

Updated March 8, 2021

## **COVID 19 Guidelines for Kentucky Extension Homemakers Association Meetings**



Effective March 5, 2021, the Kentucky Governor and Kentucky Department for Public Health eased some restrictions in place to manage the COVID-19 pandemic. Based upon current Kentucky and CDC guidance documents, Kentucky Extension Homemakers Association clubs and organizations who choose to hold face-to-face meetings will need to take the following actions:

- Communicate to individuals to stay home if sick and not attend a meeting or event.
- Limit meeting attendance to the number of people who can be accommodated at the meeting location while maintaining six-foot distancing. The meeting location should be reviewed to determine how many people can attend with a set-up that maintains 6-foot distancing and the maximum attendance should be communicated in advance. In addition to the distancing requirement, attendance cannot exceed 60% of the capacity of the space.
- Remain at least six (6) feet apart from people who are not a part of your household at all times during meetings and events.
- Wear a cloth face covering or mask over your nose and mouth unless you are actively eating or drinking.
- Wash or sanitize hands frequently.
- Screen and exclude persons with fever, symptoms of COVID-19, and/or direct exposure to someone who has tested positive for COVID-19.
- Not share food, drink, containers, plates, napkins, or utensils. Any food or beverages should be individually packaged, and it is recommended that each person bring their own. Potlucks and buffets are not an option currently.

**For KEHA groups meeting in Extension facilities**, be sure to talk with your Family and Consumer Sciences Extension Agent or local Extension contact to find out options for meetings and events in Extension facilities. Special steps may be needed to plan a meeting at an Extension facility and Extension guidelines must be followed at all times during meetings and events.

**For KEHA groups meeting in venues and event spaces**, requirements limiting the number of participants are in effect. Please check with the venue or event space to inquire about options and requirements.

**When in-person meetings are held**, it is extremely important to complete an accurate participant list with contact information. Your local Extension office can provide you with a copy of an attendance roster or visitor sign-in sheet to use for this purpose.

**If you are considering any types of events or activities beyond traditional meetings**, it will be important to ensure those events and activities follow any related guidelines. All activities within Extension facilities or involving Extension personnel will be required to follow the current Extension requirements. Please also refer to the Kentucky guidance available on the Kentucky Healthy at Work website (<https://govstatus.egov.com/ky-healthy-at-work>). If you are considering fundraisers or any other special activities not specifically addressed on this website, please reach out to your local health department to determine if any specific protocols must be followed.

The health and safety of our membership is our priority. Please stay up to date with the guidance issued by public health officials and take action to limit the spread of the coronavirus.