Memoirs of the Roy Acuff Doll* by Sue Bishop, Barren County

Short Stories

1st Place— *The Rosemary Matrons* by M.D. Llewellyn, Woodford County 2nd Place— *Paws to Read* by Patricia Holland, Bourbon County 3rd Place— *Golden Alert* by Judy Cederholm, Nelson County

MEMBERSHIP AWARDS

Largest Percentage Membership

Increase 1st Place—McCreary 1.18% 2nd Place—McCracken 0.87% 3rd Place—Owsley 0.52%

Largest Overall Increase in Membership

1st Place—McCracken 89 *Golden Key Winner 2nd Place—Pulaski 50 3rd Place (tie)—Hardin 37 3rd Place (tie)—Shelby 37

Increase of 25 or More Members

McCracken County Pulaski County Hardin County Shelby County Lincoln County Carter County

<u>3-Rs—Keys to Membership Campaign</u>

Five \$100 drawings Each time a county gets three new members (above the previous year total), the county will be entered into a drawing.

> For Membership Tenure Recognitions, See page 15.

Passport County Winners

1st Place— Adair County 2nd Place— Cumberland County 3rd Place— Lee County

FOOD, NUTRITION & HEALTH AWARDS

Let No Child or Senior Go Hungry

1st Place - Barren County, Cynthia Rowland

Food Culture in Other Countries 1st Place - Barren County, Cynthia Rowland

THURSDAY, MAY 8, 2025

4-H YOUTH DEVELOPMENT AWARDS

Most Innovative 4-H/Homemaker Partnership Project

1st Place—Kenton County, Thank You Boxes 2nd Place—Mason County, Country Ham Sale 3rd Place—Nicholas County, Quilt to Support Camp

Most Volunteer Hours with 4-H Award

1st Place—Mason County, 1,004 2nd Place—Barren County, 271 3rd Place—Nicholas County, 250

4-H Camp Scholarship Largest Donation Award

1st Place—Nicholas County, \$1,552 2nd Place—Mason County, \$1,100 3rd Place—Barren County, \$350

INTERNATIONAL AWARDS

International Projects and Programs 1st Place—Barren County 2nd Place—Allen County

Coins for Change

1st Place—Carter County 2nd Place—Nelson County 3rd Place—Carlisle County

Kentucky Academy/Ghana Library

1st Place—Mead County 2nd Place—Harrison County 3rd Place—Kenton County

One-Time Mini Grant: Creating Welcoming Communities

1st Place—Hart County 2nd Place—Barren County

ENVIRONMENT, HOUSING, & ENERGY AWARDS

Adopt-A-Highway Awards 1st Place—Barren County

FAMILY & INDIVIDUAL DEVELOPMENT AWARDS

Self-Care Contest

1st Place—Allen County, Individual Entry 2nd Place—Bourbon County, Individual Entry 3rd Place— Spencer County, Club Entry

CONGRATULATIONS

TO ALL OUR WINNERS!

LEADERSHIP DEVELOPMENT AWARDS

Community Volunteerism Awards

1st Place—Allen County, Warming Shelter Winter Project 2nd Place—Barren County, Christmas Bazaar 3rd Place (tie)—Lincoln County, Leadership Lincoln County 3rd Place (tie)—Mason County, The Giving Tree

Evans/Hansen/Weldon Scholarship (No entries)

KEHA Member Scholarship Caitlyn Kirby, Rockcastle County

Contributions to Evans/Hansen/Weldon Scholarship

1st Place— Barren County Homemakers, \$150 2nd Place— Meade County Homemakers, \$100 3rd Place— Bracken County Homemakers, \$30

Contributions to Homemaker Member Scholarship

1st Place— Boyle County Homemakers, \$310.48 2nd Place— Meade County Homemakers, \$100 3rd Place— Boyd County Homemakers, \$25

Total in Local County Scholarships Awarded

1st Place (tie)— Hardin, \$5,000 1st Place (tie)— Mason, \$5,000 2nd Place—Pendleton, \$3,200 3rd Place—Taylor, \$3,000

VSUS – VOLUNTEER SERVICE RECOGNITIONS

Top KEHA Hours

1st Place— Brenda Hammons of Fort Harrod Area, 2,762 2nd Place— Wanda Atha of Fort Harrod Area, 2,236 3rd Place— Fay Bennett of Louisville Area, 1,200

Top Extension Hours

1st Place— Violet Barbee of Licking River Area, 1,517 2nd Place— Sandra Lusk of Purchase Area, 808 3rd Place— Glorious Hensley of Northeast Area, 752

Top Community Hours

1st Place— Diana Post of Lincoln Trail Area, 3,905 2nd Place— Jennifer Sprigs of Northern KY Area, 3,631 3rd Place— Veronica Whitehead of Lake Cumberland Area, 3,388

Top Personal Hours

1st Place— Edwina Turner of Purchase Area, 4,991 2nd Place— Debbie Ruark of Licking River Area, 4,657 3rd Place— Judy Whaley of Licking River Area, 4,380

500/1,000 Hours

268 individuals reported 500 or more hours 52 clubs reported 1,000 or more hours

KEHA STATE BOARD

Kentucky Extension Homemaker Association 2024-2025 State Board

Officers

| President | . Brenda Hammons, Lincoln County |
|---|-------------------------------------|
| 1st Vice President for Program | Ann Porter, Mason County |
| 2nd Vice President for Member Resources | Martha Colley, Christian County |
| Secretary | Wanda Atha, Franklin County |
| Treasurer | Patsy Kinman, Grant County |
| President-Elect | Henrietta Sheffel, Breathitt County |

Educational Chairmen

| Cultural Arts and Heritage | Cindy Moore, Henry County |
|---|-----------------------------------|
| Environment, Housing and Energy | Rhonella Chaffin, Lawrence County |
| Family and Individual Development | Amelia Godfrey, Johnson County |
| Food, Nutrition and Health | Esther Bailey, Lincoln County |
| 4-H Youth Development | Denise Boebinger, Franklin County |
| International | Tammy Alford, Butler County |
| Leadership Development | Cyndy Humble, Taylor County |
| Management and Safety | Peggy Tracy, Bourbon County |
| Marketing and Public Relations Chairman | n Sharon Fields, Greenup County |

Area Homemaker Presidents

| PURCHASE | Sandra Lusk, Fulton County |
|-------------------|-----------------------------------|
| PENNYRILE | Brandy Garcia, Muhlenberg County |
| GREEN RIVER | Mechele Arnold, McLean County |
| MAMMOTH CAVE | Sandra Lennon, Logan County |
| LAKE CUMBERLAND | Mary Lynn Chaudoin, Green County |
| LINCOLN TRAIL | Lois Pressgrove, Nelson County |
| LOUISVILLE | Barbara Payne, Jefferson County |
| NORTHERN KENTUCKY | Maryloretto Resing, Kenton County |
| FORT HARROD | Leoni Mundelius, Lincoln County |
| BLUEGRASS | Connie Vaughn, Bourbon County |
| LICKING RIVER | Connie Bowling, Bracken County |
| NORTHEAST | Cathy Harville, Pike County |
| QUICKSAND | Pam Campbell, Owsley County |
| WILDERNESS TRAIL | Vicky Greenwell, Laurel County |

Other (Non-Voting Board Members)

| Parliamentarian | Susan Hansford, Pulaski County |
|---|------------------------------------|
| Master Farm Homemakers Guild | Susan Hansford, Pulaski County |
| KEAFCS | Katie Alexander, Daviess County |
| KEHA Advisor | Kelly May |
| Assistant Director, Family & Consumer Scier | nces Extension Dr. Jennifer Hunter |

University of Kentucky Advisors to State Educational Chairmen (Non-Board)

| Cultural Arts and Heritage | Jeanne Badgett |
|-----------------------------------|-----------------------------|
| Environment, Housing and Energy | Rosie Allen |
| Family and Individual Development | Dr. Amy Kostelic |
| Food, Nutrition and Health | Dr. Heather Norman-Burgdolf |
| 4-H Youth Development | Dr. Kim Schrader |
| International | Leslie Workman |
| Leadership Development | Sally Mineer |
| Management and Safety | Dr. Nichole Huff |
| Marketing and Public Relations | Mindy McCulley |
| Master Farm Homemakers Guild | Sarah Hanks |

KEHA Presidents

| | 1932-33 | * Mrs. Lyda Lynch Hall, Fayette County |
|---|-------------------|--|
| | 1934-35 | * Mrs. W.M. Oliver, McCracken County |
| | 1936-38 | * Mrs. T.M. Johnston, Warren County |
| | 1939-41 | * Mrs. H.L. Crafton, Henderson County |
| | 1941-43 | * Mrs. P.W. Adkins, Bell County |
| | 1943-45 | * Mrs. Ralph Scearce, Shelby County |
| | 1945-46 | * Mrs. W.E. Nichols, Fayette County |
| | 1946-49 | * Mrs. W.K. Morris, Christian County |
| | 1950-53 | * Mrs. Wade Hold, Nelson County |
| | 1953-56 | * Mrs. R. Matchett, Kenton County |
| | 1956-59 | * Mrs. Virgil Grayson, Pulaski County |
| | 1959-62 | * Mrs. Carl Evans, Ballard County |
| | 1962-65 | * Mrs. Harry J. Braun, Campbell County |
| | 1965-68 County | * Mrs. James T. Brookshire, Breckinridge |
| | 1968-71 | * Mrs. Earl Friedly, Scott County |
| | 1971-74 | * Mrs. Howard Taylor, Harrison County |
| | 1974-77 | * Mrs. Mitchell Bertram, Barren County |
| | 1977-80 | * Mrs. Samuel Whitt, Jr., Boyd County |
| | 1980-83 | * Mrs. James Wallace, Caldwell County |
| | 1983-86 | * Mrs. M.D. Perkins, Campbell County |
| | 1986-89 | * Mrs. L.E. Moorhead, Bracken County |
| | 1989-92 | * Helen Palmer, Clark County |
| | 1992-95 | Jean Davis, Hardin County |
| | 1995-98 | Velma Koostra, Warren County |
| | 1998-2007 | 1* Kathleen Hockersmith, Oldham County |
| | 2001-04 | * Mabel Harned, Nelson County |
| | 2004-07 | * René Siria, Franklin County |
| | 2007-10 | Linda Kaletch, McCracken County |
| | 2010-13 | Alice Brown, Greenup County |
| | 2013-16 | Susan Hansford, Pulaski County |
| | 2016-17 | * Mary Margaret Krahulec, Shelby County |
| | 2017-19 | Marlene McComas, Grant County |
| | 2019-22 | Karen Hill, Henderson County |
| 2022-Present Brenda Hammons, Lincoln County | | |
| | | * Deceased |

UK FAMILY AND CONSUMER SCIENCES AGENTS

Adair – Dylan Gentry Allen – Nan Montgomery Anderson – Vacant Ballard – Sara Drysdale Barren – Jordan Crain Bath – Alexandra Sallie Bell – Rebecca Miller Boone – Diane Mason Boone – Vacant Bourbon – Kay Denniston Boyd – Jacqueline Doucet Boyle – Alethea Bruzek Bracken – Shannon Smith Breathitt – Kelsey Sebastian Breckinridge – Lynnette Allen Bullitt – Ruth Chowning Butler – Leah Van Meter Caldwell – Ashley Board Calloway – Debra Hixon Campbell – Vacant Campbell – Kate Vaught Thompson Carlisle – Brooke Hogancamp Carroll – Christy Eastwood Carter – Whitney Morrow Casey - Vacant Christian – Tiffany Bolinger Clark – Shonda Johnston Clay – Brandy Napier Clinton – Christy Nuetzman Stearns Crittenden – Leslea Barnes Cumberland – Debbie Messenger Daviess – Katie Alexander Edmonson – Laura-Grace Vincent Elliott – Mandi Broderick Estill – Judy Vaughn Fayette – Maranda Brooks Fayette—Caroline McMahan Fleming – Katie Fryman Floyd – Andi Slone Franklin—Carla Carter Fulton – Anna McCoy Gallatin – Ronda Rex

Garrard – Kayla Lunsford Grant – Asa Conkwright Graves – Denise Wooley Grayson—Natalie Taul Green - Katelyn Squires Greenup – Lora Pullin Hancock – Vacant Hardin – Dayna Fentress Harlan – Chasity Heck Harrison – Shelley Meyer Hart – Sonya Carter Henderson – Tracie Ettensohn Henry – Krista Perry Hickman – Mike Keller Hopkins – Amanda Dame Jackson – Delaney Eubanks Jefferson – Carolina Robles Perez Jessamine – Sara Haag Johnson – Macey Stewart Kenton – Joan Bowling Kenton – Denise Donahue Knott – Lorie Adams Knox – Kelsee Dewees LaRue – Marla Stillwell Laurel – Lora Davidson Lawrence – Deana West Lee – Laken Campbell Leslie – Vicki Boggs Letcher – Nanette Banks Lewis – Christa O'Cull Lincoln – Jody Paver Livingston – Joni Phelps Logan – Rachel Hance Lyon – Angie York Madison – Jessica Hunley Magoffin – Cathy Sparks Marion – Rachel Mattingly Marshall - Vicki Wynn Martin – Asya Jarrell Mason – Abbigale Gray McCracken—Kelly Alsip McCreary - Vacant

McLean – Vacant Meade – Jennifer Bridge Menifee - Vacant Mercer – Tara Duty Metcalfe – Lynn Blankenship Monroe – Stephanie Hestand Montgomery – Sarah Congleton Morgan – Kimberly Lane Muhlenberg – Vacant Nelson – Danielle Hagler Nicholas – Ashley Vice Ohio – Kelly Bland Oldham – Heather Toombs Owen – Vacant Owsley – Rosa Smith Pendleton – Kenna Knight Perry – Vacant Pike – Chelsea Workman Powell – Kendyl Redding Pulaski – Edith Lovett Robertson – Britney Poe Rockcastle – Hazel Jackson Rowan – Peggy Jones Russell – Megan Gullett Scott – Alivia Stevens Shelby – Elizabeth Coots Simpson – Nancy Doyle Spencer – Beth Maxedon Taylor – Kimberly Hope-Thomas Todd – Jill Harris Trigg – Shelley Crawford Trimble – Jane Proctor Union – Shea Heady Warren - Vacant Washington – Cabrina Buckman Wayne - Debbie Shepherd Webster – Natalie Green Whitley – Linda Burgard Wolfe—Robert Warren Woodford – Hannah Thornsberry Agent At-Large—Stacy Trent

KSU FAMILY AND CONSUMER SCIENCES AGENTS

Anderson and Fayette – Kennedy Hannah Crittenden – Rebecca Woodall Hancock – Angie Swihart Hardin – Chandra Deramus Trigg – Teresa Garcia KSU West Regional Center – Kim Harriford KSU West Regional Center – Megan Treadway

EXTENSION DIRECTORS

East Regional Extension Director Daniel O. Wilson

East Region: Jeffrey H. Casada (East 1&2) Judi Cissell O'Bryan (East 3&4) Ty Back (East 5&6) Raven C. Ford (East 7&8)

Regional Extension Directors

Central Regional Extension Director Natasha Lucas

Area Extension Directors

Central Region: Kayla R. Watts (Central 1&2) Rita G. Stewart (Central 3&4) Willie Howard (Central 5&6) Christin Herbst (Central 7&8) West Regional Extension Director Jeremy Teal

West Region Robert C. Tashjian (West 1&2) Matt Fulkerson (West 3&4) Amanda Hardy (West 5&6) Amber Huffman (West 7&8)

KEHA MEMBERSHIP TENURE RECOGNITIONS

50 Years of Service

Gayle Balentine Martha Bell Jane Butcher Eileen Capps Kathy DeLong Billie Dickinson Brenda Eddington Mabel Foreman Linda Fryman Lorena Gibson Elizabeth Gibson Wilda Hardesty Wanda Hayden Judy Hill Linda Kaletch Jan Mayes Judy Meador Mary Lois Roberts Elizabeth Smithson Lelia Willis Bobbie Wray

60 Years of Service

Nancy Armstrong Mary Creason June Dawson Trudi Harrison Diane Jones Jane Kearns Marilles Terry Mary Etta Thomas Louise Zachary

65 Years of Service

Stella Barnett Cody Bruner Geraldine Eubanks Francis Hunt Reba Mills

70 Years of Service

Doris Cooper Lois Whitis

75 Years of Service Marie Courts

Stay in the Loop!!

Visit the KEHA web page at www.keha.org.

Like and follow KEHA on Facebook at www.facebook.com/OfficialKEHA.

Watch for the monthly KEHA News & Notes on the website.





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TRADE SHOW

We extend sincere thanks to all of the vendors at our 2025 Trade Show.

Trade Show Vendors Patterson Pre-Function—Level B

- KEHA Merchandise
- AARP Kentucky
- Alzheimer's Association
- Dandelion D
- Ear Tiers
- Eugene Branham Wood Turner Craftsman
- Immacu-10 Cleaner
- Lauren's Books
- Lemongrass Spa
- Ovarian Cancer of KY
- Snippy Jim
- Sherry A. Burton
- Stitchin' 4U
- Sun Sugar Farms
- The Silver Lady
- UK Robinson Center

Free Health Screenings

Free Health Screenings provided by Raising Hope and ARH will take place in the **Regency Pre-Function Area** on the lobby level. Hearing tests and information will be provided by KY HEARS in the mobile unit that will be parked **outside the front of the Hyatt**.

> Tuesday 9 a.m. to 3:30 p.m. Wednesday 8 a.m. to 4 p.m.



Thank you to Larue County High School HOSA for assistance!

EVALUATION



Please complete a KEHA State Meetingevaluation! Chose **one** of the followingways to share your thoughts:

- Scan the QR Code
- Visit https://bit.ly/2025KEHAsurvey
- OR turn in a paper copy at the registration desk

SAVE THE DATE



April 26—May 1, 2026 Ottawa, Canada https://acww.org.uk/twc26-ottawa Make plans to attend the

2026 State Meeting

at Hyatt Regency Lexington 401 West High Street, Lexington!

May 12-14, 2026

Bluegrass Area will serve as the host area. Check the KEHA website (www.keha.org) this summer for lodging rates and details.