

MANAGEMENT & SAFETY

All educational chairmen are expected to work together to integrate their programs of work when possible. This educational focus deals with management of finances, time, etc. and financial planning for the future as well as safety in all aspects of our lives. The chairman should be aware of the following when planning the program of work.

- Promote Family Resource Management including time and money management, Consumer Protection and Rights, Health Care decisions and Community Development;
- Promote safety programs such as:
Home, farm, food, school, business, disaster preparedness, Home First Protection Programs

Materials on these issues are available from County Extension Offices;

- Promote and explore home-based business opportunities; and,
- Develop computer training programs for members.

Some programs available from Extension specialists and County Extension Offices include:

Money Management
Making Your Money Work
Investments
Estate Planning
Retirement Planning
Internet Fraud
Stand Up to Falling
Managing in Tough Times
Small Steps to Health and Wealth

KEHA Management and Safety Chairman – 2016-2019

Victoria Orme
4155 McCormick Road
Mount Sterling, KY 40353
Phone: 859-498-3859 Email: orme.victoria@gmail.com

MANAGEMENT AND SAFETY PLAN OF WORK 2017-2020

Situation:

KEHA members need to have a better understanding of their finances. They should be knowledgeable about planning for their future as well as retirement needs. There are many ways to manage expenses such as managing holiday expenses and savvy shopping. Learning how to downsize their homes is part of many retirees financial planning. Many changes are happening with health care laws and insurance and we all need to stay abreast of these issues.

Lessons Currently Available (2017)

Focus: Managing Holiday Expenses: How to Reduce Spending to Decrease Financial Stress

Goal: To define and examine holiday budgeting and lower-cost holiday traditions

Objectives:

- To explain key steps in creating a holiday budget that includes clear expectations for travel, food, entertainment, and gift-related expenses.
- To identify cost-saving strategies for holidays occurring throughout the year.
- To identify strategies for re-using and making holiday decorations.

Activities:

- Where Did My Money Go?
- The Holidays...Tis the Season to Be Creative
- Decorating On a Budget
- Publication-Managing Holiday Expenses: How to Reduce Spending to Decrease Financial Stress(FCS5-462)

Lesson: Managing Holiday Expenses: How to Reduce Spending to Decrease Financial Stress

Focus: Savvy Sellers and Bargain Hunters: Basic Guide to Yard Sales & Consignment Shops

Goal: To maximize profits and savings by becoming a successful seller and bargain hunter.

Objectives:

- To understand the difference between yard sales, consignment shops, and bargain hunter.
- To identify whether personal items can be sold and to determine which outlets would be the best fit in which to sell these personal items.
- To learn helpful steps in planning and hosting a yard sale.

Activities:

- What Do You Know?
- Do You Have Items to Sell?
- Planning A Yard Sale

Lesson: Savvy Sellers and Bargain Hunters: Basic Guide to Yard Sales & Consignment Shops

Focus: The Ins and Outs of Downsizing Your Home

Goal: To assist participants in understanding the process of downsizing to a smaller home.

Objectives:

- To understand the steps of the downsizing process.
- To identify strategies for preparing a home for downsizing.
- To identify strategies for preparing for the move into a new, smaller home.

Activities:

- Introductory Activity-Why downsize discussion
- Downsizing: What are My Housing Options?
- Learning to Let Go
- Moving Checklist

Lesson: The Ins and Outs of Downsizing Your Home

Focus: Evaluating Your Health Insurance Needs and Options

Goal: To evaluate your health insurance needs and investigate health insurance options.

Objectives:

- To identify health care wants and needs.
- To identify strategies for developing a planned buying process for a health insurance plan.
- To assist participants in understanding Medicare and Medicaid options.

Activities:

- Prioritizing Your Health Care Options
- Health Care Planed Buying Process
- Understanding Medicare Coverage Choices

Lesson: Evaluating Your Health Insurance Needs and Options

LESSONS ON THE HORIZON (2018)

Focus: Using Pinterest beyond Crafts and Apps: Financial Goal Setting

Goal: To assist participants in the process of developing financial goals and using vision boards to help them achieve their goal.

Objectives:

- Define the components of SMART financial goals
- Identify three personal financial goals (short-term, medium-term, and long-term)
- Develop a goal action plan
- Understand how to use a vision board to help reach financial goals

Activities:

- Developing SMART financial goals
- Creating a goal vision board using Pinterest
- Developing a goal action plan

Lesson: Using Pinterest: How to Make Your Money Go Further – Financial Goal Setting

Focus: International Travel: What You Need to Know Before You Go

Goal: To assist participants in the process of developing financial goals and using vision boards to help them achieve their goal.

Objectives:

- Identify international travel planning tasks.
- Understand how to prepare for local culture and customs
- Understand how to pack for an international trip

Activities:

- Preparing for Your International Trip
- Preparing for Unexpected Events during your Trip
- Learning about Local Culture and Customs
- Creating a Capsule Wardrobe

LESSONS IN DEVELOPMENT (2018 & 2019)

1. Savvy Sellers and Bargain Hunters: Online Edition
2. Developing Your Digital Estate Plan
3. Planning for Tomorrow: Long Term Care Options and Insurance

LEADERSHIP DEVELOPMENT

All educational chairmen are expected to work together to integrate their programs of work when possible. This educational focus deals with developing a strong leadership base for the organization and community. In doing so the chairman will strengthen our community outreach efforts and increase the scholarships. The chairman should take the following into consideration when planning the program of work:

- * Develop and implement a training program for all officers, chairmen and members statewide
- * Create and promote the Leadership Development Awards program
- * Encourage voter registration and voter participation
- * Provide programming on how to get involved in the political process
- * Encourage members to learn about how local and state government works and how they can affect decisions and actions
- * Monitor and promote the Volunteer Service Unit program (VSU) and recognize individuals and clubs who participate
- * Promote master volunteer programs
- * Encourage members, as individuals and groups, to volunteer for community agencies and projects
- * Promote activities that encourage community involvement in strengthening families and education, such as tutoring in schools, mentoring new moms, Project Graduation, Big Brothers, Big Sisters, adult literacy, etc.
- * Encourage donations to and applications for the Evans/Hansen/Weldon and KEHA Homemaker Scholarship Funds
- * Encourage applications for the KEHA Endowed Scholarship at the University of Kentucky and participate in the selection of recipients as needed

KEHA Leadership Development Chairman – 2017-2020

Karen Yerkey
6992 Hwy 1740
Hardinsburg, KY 40143-6182
Phone: 270-668-5963 Email: kherkey7@gmail.com