

The Lake Cumberland Area Extension Homemakers Association is comprised of ten counties:

Adair	Cumberland	Russell
Casey	Green	Taylor
Clinton	McCreary	Wayne
	Pulaski	

The 2020-2021 Homemakers year for the Lake Cumberland Area ended with 1,078 members. The Area membership numbers declined, due in part, to COVID; however, two counties increased their membership, and one county received the State award for overall increase in membership. The Lake Cumberland Area also

The Area awarded three counties with \$200 mini grants/scholarships for members to use toward projects that benefit their communities.

The Lake Cumberland Area Extension Homemakers (finally) hosted the 2021 KEHA State Meeting receiving accolades for the "best bag" and the "best T-shirt" ever.

Following are activities provided by each county highlighting specific accomplishments and activities during the 2020-2021 Homemaker year.

Cyndy Humble, President  
Lake Cumberland Area Homemakers

Debbie Messenger, FCS Agent/Advisor  
Cumberland County Extension Service

#### **Adair County Homemakers**

- Organized a drive-through membership drive which helped us reach our total of 113 members.
- Held the annual Schemer pecan fundraiser
- Offered a succulents class
- Distributed spring goody bags
- Took a field trip to the Glass Parlor and Flower Farm
- Donated snacks to the health department to show appreciation for all their hard work
- Provided Little Debbie cakes for Project Graduation
- Provided snacks and drinks for Adair County High School Band practices
- Awarded the Sue Stivers Scholarship to Payton Coomer
- Attended the state convention (two members)
- Made and provided coasters for the goody bags for the state convention.

#### **Clinton County Extension Homemakers**

- Members did not enjoy meeting via technology so that really impacted our year.
- Used email to update members as much as possible in addition to newsletters.
- Short email updates seemed to keep members engaged in county programs and events.
- Covid-19 restricted all the typical programs our members engage in such as monthly nursing home outreach, Christmas Village, and community volunteerism at events like our Foothills Festival.
- Members didn't engage in any fundraising for the year, but were still able to award a \$500 scholarship to a graduating senior.

**Cumberland County Extension Homemakers**

- Supported a community outreach program at the senior apartments (Burkesville Manor) and donated items (canned soups, canned fruits/vegetables, crackers, canned meats, puzzle books, boxed cereal, instant oatmeal, toiletry items, cleaning supplies, etc.) monthly and delivered directly to the residents.
- Continued to make quilts for local veterans; the most recent donation during the summer months.
- Organize a new club that is making cards of encouragement for those in need; their first set of cards was donated to Drug Court participants.
- Two \$400 scholarships were awarded to local students.

**Green County Homemakers**

- Donated money and items to the Food Pantry, Project Graduation, the School Resource Center, The American Red Cross, and local ministries to help in the community and Eastern Kentucky, as well as provided a meal and fidget mats to the clients of Adanta.
- Provided gifts for the Christmas Angel Tree Project, made face masks, chemo/cancer caps, prayer shawls, scarves, quilts for Hospice, mats for the homeless, and other items for the community and our churches.
- Worked on blankets, quilts, bibs, crocheted animals and baby items for the next community baby shower, and made fidget mats
- Filled Samaritan Purse shoeboxes for International missions and filled backpacks for Christmas for children across Kentucky and Ohio
- Participated in recycling and assisted the community with donations for the spaying and neutering of animals
- Set up and worked at the County Fair Culinary, 4-H and craft contest
- Participated in Weekly Extension To Go Bags from FCS and Extension, and assisted with the planning for the rescheduled KEHA State meeting
- Served on the Green County Extension Council, FCS Advisory Council and the Extension District Board

**Pulaski County Extension Homemakers**

- Worked at God's Food Pantry packing 500 boxes for those in need monthly.
- Provided individual cards to residents of assisted living sites, birthday cards to each individual on their birthdays, and special cards with cash that the residents could spend on their special day for shopping. An average of 500 cards were and are still giving out monthly.
- Distributed hygiene articles to residents of Bethany House, a shelter for abused women in the ten county area.
- Provided diapers to the AIM ladies, a program for expectant mothers in the county.
- Provided paper supplies to the Alzheimer Center monthly.
- Purchased special gifts for the Sky Hope Center, a group of ladies in addiction recovery center. The 100 residents were honored on a special day.
- Provided all employees at the Lake Cumberland Hospital with special gifts and recognition for their continued service during the COVID19 Pandemic.
- Set up a special "Book Library" in memory of one a club member in the community where she lived for all ages to pick up books at their leisure to read. The books are replaced monthly.
- Submitted items in the Pulaski County Fair.
- Attended the KEHA State Homemakers (5 people) meeting; 11 items were entered in the Cultural Arts Competition; one Homemaker won the coveted purple ribbons.
- Collected coupons monthly to be sent to our Servicemen serving our country.
- Provided snack goodies to the HOSPICE Unit at Lake Cumberland Hospital for families of patients in the cancer unit.
- Knitted and crocheted baby bonnets for all newborn babies at the local hospital and for newborns of the AIMS clients.

- Made and donated new pillows, pillowcases, and pillow protectors to the Over My Head Shelter House. This is the homeless shelter in Pulaski County.
- Prepared Christmas gifts for 58 foster children's families, Sky Hope Residents and Be a Village Residents to make sure all received a gift.
- Donated gifts to the veterans in the county. (Handkerchiefs and socks)
- Donated story books, coloring books, coloring pencils, etc. for use small children in the hospital.
- Participated in PRIDE Clean up.
- Participated in International Day at Somerset Community College.

#### **McCreary County Homemakers Club**

- Participation by all 8 paid members via Zoom.
- Took turns leading activities
  - No Sew T-Shirt Tote Bag
  - Yarn Christmas Ornament
  - Paper Snowman
  - Valentine Gumball Holder And Mailbox
  - Pop Up Easter Card
  - Coffee Filter Flowers
  - Health Benefits of Spending Time in Nature.

#### **Russell County Homemakers**

- Made masks for various centers and individuals.
- Displayed quilts at the local library auction.
- Made a quilt for the Auction.
- Received a proclamation to Homemakers Week from County Judge Executive, Gary Robertson
- Hosted a Homemakers Week Membership Drive
- Prepared for the online auction fundraiser.
- Held an Online Facebook Auction Fundraiser; facilitated item pickups.
- Made and delivered snacks and desserts to Ford Bros. Auction at Somerset office in appreciation for a successful fundraiser.
- Made Fidget Mats for Special Ed classes at Russell Springs Elementary and the nursing home
- Distributed Goody Bags to law enforcement and health care workers in Russell County.
- Attended Cultural Arts in Bowling Green.
- Attended the KEHA State Meeting in Bowling Green.

#### **Taylor County Extension Homemakers**

- Raised \$4561 for Ovarian Cancer Research by placing flamingos in people's yards for donations (Flocking for a Cure)
- Hosted four Red Cross blood drives that collected 164 units of blood
- Made 228 heart pillows for the hospital patients
- Made 26 no-sew blankets for local cancer center
- Collected hygiene products for the schools' resource centers
- Collected coupons to send to the troops
- Donated 5 crocheted lap throws to Hosparus
- Made 800 masks, 370 surgical caps and 25 bibs for face shields for the hospital, schools and community
- Conducted a Homemakers County Annual Meeting that was Covid safe.
- Conducted a photo contest and hosted a drive thru membership event for KEHA Week
- Hosted a Take-Out Bean Soup Luncheon which raised \$1277 for our scholarship fund

- Fed lunch to WHI workers (local industry which suffered a fire)
- Conducted a Souper Bowl Food Drive collecting enough food to fill a pickup truck and an SUV with food for Green River Ministries and local blessings boxes
- Fed 100 people for Green River Ministries "Feed Me Friday" program
- Donated more than 356 desserts for the Green River Ministries Fundraiser
- Donated \$3000 in scholarships to three graduating seniors
- Made fidgets mats for the local nursing homes
- Attended (8 Homemakers) the KEHA State Meeting and received recognition and awards 1st place Food & Nutrition Award Ovarian Cancer Fundraiser for Flocking for a Cure; 1st place for the Largest Overall Donation to Ovarian Cancer; and \$300 grant for out Flocking for the Cure from the State; six blue ribbons plus one purple in Cultural Arts Competition; and 2nd place winner in poetry.
- Received a \$200 Mini-Grant from the Lake Cumberland Area for our Flamingos also.
- Donated \$240.90 to Coins for Change (International Project)
- Donated 37 hours to 4-H
- We volunteered 9,750 hours.

#### Wayne County Homemakers

- Sewed and donated over 800 face coverings
- Participated in Monthly Grab and Go Bags
- Participated Lake Cumberland Homemaker Pen Pal Swap 12 Homemakers
- Held Homemaker officer trainings via Zoom and in person
- Sponsored and judged the local Scarecrow Trail
- Marketed Extension Homemakers T-shirts with logo
- Participated in the planning for restoring the Restoration House
- Celebrated KEHA week with special Grab and Go bags, Newspaper Articles and a Window Display
- Sponsored 5 Community Blood Drives
- Presented Great Green Spring Clean Videos and Grab and Go with Cumberland Co.
- Presented "Flipping the Switch" Zooms
- Hosted Book Club Zooms
- Offered Leader Lessons
- Presented Garden Class Series
- Offered a series of Food Preservation Classes
- Provided Budget Training for all club officers
- Provided Finance Training for all club officers
- Organized a new Homemakers Club (Happy Chippers Whittling Club)
- Attended the state KEHA Meeting in Bowling Green
- Presented 4-H Quilting sessions
- Participated in a county wide recycle program