Kentucky Extension Homemakers Association

90th Annual Meeting May 7-9, 2024 Sloan Convention Center & Holiday Inn University Plaza Bowling Green, KY





# 2024 SCHEDULE AT A GLANCE

All events take place at the Holiday Inn University Plaza and/or Sloan Convention Center. All times are Central Time.

TUESDAY, MAY 7		8:15 a - 9:30 a	Seminars - Session 3	
8:00 a – 10:30 a	Trade Show Set up KEHA Showcase Check-In	9:30 a – 12:00 p	CCK Quilt Donations	
	Silent Auction Check-In Basket Raffle Check-In	10:00 a - 11:30 a	BUSINESS MEETING Ballroom B,C,D	
8:00 a – 5:00 p	Registration Voting Delegate Sign-In	11:30 a - 3:00 p	Quilt Square Auction Bidding Basket Raffle, Showcase, Silent Auction	
8:30 a – 11:00 a	Cultural Arts Check-In	11:20 a 1:20 a		
8:30 a – 11:30 a	Quilt Square Auction Check-In	11:30 a – 1:30 p	Tech Help Lounge	
9:00 a – 5:00 p	CCK Quilt Donations	11:30 a - 4:00 p	Registration	
9:00 a – 3:30 p	Free Health Screenings	11:45 a - 1:30 p	MFHG LUNCHEON	
9:30 a – 11:30 a	Tech Help Lounge		(separate registration) Holiday Inn Hartland Salon	
10:30 a – 5:30 p	Trade Show Basket Raffle, Showcase,	11:30 a - 1:30 p	LUNCH ON YOUR OWN	
	Silent Auction	1:30 p - 2:45 p	Seminars - Session 4	
11:30 a – 1:30 p	OPENING LUNCHEON Ballroom B,C,D	1:45 p - 3:15 p	Master Farm Homemaker Guild Business Meeting	
1:45 p – 3:00 p	Seminars – Session 1	3:15 p - 4:15 p	Hands-On Creative Classes 2	
1:45 p – 5:30 p	Quilt Square Auction Bidding	4:00 p - 5:00 p	Quilt Square Auction Pick-Up/Pay	
3:30 p – 4:45 p	Seminars – Session 2		Silent Auction Pick-Up/Pay Showcase Display Pick-Up	
5:15 p – 6:15 p	Hands-on Creative Classes 1	4:00 p - 5:00 p	Cultural Arts Check-Out	
6:15 p or later	DINNER ON YOUR OWN	5:00 p – 6:00 p	GENERAL SESSION with	
WEDNESDAY, MAY 8			KEHA Choir Performance	
8:00 a - 9:45 a	Registration Voting Delegate Sign-In		Ballroom B,C,D	
8:00 a - 10:00 a	Quilt Square Auction Bidding	6:00 p or later	DINNER ON YOUR OWN	
20.00	Basket Raffle, Showcase, Silent Auction	THURSDAY, MAY 9 7:30 a - 8:30 a	Registration	
8:00 a – 2:30 p	Cultural Arts Viewing	8:00 a - 9:15 a	Officer Training Workshops	
8:00 a – 4:00 p	Free Health Screenings	9:45 a - 11:00 a	Educational Chair Trainings	
8:00 a - 5:00 p	Trade Show	11:30 a – 1:30 p	AWARDS LUNCHEON Ballroom B,C,D	

# GENERAL INFORMATION

### NOTE: Please silence all cell phones and electronic devices during sessions. Thank you!

### **REGISTRATION**

Monday 5 p.m. to 6 p.m. CT

Tuesday 8 a.m. to 5 p.m.

Wednesday 8 a.m. to 9:45 a.m. & 11:30 a.m. to 4 p.m.

Thursday 7:30 a.m. to 8:30 a.m.

### **VOTING DELEGATE SIGN-IN**

Tuesday 8 a.m. to 5 p.m. CT

Wednesday 8 a.m. to 9:45 a.m.

Voting delegates must sign-in and pick up their delegate information packet prior to the Business Meeting. Please

plan to be registered at least a half hour before start and in your seat 10 minutes prior to the start of the meeting unless otherwise instructed.

### **WIRELESS INTERNET**

The convention center offers complimentary WiFi.

Network: Sloan Convention Center (no password)

Additional Networks: Ballroom C/D/Front Foyer

Password: Password1

The hotel also offers complimentary WiFi. The password is

BWGWT.

### Where to find it:

Convention Pre-Function:

- Trade Show
- Health Screenings
- Registration
- CCK Quilt Donations
- Photo Booth

Ballroom A:

Cultural Arts

Ballroom B, C, D:

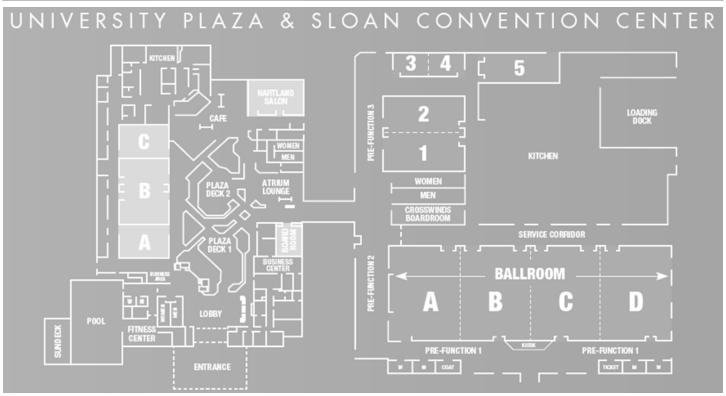
- Meal Functions
- Business Meeting
- General Session
- Silent Auction
- Basket Raffle
- Showcase

Crosswinds Boardroom:

- Tech Help Lounge Holiday Inn Plaza Deck 1:
- Quilt Square Auction Holiday Inn Hartland Salon:
- Master Farm Homemakers
   Guild Lunch and Business
   Meeting

Various Meeting Rooms Convention Center (CC) & Holiday Inn (HI):

- Seminars
- Hands-On Classes
- Officer Training
- Educational Chairman Training



**NOTE:** Salons A, B, and C and the Hartland Salon are located in the Holiday Inn. Ballrooms A, B, C, and D, as well as Meeting Rooms 1, 2, 3/4, and 5 and the Crosswinds Boardroom are located in the Convention Center. Both buildings are connected by an enclosed breezeway.

# GENERAL INFORMATION

### **BASKET RAFFLE**

Purchase raffle tickets to enter to win themed gift baskets provided by each area. Proceeds from this year's raffle will benefit the Ovarian Cancer Research and Screening Program.

### SILENT AUCTION

Anyone may bid on auction items donated by counties and individuals. Proceeds this year will benefit the 4-H Foundation.

### **KEHA SHOWCASE**

Come see what KEHA members have been doing! Showcases may feature area, educational chair, and KEHA development grant winner activities.

### RAFFLE/SILENT AUCTION/SHOWCASE SCHEDULE

All events take place in Ballroom B/C/D.

Check-In: Tuesday 8-10:30 a.m. CT

Viewing/Bidding: Tuesday 10:30 a.m. to 5 p.m.

Viewing/Bidding: Wednesday 8-10 a.m. & 11:30 a.m.-3 p.m. *NOTE: Viewing/Bidding is CLOSED during the Business Meeting.* Pick-Up/Pay: Wednesday 4-5 p.m. for auction and showcases.

Raffle baskets will be awarded during the Wednesday general

session.

### **QUILT SQUARE AUCTION AND SHOWCASE**

Bid on these beautiful 12-inch finished quilt squares and also vote for your favorite! Look for the display in the hotel Plaza Deck 1 by the elevators. Proceeds this year will help offset the costs associated with KEHA State Meeting.

Check-In: Tuesday 8:30-11:30 a.m. CT Bidding/Voting: Tuesday 1:45-5:30 p.m.

Bidding/Voting: Wednesday 8-10 a.m. & 11:30 a.m. – 3 p.m.

Pick-Up/Pay: Wednesday 4-5 p.m.

# CENTER FOR COURAGEOUS KIDS (CCK) QUILT COLLECTION POINT

The Center for Courageous Kids in Scottsville, Ky., needs new twin bed quilts. Needed size is approximately 66 inches by 83 inches and can be homemade or store bought. Drop off at the Center in Scottsville or bring to KEHA State Meeting's collection point at the window in the convention pre-function area.

Collection Point: Tuesday 9 a.m.-5 p.m. & Wednesday 9:30 a.m.-Noon

## **CULTURAL ARTS**

Check-In is Tuesday 8:30-11 a.m. CT

CHECK-IN	KEHA AREAS		
8:30 a.m.	Green River, Lake Cumberland		
9:00 a.m.	Lincoln Trail, Mammoth Cave, Pennyrile		
9:30 a.m.	Fort Harrod, Louisville, Wilderness Trail		
10:00 a.m.	Bluegrass, Purchase, Quicksand		
10:30 a.m. Licking River, Northeast, Northern Kent			

The Cultural Arts Exhibit will take place in Ballroom A. Check-in is from 8:30-11 a.m. Tuesday. After check-in the room is locked for judging for the rest of Tuesday.

The display will be open for viewing for registered attendees from 8 a.m. to 2:30 p.m. on Wednesday. Viewers may vote for a "Viewer's Choice." To protect the entries, no food or drink is allowed in the Exhibit Hall. Item check out is from 4-5 p.m. Wednesday.

Check-Out is Wednesday 4-5 p.m. CT

CHECK-OUT	KEHA AREAS		
Opens at 4:00 p.m. for these Areas	Bluegrass, Licking River, Northeast, Northern Kentucky, Purchase, Quicksand, Wilderness Trail		
Opens at <b>4:30 p.m.</b>	Fort Harrod, Green River, Lake Cumberland, Lincoln Trail,		
for these Areas	Louisville, Mammoth Cave, Pennyrile		

# Thank you!

Thank you to KEHA State Cultural Arts & Heritage Chair Barb Seiter, her Advisor Jeanne Badgett, and the many volunteers who make this display happen! This year four areas were assigned to help host the Cultural Arts exhibit Lincoln Trail, Licking River, Northeast, and Louisville.

# GENERAL INFORMATION

#### MESSAGE BOARD

A message board will be available near the registration area. Utilize this board to share information, exchange tickets, and for other messaging needs.

### РНОТО ВООТН

A photo booth area has been set up for general use. Please feel free to take selfies or ask someone to take your group photo for you. Thank you to the State Board and to the host area, Fort Harrod, for the props!

### **RESTAURANT OPTIONS**

For those meals that are "on your own" you may consider the hotel dining room or look up the many local dining options at https://bit.ly/BGrestaurants or using the QR code here.



#### **GATHERING AREAS**

The hotel Plaza Deck 2 and dining area may be available for gathering in the evenings with your new State Meeting friends. Available hours: 6-10 p.m. CT. Activities should conclude by 10 p.m.

### **TECH HELP LOUNGE**

Tuesday 9:30 a – 11:30 a Wednesday 11:30 a – 1:30 p Crosswinds Boardroom

Bring your device (tablet or laptop) if you want help with social media. For the first time, we'll have a Tech Help Lounge open Tuesday and Wednesday during set hours to offer one-on-one help with social media accounts.

# TRADE SHOW

We extend sincere thanks to all of the vendors at our 2024 Trade Show.

### **Trade Show Vendors**

- Raising Hope—Free Health Screenings
- Kentucky Extension
   Homemakers Association
   Merchandise
- Master Farm Homemakers Guild
- The Silver Lady
- Ear Tiers LLC
- Dandelion D
- Ovarian Awareness of Kentucky (O.A.K.)
- Sheila's Sculptured Jewelry
- Kentucky Women's Cancer Program
- Dawn's Enterprises
- Immacu-10 Cleaner

# Free Health Screenings

Stop by the KY Extension Homemakers Association State Meeting for the following screenings and services. Open to all attendees.

- Blood pressure checks
- Glucose checks
- Total cholesterol, HDL, LDL, triglycerides
- Free sunscreen
- Depression and anxiety screenings



Supporting Healthy Lives on Kentucky Farms

Services and screenings provided by WKU Raising Hope Team, South Central KY AHEC, WKU College of Health and Human Services

Raising Hope will provide free health screenings Tuesday 9 a.m. to 3:30 p.m. and Wednesday 8 a.m. to 4 p.m.! Fasting may be recommended for more accurate results but is not required.

# TUESDAY, MAY 7, 2024

# Opening Luncheon in Ballroom B,C,D 11:30 a.m.— 1:30 p.m.

Presiding Brenda Hammons, KEHA President

Inspirational Thought
Marilyn Watson, KEHA International Chair

### LUNCH

Greetings and Welcome to the 2024 KEHA State Meeting Wendy Hood, Fort Harrod Area President

Introduction of Guests Brenda Hammons

**Greetings from Extension** 

Dr. Laura Stephenson, Associate Dean and Director, Cooperative Extension, UK Martin-Gatton College of Agriculture, Food and Environment

Introduction of KEHA Past Presidents Brenda Hammons

> Speaker Introduction Brenda Hammons

### **Keynote Speaker: Ryan Eichler**

Director of Marketing and Communications, National Corvette Museum

Ovarian Cancer Fund Presentations Esther Bailey, KEHA Food, Nutrition, and Health Chair

Accepting Presentation of Donation Edward J. Pavlik, Ph.D., Professor, Division of Gynecologic Oncology, University of Kentucky Medical Center

> Announcements Brenda Hammons

### **OVARIAN CANCER AWARDS**

# <u>Counties with largest donations per</u> member:

1st Place - Muhlenberg County, \$44.63 2nd Place - McLean County, \$28.32 3rd Place - Mason County, \$24.53

### Counties with largest overall donations:

1st Place - Taylor County, \$6,595.00 2nd Place - Mason County, \$6,303.87 3rd Place - Muhlenberg County, \$5,802.00

### Counties contributing over \$1,000:

Barren Carroll
Greenup Hardin
Kenton Lincoln
Logan Mason
McLean Muhlenberg

Taylor

# County with largest number of first-time ovarian cancer screening participants:

1st Place – Henry, 7 2nd Place (tie) – Shelby, 5 2nd Place (tie) – Kenton, 5

### Ovarian Cancer Fundraising Contest

1st Place - Mason County, Ann Porter 2nd Place - Clark County, Cindy Spinks 3rd Place - Barren County, Cynthia Rowland

### **OVARIAN CANCER AWARDS**

Counties with 100% donations to Ovarian Cancer Research: (\*Denotes counties with over 100% donations.)

Counties with 100% donations to Ovarian Cancer Research. ( Denotes counties with over 100% donations.)						onations.)
Bluegrass *Estill County *Madison County *Harrison County *Scott County *Clark County Bourbon County Fayette County Nicholas County	*Franklin County *Edmonson County *Mercer County *Lincoln County Boyle County Garrard County Monroe County Woodford County Jessamine County Rowan County	Pennyrile  *Crittenden County  *Hopkins County  *Caldwell County  *Muhlenberg  County  Christian County  Livingston County  Lyon County  Todd County	Lake Cumberland *Pulaski County *Wayne County *Taylor County Adair County Clinton County Green County McCreary County Russell County	Mammoth Cave *Simpson County *Allen County *Barren County *Logan County Butler County Hart County Metcalfe County Warren County	Lincoln Trail *Breckinridge County *Mead County *Nelson County *Hardin County Grayson County Marion County Morgan County Washington County	Northern Kentucky *Kenton County *Carroll County Boone County Campbell County Gallatin County Grant County Owen County Pendleton County
Licking River *Mason County Bath County Bracken County Fleming County Lewis County Menifee County Robertson County	Northeast *Floyd County *Martin County *Greenup County *Lawrence County Carter County Johnson County	Louisville *Shelby County *Jefferson County *Henry County *Oldham County Bullitt County Spencer County Trimble County	Green River *Daviess County *McLean County Hancock County Henderson County Union County	Purchase *Calloway County *McCracken County Ballard County Carlisle County Fulton County Hickman County Marshall County	Quicksand *Letcher County Breathitt County Knott County Leslie County Perry County	Wilderness Trail Bell County Clay County Harlan County Jackson County Laurel County

# TUESDAY, MAY 7, 2024

Seminars – Session 1 1:45–3:00 p.m. CT

# Who Is Robert and How Well Do You Know His Rules of Order?

### Salon A (HI)

Kim Henken, Director of Extension Engagement & Administrative Initiatives, and Susan Hansford, KEHA Parliamentarian

# Tour Our Beautiful Kentucky Salon B (HI)

Seth Wheat, Kentucky State Parks

# Blazing Fast Communication: An Introduction to Email Salon C (HI)

Dr. Mark Mains, Extension Director for Workforce & Equity Initiatives

# Great Ways to Membership Hartland Salon (HI)

Connie Bowling, Bracken County, Tara McCarty and Ann Porter, Mason County

# Communicate and Connect! Meeting Room 1 (CC)

Mindy McCulley, Extension Specialist for Instructional Support

# The Lavender Lady Meeting Room 2 (CC)

Cindy Williams, Lake Cumberland Area Secretary and Taylor County Vice President

# A Shot of Prevention Is Worth a Pound of Cure Meeting Room 3&4 (CC)

Katherine Jury, Extension Specialist for Family Health, and Dr. Joann Lianekhammy, Senior Extension Specialist for Family Life

### Meatless Mediterranean Cooking Meeting Room 5 (CC)

Victoria Faoro, Madison & Fayette County Champion Food Volunteer

### Seminars – Session 2 3:30—4:45 p.m. CT

# Who Is Robert and How Well Do You Know His Rules of Order?

### Salon A (HI)

Kim Henken, Director of Extension Engagement & Administrative Initiatives, and Susan Hansford, KEHA Parliamentarian

# Best of Brunch Salon B (HI)

Julie Hook, KEHA 2nd Vice President

# Blazing Fast Communication: An Introduction to Email Salon C (HI)

Dr. Mark Mains, Extension Director for Workforce & Equity Initiatives

# Mindfulness Trails: Incorporating Mindfulness in Walking Programs Hartland Salon (HI)

Danielle Hagler, Nelson County Cooperative Extension Agent

### Hands-On Canva Meeting Room 1 (CC)

Mindy McCulley, Extension Specialist for Instructional Support, and Sharon Fields, KEHA Marketing and Publicity Chair

# VSU Hours Made Simple Meeting Room 2 (CC)

Nancy Snouse, KEHA Leadership Development Chair, Sally Mineer, UK Leadership Development Chair Advisor, and Ann Porter, KEHA 1st Vice President

# Waking Up Our Leadership Skills Meeting Room 3&4 (CC)

Jackie Waibel, President of Kenton County Extension Homemakers, and Marla Johnson, President of Independence Homemaker Club

# Suicide Prevention: Raising Hope for Farmers Meeting Room 5 (CC)

Dr. M. Susan Jones, WKU Raising Hope Team

# Hands-on Creative Classes 1 5:15–6:15 p.m. CT

- ◆ Crochet for Beginners
  Salon A (HI)
  Mechele Arnold
- Hand Sewn Owl Pin Cushion Salon B (HI)

**Debbie Kraus** 

♦ Beeswax Candle Making Salon C (HI)

MacKenzie Preece

- Vanilla Extract-ingly Easy Meeting Room 1 (CC)
   Cyndy Humble
- Round Reed Coin Basket
   Meeting Room 2 (CC)
   Kay Kass and Bereda Weddle
- Intro to Diamond Painting 1 -Birds

### Meeting Room 3&4 (CC)

Denise Boebinger & Elizabeth Collins

 Decorative Bird Houses Meeting Room 5 (CC)

Jody Paver & Michelle Padgett

# WEDNESDAY, MAY 8, 2024

Seminars - Session 3 8:15—9:30 a.m. CT

Fresh & Frugal Feasts: Seasonal & Local Eating on a Budget

Salon A (HI)

Bethany Pratt, Agriculture Extension Associate Senior, and LaToya Drake, Program Coordinator II

Gardens, Plants, & Quilts Salon B (HI)

Victoria Faoro, Madison County Master Gardener and Founding Executive Director of the National Quilt Museum

An Introduction to Computer Basics Salon C (HI)

Dr. Mark Mains, Extension Director for Workforce & Equity Initiatives

Treating Common Injuries on the Farm Hartland Salon (HI)

Dr. Cheryl Witt, Extension Specialist Senior and Ag Nurse

Microfibers: Magic or Matter of Fact?
Meeting Room 1 (CC)

Jeanne Badgett, Senior Extension Associate

Basket Weaving Material: What's the Difference? Meeting Room 2 (CC)

Kay Kass, Kettle Homemakers, Cumberland County

Health Emergency Cards Can Save Lives Meeting Room 3&4 (CC)

Lois Pressgrove, Lincoln Trail Area President, and Vicky Greenwell, Wilderness Trail Area President

The Balancing Act: Time for Everything Meeting Room 5 (CC)

Sally Mineer, UK FCS Extension Specialist, and Whitney Morrow, Carter County FCS Agent

Business Meeting in Ballroom B,C,D 10:00—11:30 a.m. Reserved seating for voting delegates

**Business Meeting Note:** 

Voting delegates should be in their seats at least 10 minutes prior to meeting start, and everyone is asked to arrive in a timely fashion so the meeting can start on time. Please silence cell phones. Raffle/Auction/Showcase viewing/Bidding is CLOSED during the Business Meeting.

Inspiration
Pledge to the Flag
Call to Order
Roll Call Committee
Report
Adoption of Rules of
Convention
2022 Minutes

EVERYONE is welcome to attend. This meeting is open to all the KEHA membership. Please be in the room prior to meeting start. Silence cell phones and please stay seated throughout the meeting.

Treasurer's Report
Audit Committee Report
Nominating Committee Report
Election of Officers and Chairpersons
Bylaws Committee Report
Leadership Academy Committee Report
2023-2024 Proposed Budget

Presidents Report Other Business Announcements Adjourn

**LUNCH ON YOUR OWN** 

Or

**Master Farm Homemakers Guild Luncheon** (separate registration)

Master Farm Homemakers Guild (MFHG) Luncheon and Meeting Holiday Inn Hartland Salon

MFHG Luncheon (separate registration) 11:45 a.m.—1:30 p.m.
MFHG Business Meeting 1:45 p.m.—3:15 p.m.



# WEDNESDAY, MAY 8, 2024

Seminars - Session 4 1:30-2:45 p.m. CT

Super Smoothies Salon A (HI)

Anna Cason, Senior Extension Associate

Get Healthy with Pickleball Salon B (HI)

Hardin Stevens, Senior Extension Associate for Healthy Homes and Communities

Pillars of KEHA: Are We Meeting the Mission? Salon C (HI)

Jill Harris, Todd County FCS Extension Agent

Inspiring Grandchildren to Become Grand Cooks Meeting Room 1 (CC)

Dr. Courtney Luecking, Extension Specialist for Health and Nutrition, and Cathy Fellows, 4-H Youth Development Agent

Edible Plants and Flowers in Your Landscape Meeting Room 2 (CC)

Rhonella Chaffin, Lawrence County Homemakers & Master Gardener

International Alphabet Soup: ACWW, CWC, & NVON Meeting Room 3&4 (CC)

Marilyn Watson, KEHA International Chair

The Balancing Act: Time for Everything Meeting Room 5 (CC)

Sally Mineer, UK FCS Extension Specialist, and Whitney Morrow, Carter County FCS Agent

KEHA Choir Rehearsal Ballroom B,C,D (CC)

Wendy Hood, KEHA Choir Director and Fort Harrod Area President



A special **thank you** goes to all those who helped make the 2024 KEHA State Meeting a success ~

to the Fort Harrod Area Host Committee, and Wendy Hood, Fort Harrod Area President;

to each of the 14 areas for fulfilling their assigned responsibilities;

to the KEHA Executive Committee and Educational Chairmen;

to the Extension agents, specialists, and all presenters of learning sessions; and to the KEHA Choir and all of our speakers ~

thank you for sharing your time and talent.

Hands-on Creative Classes 2 3:15 p.m. - 4:15 p.m. CT

- Crochet for Beginners
   Salon A (HI)
   Mechele Arnold
- Hand Sewn Owl Pin Cushion Salon B (HI)

Debbie Kraus

♦ Beeswax Candle Making Salon C (HI)

MacKenzie Preece

- Vanilla Extract-ingly Easy Meeting Room 1 (CC)
   Cyndy Humble
- Gift Card Basket
   Meeting Room 2 (CC)
   Kay Kass and Bereda Weddle
- Intro to Diamond Painting 2 -Variety

Meeting Room 3&4 (CC)

Denise Boebinger & Elizabeth Collins

Vintage Tea Cup Pin Cushion
 Meeting Room 5 (CC)
 Jody Paver & Michelle Padgett

# WEDNESDAY, MAY 8, 2024

# General Session with KEHA Choir Performance in Ballroom B,C,D 5:00–6:00 p.m.

Presiding
Julie Hook, KEHA 2nd Vice President

Inspirational Thought
Cyndy Humble, Lake Cumberland Area President

Greetings

Kelly May, KEHA State Advisor Faye Korthaus, President, Kentucky Master Farm Homemakers Guild

KEHA Choir Performance Wendy Hood, Fort Harrod Area President and KEHA Choir Director

Drawing for Door Prizes
Wendy Hood, Fort Harrod Area President

Cultural Arts—Viewer's Choice Winner Barb Seiter, KEHA Cultural Arts & Heritage Chairman

Quilt Square Auction—Viewer's Choice Winner Cyndy Humble, Lake Cumberland Area President

KEHA Development Grant and Mini-Grant Presentations
Julie Hook, KEHA 2nd Vice President

**Development Grants:** 

Green River Area—Backpacks of Comfort
Lincoln Trail Area—Leading with Organization and Effective Meetings
Northeast Area—Leadership Toolbox: Come Sail With Us Thru Reports
Franklin County—Quilts for Kids

Announcements
Julie Hook, KEHA 2nd Vice President

Drawing of Raffle Basket Winners
Vicky Greenwell, Wilderness Trail Area President

**DINNER ON YOUR OWN** 

# Ever Onward Winner, National Home Demonstration Council Song Contest, September, 1956

Words by Dorothy D. Bullock of Kentucky and Music by Max Exner

Like the music of a mighty band Our voices ring across the land Singing of duty nobly done While we advance as one!

Onward, ever onward with a strength born of unity To our God, our home, and country we will pledge our loyalty

Armed with faith and zeal throughout our days

We'll keep the heart of home ablaze Striving for better ways to live Living to serve and give!

Onward, ever onward with a strength born of unity To our God, our home, and country we will pledge our loyalty

Let us make each home a beacon light To guide our nation's course a-right Spreading with gentle heart and hand Peace over all the land!

Onward, ever onward with a strength born of unity To our God, our home, and country we will pledge our loyalty



### 2024 KEHA Choir

Directed by Wendy Hood, Mercer County

Jean Aull, Breckinridge
Wanda Burgin, Mercer
Carletta Campbell, Johnson
Elizabeth Collins, Franklin
Kathy Diaz, Lincoln
Denise Dean, Pendleton
Brenda Dunn, Grant
Teresa Goggin, Boyle
Brenda Hammons, Lincoln

Susan Hansford, Pulaski Wendy Hood, Mercer Judy Jackson, Grant Flo McDonald, Pendleton Linda Mitchell, Marshall Diana Morgan, Grant Samantha Page, Montgomery Ann Porter, Mason Marilyn Powell, Mercer



Lois Pressgrove, Nelson
Jennifer Spriggs, Boone
Pat Sullivan, Ballard
Sharon Taylor-Carrillo, Simpson
Cindy Williams, Taylor
Diane Williams, Menifee
Bobbie Wray, Ballard
Louise Zachary, Nicholas

# THURSDAY, MAY 9, 2024

Officer Trainings 8:00 a.m.-9:15 a.m. CT

President Salon B (HI)

Brenda R. Hammons, President

Vice President
Hartland Salon (HI)

Ann Porter, 1st Vice President Julie Hook, 2nd Vice President

Treasurer
Meeting Room 1 (CC)
Patsy Kinman, Treasurer

Secretary
Meeting Room 2 (CC)
Wanda Atha, Secretary

Educational Chair Trainings 9:45.-11:00 a.m. CT

Environment, Housing, and Energy Salon A (HI)

Chair Rhonella Chaffin and Advisor Hardin Stevens

Cultural Arts and Heritage Salon B (HI)

Chair Barbara Seiter and Advisor Jeanne Badgett

International Salon C (HI)

Chair Marilyn Watson and Advisor Leslie Workman

Leadership Development Hartland Salon (HI)

Chair Nancy Snouse and Advisor Sally Mineer

Food, Nutrition & Health Meeting Room 1 (CC)

Chair Esther Bailey (Advisor Dr. Heather Norman-Burgdolf)

Management & Safety Meeting Room 2 (CC)

Chair Peggy Tracy (Advisor Dr. Nichole Huff)

4-H/Youth Development Meeting Room 3&4 (CC)

Chair Denise Boebinger (Advisor Dr. Isaac Hilpp)

Family & Individual Development Meeting Room 5 (CC)

Chair Dottie Crouch (Advisor Dr. Amy Hosier Kostelic)

### **Kentucky Homemaker Creed**

I believe in the home
as an inspiring and happy center of family
life - comfortable and attractive - a place
for relaxation and work
where pleasures and responsibilities are
shared.

I believe in the home and its contribution
to community life
which reflects the development of the
homemaker and the family.
I believe in the homemaker - alert, diligent,
in search of better ways
of doing ordinary things for the welfare and
happiness of the family.
I believe in the homemaker as a
community leader responsible for
passing on to others mastered skills and
knowledge.

I believe in the fellowship that comes through the homemakers organization - the exchange of ideas and the joy of knowledge shared with others, thus broadening our lives and lifting household tasks above the commonplace. For these opportunities I am grateful. I am also thankful for the courage of yesterday, the hope of tomorrow, and a growing consciousness of God's love always.

# THURSDAY, MAY 9, 2024

### Awards Luncheon in Ballroom B,C,D 11:30 a.m.—1:30 p.m.

**Presiding** Ann Porter, KEHA 1st Vice President

**Inspirational Thought** Marie Pitts, Mammoth Cave Area President

Greetings from Extension Dr. Jennifer Hunter, Assistant Director, Family and Consumer Sciences Extension, UK Martin-Gatton College of Agriculture, Food and Environment

> Greetings from the Center for Courageous Kids Jill Isom, Director of Development

#### **LUNCH**

AWARDS PRESENTATIONS—KEHA 2023 Awards & Contest Winners Membership—Julie Hook, 2nd Vice President Cultural Arts and Heritage—Barb Seiter, State Chairman Food, Nutrition and Health—Esther Bailey, State Chairman 4-H Youth Development—Denise Boebinger, State Chairman International—Marilyn Watson, State Chairman Family and Individual Development—Dottie Crouch, State Chairman Leadership Development—Nancy Snouse, State Chairman

> Invitation to 2025 State Meeting Cathy Harville, Northeast Area President May 5-8, 2025 **Hyatt Regency Lexington** 401 West High Street, Lexington

**Recognition of Outgoing Board Members** Brenda Hammons, KEHA President

Installation of Officers & Chairmen Brenda Hammons, President, and Susan Hansford, Parliamentarian

> **Closing Remarks** Brenda Hammons, President

### **MEMBERSHIP AWARDS**

### **Largest Percentage Membership** Increase

1st Place—Calloway 1.19% 2nd Place (tie)—Wolfe 1% 2nd Place (tie)—Martin 1% 3rd Place—Russell 0.83%

### **Largest Overall Increase in Membership**

1st Place—Shelby 71 \*Golden Key Winner 2nd Place—Taylor 66 3rd Place—Calloway 56

### **Increase of 25 or More Members**

**Ballard County** Calloway County **Kenton County** Magoffin County Martin County **Russell County Shelby County Taylor County Wolfe County** 

### 3-Rs—Keys to Membership Campaign

Five \$100 drawings

Each time a county gets three new members (above the previous year total), the county will be entered into a drawing.

> For Membership Tenure Recognitions, See page 15.

### **CULTURAL ARTS AWARDS**

### **Poetry**

1st Place — Kimberly Corbin, Taylor 2nd Place— Marie Mays Pitts, Simpson County 3rd Place — Sandy Hamilton, Nicholas County

### **Memoirs**

1st Place— Ann Adams, Simpson County

2nd Place— Karen Mink, Shelby County 3rd Place — Marie Mayes Pitts, Simpson 1st Place — Johnson County County

### **Short Stories**

1st Place — Monica Lucas, Meade County 2nd Place— P. Diane Shrewsberry, McCracken County 3rd Place — Sandy Hamilton, Nicholas County

### **Passport County Winners**

2nd Place — Cumberland County 3rd Place — Boyle County

### FOOD, NUTRITION AND HEALTH **AWARDS**

### **Promoting a Healthy Kentucky Contest**

1st Place - Bracken County, Connie **Bowling** 2nd Place - Barren County, Cynthia Rowland

# THURSDAY, MAY 9, 2024

### 4-H YOUTH DEVELOPMENT AWARDS

### Most Innovative 4-H/Homemaker Partnership Project

1st Place—Barren County, Festival of Giving

2nd Place—Mason County, Homemakers Support 4-H

Cooking 101

3rd Place—Henry County, Sewing Service Project

Honorable Mention—Taylor County, Breakfast with the Easter Bunny

### •

### Most Volunteer Hours with 4-H Award

1st Place—Mason County, 2146

2nd Place—Barren County, 2063

3rd Place—Harrison County, 265

### 4-H Camp Scholarship Largest Donation Award

1st Place—Mason County, \$1,450

2nd Place—Harrison County, \$439.75

3rd Place—Barren County, \$350

### **INTERNATIONAL AWARDS**

### **International Projects and Programs**

1st Place—Barren County- Mammoth County Area

### **Coins for Change**

1st Place—Meade County

2nd Place—Monroe County

3rd Place—Mason County

4th Place—Fayette County

5th Place—Bracken County

### Kentucky Academy/Ghana Library

1st Place—Harrison County

2nd Place—Meade County

3rd Place—Pendleton County

4th Place—McLean County

5th Place—Crittenden County

### **NVON Bee Project**

1st Place—Lincoln County

### **ENVIRONMENT, HOUSING, AND ENERGY AWARDS**

### **Adopt-A-Highway Awards**

(No entries received by the deadline)

### FAMILY AND INDIVIDUAL DEVELOPMENT AWARDS

### **Self-Care Contest**

1st Place—Dianna Gibson

### LEADERSHIP DEVELOPMENT AWARDS

### **Community Volunteerism Awards**

1st Place—Mason County

2nd Place—Bracken County

3rd Place — Barren County

### **Evans/Hansen/Weldon Scholarship**

Mikyleigh Campbell, Breathitt County

### **KEHA Member Scholarship**

Heather Yeager, Meade County

Abbiegayle Spicer, Boone County

### **Contributions to Evans/Hansen/Weldon Scholarship**

1st Place— Barren County Homemakers (\$300)

2nd Place — Meade County Homemakers (\$200)

3rd Place — Bracken County Homemakers (\$30)

### **Contributions to Homemaker Member Scholarship**

\*1st Place — Boyle County Homemakers (\$209.07)

2nd Place — Meade County Homemakers (\$100)

3rd Place — Henry County Homemakers (\$25)

### **VSUS – VOLUNTEER SERVICE RECOGNITIONS**

### **Top KEHA Hours**

1st Place — Sandra Hamilton of Fort Harrod Area (2,000)

2nd Place — Naomi Dawson of Purchase Area (1,217)

3rd Place — Sharon Helphastine of Bluegrass Area (1,000)

### **Top Extension Hours**

1st Place — Lucy Scott of Quicksand Area (1,780)

2nd Place — Cindy Williams of Lake Cumberland Area

(913)

3rd Place — Wanda Atha of Fort Harrod Area (832)

### **Top Community Hours**

1st Place — Violet Barbee of Licking River Area (5,300)

2nd Place— Elizabeth Pendleton of Licking River Area

,650,

3rd Place — Arlina Spencer of Quicksand Area (2,290)

### **Top Personal Hours**

1st Place — Edwina Turner of Purchase Area (5,669)

2nd Place — Carolyn Mullins of Purchase Area (4,380)

3rd Place — Janice Harper of Mammoth Cave Area

(3,280)

### Total Hours for All: 420,164

1st Place — Mason County (25,926)

2nd Place — Boyd County (7,272)

3rd Place — Johnson County (4,387)

# KEHA STATE BOARD

# Kentucky Extension Homemaker Association 2023-2024 State Board

Officers
President Brenda Hammons, Lincoln County
1st Vice President for Program
2nd Vice President for Member ResourcesJulie Hook, Carlisle Count
Secretary Wanda Atha, Franklin County
Treasurer
Treasurer ratsy killinari, Grant County
Educational Chairmen
Cultural Arts & HeritageBarb Seiter, Boone County
Environment, Housing and Energy Rhonella Chaffin, Lawrence County
Family & Individual Development Dottie Crouch, Trimble County
Food, Nutrition & Health Esther Bailey, Lincoln County
4-H Youth Development Denise Boebinger, Franklin County
InternationalMarilyn Watson, Henderson County
Leadership Development
Management & SafetyPeggy Tracy, Bourbon County
Marketing and Public Relations Chairman Sharon Fields, Greenup County
Area Homemaker Presidents
PURCHASESandra Lusk, Fulton County
PENNYRILE
GREEN RIVER Mechele Arnold, McLean County
MAMMOTH CAVEMarie Pitts, Simpson County
LAKE CUMBERLANDCyndy Humble, Taylor County
LINCOLN TRAIL Lois Pressgrove, Nelson County
LOUISVILLE Kathy Irby, Jefferson County
NORTHERN KENTUCKY Maryloretto Resing, Kenton County
FORT HARROD Wendy Hood, Mercer County
BLUEGRASSConnie Vaughn, Bourbon County
LICKING RIVERBrenda Hamm, Rowan County
NORTHEASTCathy Harville, Pike County
QUICKSAND Pam Campbell, Owsley County
WILDERNESS TRAIL
Other (Non-Voting Board Members)
ParliamentarianSusan Hansford, Pulaski County
Master Farm Homemakers Guild Faye Korthaus, Oldham County
KEAFCS Christy Stearns, Clinton County
KEHA Advisor
Assistant Director, Family & Consumer Sciences Extension Dr. Jennifer Hunte
University of Kentucky Advisors to State Educational Chairmen (Non-Board)
Cultural Arts & Heritage Jeanne Badget
Environment, Housing and EnergyHardin Stevens
Family & Individual Development
Food, Nutrition & Health
4-H Youth Development
International Leslie Workman
Leadership Development
Management & Safety
Marketing and Public Relations

### **KEHA Presidents** 1932-33 \* Mrs. Lyda Lynch Hall, Fayette County \* Mrs. W.M. Oliver, McCracken County 1934-35 1936-38 \* Mrs. T.M. Johnston, Warren County 1939-41 \* Mrs. H.L. Crafton, Henderson County 1941-43 \* Mrs. P.W. Adkins, Bell County 1943-45 \* Mrs. Ralph Scearce, Shelby County 1945-46 \* Mrs. W.E. Nichols, Fayette County \* Mrs. W.K. Morris, Christian County 1946-49 1950-53 \* Mrs. Wade Hold, Nelson County 1953-56 \* Mrs. R. Matchett, Kenton County 1956-59 \* Mrs. Virgil Grayson, Pulaski County 1959-62 \* Mrs. Carl Evans, Ballard County \* Mrs. Harry J. Braun, Campbell County 1962-65 1965-68 \* Mrs. James T. Brookshire, Breckinridge County 1968-71 \* Mrs. Earl Friedly, Scott County 1971-74 \* Mrs. Howard Taylor, Harrison County 1974-77 \* Mrs. Mitchell Bertram, Barren County 1977-80 \* Mrs. Samuel Whitt, Jr., Boyd County 1980-83 \* Mrs. James Wallace, Caldwell County \* Mrs. M.D. Perkins, Campbell County 1983-86 1986-89 \* Mrs. L.E. Moorhead, Bracken County 1989-92 \* Helen Palmer, Clark County 1992-95 Jean Davis, Hardin County 1995-98 Velma Koostra, Warren County 1998-2001\* Kathleen Hockersmith, Oldham County 2001-04 \* Mabel Harned, Nelson County 2004-07 \* René Siria, Franklin County Linda Kaletch, McCracken County 2007-10 2010-13 Alice Brown, Greenup County 2013-16 Susan Hansford, Pulaski County 2016-17 \* Mary Margaret Krahulec, Shelby County 2017-19 Marlene McComas, Grant County 2019-22 Karen Hill, Henderson County 2022-Present Brenda Hammons, Lincoln County \* Deceased

# FAMILY AND CONSUMER SCIENCES AGENTS

Adair – Dylan Gentry

Allen – Vacant

Anderson – Vacant

Ballard - Sara Drysdale

Barren – Jordan Crain

Bath - Alexandra Sallie

Bell – Rebecca Miller

Boone - Diane Mason

Boone - Elizabeth Evans

Bourbon – Karen Denniston

Boyd – Jacqueline Doucet

Boyle – Alethea Bruzek

Bracken - Shannon Smith

Breathitt - Kayla Watts

Breathitt—Stacy Trent (at-large)

Breckinridge - Lynnette Allen

Bullitt - Ruth Chowning

Butler - Vacant

Caldwell - Ashley Board

Calloway – Debra Hixon

Campbell – Vacant

Campbell – Kate Vaught Thompson

Carlisle – Brooke Hogancamp

Carroll – Christy Eastwood

Carter – Whitney Morrow

Casey - Vacant

Christian – Tiffany Bolinger

Clark – Shonda Johnston

Clay – Vacant

Clinton – Christy Nuetzman Stearns Letcher – Nanette Banks

Crittenden – Leslea Barnes

Cumberland – Debbie Messenger

Daviess – Katie Alexander

Edmonson – Laura-Grace Vincent

Elliott - Vacant

Estill – Judy Vaughn

Fayette – Maranda Brooks

Favette—Caroline McMahan

Fleming – Kaitlyn Fryman

Floyd – Andrea Slone

Franklin—Carla Carter

Fulton - Anna McCoy

Gallatin - Ronda Rex

Garrard – Kayla Lunsford

Grant – Asa Conkwright

Graves – Denise Wooley

Grayson—Natalie Taul

Green – Katelyn Squires

Greenup – Lora Pullin

Hancock – Vacant

Hardin – Dayna Fentress

Harlan – Chasity Heck

Harrison – Shelley Meyer

Hart – Sonya Carter

Henderson – Vacant

Henry – Krista Perry

Hickman - Mike Keller

Hopkins - Amanda Dame

Jackson – Delaney Eubanks

Jefferson – Carolina Robles Perez

Jessamine – Vacant

Johnson – Macey Stewart

Kenton – Joan Bowling

Kenton – Denise Donahue

Knott – Lorie Adams

Knox – Kelsee Dewees

LaRue – Marla Stillwell

Laurel – Lora Davidson

Lawrence - Vacant

Lee – Laken Campbell

Leslie – Vicki Boggs

Lewis - Christa O'Cull

Lincoln – Jody Paver

Livingston – Joni Phelps

Logan – Rachel Hance

Lyon – Angie York

Madison – Jessica Hunley

Magoffin – Cathy Sparks

Marion – Rachel Mattingly

Marshall – Vicki Wynn

Martin – Asya Jarrell

Mason – Abbigale Gray

McCracken—Kelly Alsip

McCreary – Leah Van Meter

McLean - Kelly Bland

Meade – Jennifer Bridge

Menifee - Mary Lawson

Mercer - Tara Duty

Metcalfe – Lynn Blankenship

Monroe - Stephanie Hestand

Montgomery – Sarah Congleton

Morgan - Nicolette Knuckles

Muhlenberg – Alex Kelly

Nelson – Danielle Hagler

Nicholas – Ashley Vice

Ohio – Nan Montgomery

Oldham – Heather Toombs

Owen – Chelsea Young

Owsley – Rosa Smith

Pendleton – Kenna Knight

Perry - Kelsey Sebastian

Pike - Chelsea Workman

Powell - Kendyl Redding

Pulaski – Edith Lovett

Robertson - Britney Poe

Rockcastle – Hazel Jackson

Rowan - Peggy Jones

Russell – Megan Gullett

Scott - Alivia Faris

Shelby – Elizabeth Coots

Simpson – Nancy Doyle

Spencer – Beth Maxedon

Taylor – Vacant

Todd – Jill Harris

Trigg - Vacant

Trimble – Jane Proctor

Union – Vacant

Warren - Kristi Shive

Washington – Cabrina Buckman

Wayne – Debbie Shepherd

Webster - Natalie Green

Whitley - Linda Burgard

Wolfe—Darian Creech

Woodford - Hannah Thornsberry

## **EXTENSION DIRECTORS**

### **Regional Extension Directors**

East Regional Extension Director Daniel Wilson

Central Regional Extension Director Natasha Lucas

Jeremy Teal

Area Extension Directors

East Region: Jeffrey H. Casada (East 1&2) Judi O'Bryan (East 3&4) Ty Back (East 5&6)

Raven C. Ford (East 7&8)

Central Region: Lisa M. Adams (Central 1&2) Rita G. Stewart (Central 3&4) Willie Howard (Central 5&6) Christin Herbst (Central 7&8) West Region Robert C. Tashjian (West 1&2) Matt Fulkerson (West 3&4) Amanda Hardy (West 5&6) Amber Huffman (West 7&8)

West Regional Extension Director

### Stay in the Loop!!

Visit the KEHA web page at www.keha.org.

Like and follow KEHA on Facebook at www.facebook.com/Official KEHA.

Watch for the monthly KEHA News & Notes on the website.



### KEHA MEMBERSHIP TENURE RECOGNITIONS

### **50-Year Members**

Mary Lois Roberts **Judy Rowland** Virginia Crowe Marlene Judd Otella Will Katherine Lyon Clara McCov Jane Halev Marge Whitley Anna Frances Stinnett Lenda Moore Elsie Curry Janice Jones **Beverly Biddle** Pat Thompson Brenda Johnson Alma Furrie June Hale Linda Adams Mary R. Monin Mary Shipley Jessianne Wells Judy Stahler Angie Lolyd

55-Year Members

Mabel Forman Louise Veach Brenda Williams

**60-Year Members** 

Jeannine Kiser Jo Ann Hughes Jean Shepherd

65-Year Member70-Year Member75-Year MemberRobbie WallaceRegina HudsonVirginia Clark

# **EVALUATION**



Don't forget to turn in your evaluation! Complete the online version using the QR code or by visiting:

https://bit.ly/2024StateMeeting

Paper copies are available at the registration desk, if you prefer that format. Paper copies can be turned in at the registration desk anytime.



# SAVE THE DATE



Make plans to attend the 2025 State Meeting

at *Hyatt Regency Lexington* 

401 West High Street, Lexington!

May 5-8, 2025

### Discover KEHA – A Hidden Treasure

Northeast Area will serve as the host area.

Check the KEHA website (www.keha.org)

this summer for lodging rates and details.