# KEHA International Program of Work 2022-2025

#### Situation:

With our ever-changing world, we are faced with the global challenges of poverty, health, education, economic growth, and climate change. We are going to take a journey around the globe promoting cultural diversity. When examining the GLOBE (G: Goals, L: Learning, O: Opportunities, B: Benefits, E: Eating, Embracing, Environment, and Exchange), we will strive to leave no one behind. As we tackle this joyful task of embracing cultural diversity in our communities and their impact, our journey opens your door to taste, see, hear, feel, laugh, and love by creating a better world.

#### Focus by Year:

- Year 1: Updates from Ghana and the Philippines to share at 2022 meeting and in newsletters, get member input on new POW to emphasize how to create welcoming communities for people moving from other countries.
- Year 2: Healthy Eating Around the World
- Year 3: Creating Communities that Welcome People

## Goal(s):

- 1. Promote cultural diversity programs to help KEHA members have a better understanding of people who live in other parts of the world.
- 2. Promote cultural diversity programs to help KEHA members have a better understanding of people moving into Kentucky communities from other countries.

#### **Objectives:**

- Provide KEHA members with updates on the work they support in other countries where we have continued relationships around the world.
- Solicit input from KEHA members about the new International Program of Work.
- Develop or find resources to support Creating Communities that Welcome People for new POW.

#### Activities:

- Host Chair training at KEHA annual meetings
- International Learning Session proposals for KEHA annual meetings
- Contribute newsletter updates with photos for statewide distribution
- Homemaker Exchange Program, Travel to Ghana or the Philippines

#### Lessons:

2022-23: Updates from Ghana and the Philippines to share at 2022 meeting and in newsletters, get member input on new POW to emphasize how to create welcoming communities for people moving from other countries.

## 2023-24: Healthy Eating Around the World

#### Healthy Eating Around the World

We'll take a trip around the globe to learn about dietary recommendations from other countries. Along the way, we'll learn about new foods and ways of eating. As we arrive back in the U.S., we'll reflect on what we learned and see how advice about a healthy diet is remarkably similar, no matter where on Earth we live. This lesson includes a facilitator guide, publication (FCS3-631), training slides, leader lesson letter, activities, marketing pieces, and an evaluation. This lesson is part of the International Program of Work for 2022-2025.

2024-25: Creating Communities that Welcome People

## **Contests and Awards:**

- Coins for Change
- Kentucky Academy/Ghana Library
- Creating Communities that Welcome People