

Food, Nutrition and Health Program of Work Report

From July 1, 2024, to June 30, 2025

Name of person completing this form: _____	
Phone: _____	Email: _____
For clubs reports: Club reports are due to the County Food, Nutrition and Health Chairman by July 1, 2025 .	
Club Name: _____	
For county reports: County reports are due via online surveys by August 15, 2025 . The surveys will be available at http://keha.ca.uky.edu/content/impacts by July 1, 2025. A copy of the submission should be mailed to the Area Food, Nutrition and Health Chairman by August 15, 2025.	
County: _____	Number of Clubs reporting: _____

Food, Nutrition and Health (Area Chairs: Please list each county's number of participants.)

1. Number of members who:

a. Had an annual physical / check-up _____	e. Had a diabetes screening _____
b. Had a mammogram _____	f. Participated in a local blood drive _____
c. Had an ovarian cancer screening _____	g. Participated in a local health fair _____
d. Had a first-time ovarian cancer screening _____	

2. Did your club/county host an Ovarian Cancer Awareness fundraiser? Yes ____ No ____
 If yes, how many attended? _____ How much money was raised? _____
 a. Did you participate in other activities to raise awareness of ovarian cancer? _____

3. Program of Work Lessons – List number of members who:

a. Participated in a lesson on Let No Child or Senior Go Hungry? _____
b. Contributed something to a Blessing Box? _____
c. Participated in a lesson on Travel Kentucky from Your Kitchen? _____
d. Made a food from a different Kentucky region/area? _____
e. Participated in a lesson on Food Culture from Other Countries? _____
f. Cooked a food from another country? _____
g. Practiced a custom from another country? _____

4. Food security – Number of:

a. Members who donated to a local food bank or food pantry _____
b. Members who volunteered time at a local food bank or food pantry _____
c. Children served by a local “backpack for hunger” program _____

5. Physical Activity – List number of members who:

a. Exercised regularly (20-30 minutes at least 3 times weekly) _____
b. Helped implement environmental changes for physical activity (i.e. install a walking path, bike trail, etc.) _____
c. Reported an improvement in overall health due to increased activity _____

6. Nutrition – List number of members who:

a. Gained knowledge and made healthy food choices _____
b. Purchased fresh foods at a local farmers market _____
c. Supplemented their diets with healthy foods they produced/preserved _____

7. Please list 1 or 2 exciting Food, Nutrition, and Health programs you would like to see implemented.

8. If your club/county has conducted any Food, Nutrition, and Health programs NOT listed above, please share details.