KEHA Manual

Handbook - 2019 Updated Pages Only

Contents: This *Handbook* is a reference tool providing specific information about KEHA, including Bylaws and Standing Rules. It also includes program of work details, specific information related to cultural arts exhibits, details and forms for the homemaker exchange program, instructions for volunteer service unit tracking and recognition, and scholarship information and applications. Details for any contests and recognitions for each educational chairmanship are included. This section provides the guidelines and forms for the KEHA minigrants for study or research, KEHA development grant guidelines, information about the Master Farm Homemakers Guild and history for both KEHA and the Cooperative Extension Service.

KEHA MANUAL

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Please note: The dates in parentheses indicate the year of last revision for each page or group of pages. Please double-check your KEHA Manual Handbook to insure you have the latest copies of each page/group of pages.

PAST PRESIDENTS

*1932-33	Mrs. Lyda Lynch Hall, Fayette County
*1934-35	Mrs. W.M. Oliver, McCracken County
*1936-38	Mrs. T.M. Johnson, Warren County
*1939-41	Mrs. H.L. Crafton, Henderson County
*1941-43	Mrs. P.W. Adkins, Bell County
*1943-45	Mrs. Ralph Searce, Shelby County
*1945-46	Mrs. W.E. Nichols, Fayette County
*1947-49	Mrs. W.K. Morris, Christian County
*1950-53	Mrs. Wade Holt, Nelson County
*1953-56	Mrs. R.P. Matchett, Kenton County
*1956-59	Mrs. Virgil Grayson, Pulaski County
*1959-62	Mrs. Carl Evans, Ballard County
*1962-65	Mrs. Harry J. Braun, Campbell County
*1965-68	Mrs. James T. Brookshire, Breckinridge County
*1968-71	Mrs. Earl Friedly, Scott County
*1971-74	Mrs. Howard Taylor, Harrison County
*1974-77	Mrs. Mitchell Bertram, Barren County
*1977-80	Mrs. Samuel Whitt, Jr., Boyd County
*1980-83	Mrs. Bettie Wallace, Caldwell County
*1983-86	Mrs. M.D. Perkins, Campbell County
1986-89	Mrs. Patty Ann Moorhead, Bracken County
*1989-92	Mrs. Helen Palmer, Clark County
1992-95	Mrs. Jean Davis, Hardin County
1995-98	Mrs. Velma Koostra, Warren County
*1998-01	Mrs. Kathleen Hockersmith, Oldham County
2001-04	Mrs. Mable Harned, Nelson County
*2004-07	Mrs. René Siria, Franklin County
2007-10	Mrs. Linda Kaletch, McCracken County
2010-13	Mrs. Alice Brown, Greenup County
2013-16	Mrs. Susan Hansford, Pulaski County
*2016-17	Mrs. Mary Margaret Krahulec, Shelby County
2017-19	Mrs. Marlene McComas, Grant County
2019-	Mrs. Karen Hill, Henderson County

*Deceased

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KENTUCKY COOPERATIVE EXTENSION SERVICE PERSONNEL

University of Kentucky Administrative Staff

- Dr. Eli Capilouto, President, University of Kentucky
- Dr. Nancy Cox, Dean, College of Agriculture; Director Land Grant Programs
- Dr. Gary Palmer, Interim Associate Dean for Extension and Interim Director, Cooperative Extension Service (appointment ending 7/31/2019)
- Dr. Laura Stephenson, Associate Dean and Director, Cooperative Extension Service (appointment beginning 8/1/2019)
- Dr. Jennifer Hunter, Assistant Director, Family and Consumer Sciences Extension
- Mrs. Kimberly Henken, KEHA State Advisor; Acting Director, School of Human Environmental Sciences
- Dr. Craig Wood, Interim Assistant Director, Agriculture & Natural Resources Extension
- Dr. Mark Mains, Assistant Director, 4-H Youth Development Programs
- Dr. Ken Jones, Director of Program and Staff Development, Cooperative Extension Service
- Dr. Jeff Young, Director of County Operations, Cooperative Extension Service

Kentucky State University Administrative Staff

- Dr. Kirk Pomper, Director of Land Grant Programs
- Dr. Johnnie Westbrook, Associate Extension Administrator

District Directors

District 1 – Northeast/Licking River	Natasha Lucas
District 2 – Quicksand/Wilderness Trail	Daniel Wilson
District 3 – Louisville/Northern KY	Willie Howard
District 4 – Ft. Harrod/Bluegrass	Jenny Cocanougher
District 5 – Lincoln Trail/Lake Cumberland	Anna Smith
District 6 – Green River/Mammoth Cave	David Herbst
District 7 – Purchase/Pennyrile	Matt Fulkerson

Extension Family & Consumer Sciences Specialists and Associates

UNIVERSITY OF KENTUCKY

	UNIVERSITI OF RENTUCKI
Lola Adedokum, Ph.D.	Nutrition Education Program
Kerri Ashurst, Ph.D.	Children, Youth, and Families at Risk and Military Families Programs
Tyrone Atkinson, B.S.	Military Families Programs
Marisa Aull, B.A.	Nutrition Education Program
Marjorie Baker, M.S.	Clothing and Textiles
Sarah Brandl, M.S.	Nutrition Education Program
Elizabeth Buckner, M.S.	Nutrition Education Program
Emily DeWitt, M.S.	CDC High Obesity Program
Alex Elswick, M.S.	Substance Use and Recovery
Brian Fitzpatrick, M.S.	Computer Support Specialist/Webmaster
Rachel Gillespie, M.S.	CDC High Obesity Program
Sarah Hanks, B.S.	Family and Consumer Sciences
Maria Harris, M.Ed.	Family and Consumer Sciences
Jennifer Hunter, Ph.D.	Family Financial Management
Brooke Jenkins, M.S.	Nutrition Education Program
Natalie Jones, M.S.	Family Health
Jann Knappage, MPH	Nutrition Education Program
Amy Kostelic, Ph.D.	Adult Development and Aging
Joann Lianekhammy, Ph.D.	Family and Consumer Sciences
Rusty Manseau, B.A.	Graphic Artist
Kelly May, B.S.	Family Finance and Resource Management
Rita May, B.S.	Nutrition Education Program
Leslie McCammish, B.S.	Nutrition Education Program
Mindy McCulley, M.S.	Instructional Support
Sally Mineer, M.S.	Professional Development
Janet Mullins, Ph.D.	Foods and Nutrition
Jean Najor, M.S.	Nutrition Education Program
Heather Norman-Burgdolf, Ph.D.	Foods and Nutrition
Annhall Norris, B.S.	Foods and Nutrition
Paula Plonski, M.A.	Nutrition Education Program
Lindsay Poore, M.A.	Nutrition Education Program
Katie Shoultz, J.D.	Nutrition Education Program
Kelli Thompson, M.A.	Graphic Artist
Jackie Walters, M.B.A.	Nutrition Education Program
David Weisenhorn, Ph.D.	Parenting and Child Development
Michele West, B.A.	Nutrition Education Program
Martha Yount, M.S.	Nutrition Education Program

KENTUCKY STATE UNIVERSITY

Joanne Bankston, Ph.D.

Kristopher Grimes, Ph.D.

LeChrista Finn, Ph.D.

Allison Young, Ph.D.

Family Economics and Management Health Nutrition Education Family and Consumer Sciences

Kentucky Extension Homemakers Association, Inc.

The Kentucky Extension Homemakers Association (KEHA) is a volunteer organization that works to improve the quality of life for families and communities through leadership development and education in cooperation with the Kentucky Cooperative Extension Service.

BYLAWS

ARTICLE I - OBJECT

The object of the Kentucky Extension Homemakers Association, Inc. shall be:

- 1. To unite the Area and County Homemakers Associations of the state;
- 2. To create an awareness of needs of families in the home, community, state, nation and world;
- 3. To promote an educational program by making maximum use of the total resources of the Cooperative Extension Service of the University of Kentucky College of Agriculture to meet the needs of the family, home, community and state;
- 4. To develop an enthusiastic leadership in its members and a willingness to assume responsibilities to further strengthen, develop, coordinate and extend adult education in Family and Consumer Science; and
- 5. To conduct and carry on its work, not for profit, but exclusively for educational and charitable purposes

ARTICLE II – ORGANIZATION

The Kentucky Extension Homemakers Association, Inc. shall consist of the following: Area Extension Homemakers Associations and County Extension Homemakers Associations.

Section 1. Area Extension Homemakers Associations:

There shall be fourteen Area Extension Homemakers Associations. The Areas are Purchase, Pennyrile, Green River, Mammoth Cave, Lake Cumberland, Lincoln Trail, Louisville, Northern Kentucky, Fort Harrod, Bluegrass, Licking River, Northeast, Quicksand and Wilderness Trail.

The Area Executive Committee, composed of the Area officers, shall be responsible for giving direction for the Association business in the Area. The Area Homemakers Extension Council shall be composed of the officers of the Association, the President of each County Homemakers Extension Association within the Area, elected/appointed area chairmen and any other members as determined by the Area Council. An Extension Family Consumer Sciences Agent in the area shall serve as advisor to the Area Extension Homemakers Council.

Handbook 12 June 2019 Section 2. County Extension Homemakers Associations:

The Kentucky Extension Homemakers Association in cooperation with the Kentucky Cooperative Extension Service serves all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. Application for membership shall be made in writing to the County Extension Homemakers Association and be accompanied by dues for one year. Membership may be initiated or terminated as may be provided in the Articles of Incorporation or by these By-Laws. To be eligible to affiliate with the Area Association or State Association, the County Association must have by-laws outlining the responsibilities of its officers and committee chairmen and must pay dues.

Each county holding membership in KEHA shall have two voting delegates for the KEHA Annual Business Meeting.

Section 3. KEHA year shall be the fiscal year of July 1 to June 30. This shall apply to all levels of the association.

ARTICLE III - OFFICERS AND ELECTED CHAIRMEN ELECTION AND DUTIES

Section 1. Officers

- a. The officers of the KEHA shall be a President, a President-elect (when applicable), a First Vice-President, a Second Vice-President, a Secretary and a Treasurer.
- b. The officers of the Area Association may be a President, a President-elect (when applicable), a First Vice-President, a Second Vice-President, a Secretary, and a Treasurer, or a Secretary-Treasurer.
- c. The officers of the County Associations shall be those stipulated by the County Bylaws.
- Section 2. Elected Educational Program Chairmen of the KEHA shall be Cultural Arts and Heritage; Environment, Housing, & Energy; Family and Individual Development; Food, Nutrition, & Health; Leadership Development; Management & Safety; International; and 4-H/Youth Development.
- Section 3. One elected Marketing and Publicity Chairman shall also serve on the State Board.
- Section 4. Nomination and Election of KEHA Officers and Elected Chairmen.
 - a. The KEHA Executive Committee shall elect a three-member nominating committee prior to the Annual Meeting of the KEHA. This committee shall consist of one member of the KEHA Executive Committee to be elected in 2001 and every third year thereafter; one Area Association President to be elected in 2001 for a two year term and in 2003 and every third year thereafter; and one Educational Program Chairman to be elected in 2001 for a one year term and in 2002 and every third year thereafter. The member serving the third year of their term shall serve as Chairman. A member of the University of Kentucky Extension Family and Consumer Sciences staff shall serve as advisor.

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- b. The Nominating committee shall present the names of nominees from those candidates whose credentials are in order. Credential forms can be found in the Appendix.
- c. The qualifications for nominees for state officers and elected chairmen shall be as follows:
 - (1) A nominee for President-elect or First Vice President must be a member of KEHA, have served as a County Extension Homemakers Association President and on the KEHA Board of Directors.
 - (2) A nominee for Second Vice President must be a member of KEHA, and must have served as a County Extension Homemakers Association President.
 - (3) A nominee for Secretary must be a member of KEHA and should understand the importance of preserving the official records of KEHA, have the ability to write accurate minutes, and provide a safe repository for official records. A nominee must have served as a county or area secretary of an Extension Homemakers Association.
 - (4) A nominee for Treasurer must be a member of KEHA and shall be eligible for bonding, knowledgeable in bookkeeping and familiar with long and short term investments. A nominee must have served as Treasurer of the County or Area Extension Homemakers Association.
 - (5) A nominee for Elected Educational Program Chairman must be a member of KEHA and must have served or be serving as an officer, or Educational Program Chairman of the County or Area Extension Homemakers Association.
 - (6) A nominee for Marketing and Publicity Chairman must be a member of KEHA for at least one full year at the time of election, and have skills in communications, social media, creativity, writing, and computer proficiency.
- d. Board members cannot serve in two positions simultaneously on the KEHA Board.
- e. A state officer, state elected chairman or area president of KEHA may not resign from a presently held position in order to run for another KEHA state board position. An individual appointed to fill a vacancy shall be eligible to run for an elected position.
- f. After the meeting of the Nominating Committee, they shall notify the nominees and verify their availability and request their attendance at the KEHA Annual Meeting at which the election is to be held. The entire credentials of the nominees, as submitted, shall go to each county's two voting delegates and to the County Extension Family Consumer Sciences Agent at least two weeks before the KEHA Annual Meeting. Supplementary materials should not be circulated or considered.
- g. If no nominations for an Officer or Elected Chairman have been received by the nominating committee by the thirty (30) days prior to the KEHA Annual Meeting, nominations may be made from the floor by any voting delegate provided the candidate meets the qualifications for eligibility in Article III, Section 3, as verified by the nominating committee. Credentials must be submitted before the opening session of the KEHA Annual Meeting.
- h. Election shall be by ballot unless there is but one (1) nominee for the office, in which case a show of the voting cards may be taken at the business meeting of the KEHA Annual Meeting. A candidate must receive a majority vote of the official delegates voting to be elected. If a majority is not reached after two ballots are cast, only the two candidates receiving the largest number of votes on the last ballot shall remain on the ballot for the final vote.

- i. The Secretary shall be elected the year the President-elect moves up to President, the First Vice-President and Treasurer shall be elected the following year, and the President-elect and Second Vice President the next year.
- j. Officers, with the exception of President-elect, shall serve for a term of three years or until their successors are elected or appointed. The President-elect shall serve for one year, followed by a three-year term as President. No officer shall succeed himself/herself in the same office. New officers will take office July 1.
- k. Elected Educational Program Chairmen shall serve for a term of three years or until a successor is elected or appointed. No elected Chairman shall succeed himself/herself in the same office. New Chairmen will take office July 1.
 - The following Chairmen shall be elected the same year as the First Vice President and Treasurer.
 Environment Housing & Energy

Environment, Housing & Energy Leadership Development Food, Nutrition & Health

(2) The following Chairmen shall be elected the same year as the President Elect and Second Vice President.

Family & Individual Development Cultural Arts & Heritage International

(3) The following Chairmen shall be elected the same year as the Secretary.

4-H Youth Development Management & Safety

- 1. The Marketing and Publicity Chairman shall serve for a term of three years or until a successor is elected or appointed but shall not succeed himself/herself. The first election will be held 2020, then subsequently elected every three years thereafter. The chairman shall take office July 1.
- m. The Executive Committee shall be responsible for making appointments to fill the vacancy occurring in any elected position with the exception of President or President-elect. The appointment shall be for the remainder of the unexpired term. In the event of a vacancy occurring in the office of President, the First Vice President shall fill the unexpired term. Any open position will be announced, and credentials will be accepted that are postmarked within thirty (30) days of the announcement.
- n. In the event of a vacancy occurring in the office of President-elect, the First Vice-President shall assume the duties of the President-elect and an election for President will be held at the next KEHA annual meeting.

Section 5. Nomination and Election of Area Officers

- a. The Area Executive Committee shall elect a three-member nominating committee prior to the Annual Meeting at which election is to be held. The committee shall consist of three County Presidents with the Area Extension Homemaker Contact Agent as advisor.
- b. The Nominating Committee shall select a slate of candidates from those whose names and credentials have been submitted by their County Extension Homemakers Councils and signed by a County Council Officer other than the candidate.

- c. The qualifications for nominees for an Area office are:
 - A nominee for Area President, President-elect (when applicable), and First Vice-President must be a member of KEHA and have served previously as a County Elected Officer.
 - (2) A nominee for Area Second Vice-President must be a member of KEHA, and have served previously as a County Elected Officer.
 - (3) A nominee for Area Secretary or Treasurer or Secretary-Treasurer must be a member of KEHA and have served as a county or club Secretary and /or Treasurer.
- d. The Nominating Committee shall notify the nominees, the nominees' County Presidents and Extension Family & Consumer Sciences Agent and request the attendance of the nominees at the Area Annual Meeting at which the election is to be held.
- e. The Nominating Committee shall report the names of candidates to the voting delegates of the Area at the Area Annual Meeting.
- f. Nominations may be made from the floor by any voting delegate, provided the nominee's credentials are submitted by the County Extension Homemakers Council and signed by a County Council Officer other than the candidate.
- g. Election shall be by ballot. A candidate must receive a majority vote of the official delegates voting to be duly elected.
- h. The term of office shall be three years. The President-elect, (if applicable) shall serve for one year, followed by a term as President. New officers shall assume office at the close of the Area Meeting at which they are elected.
- i. A vacancy in the office of Area President shall be filled by the Vice-President or First Vice-President (if applicable) for the unexpired term. The Area Executive Committee shall fill vacancies occurring in any other office providing credential requirements of Article III, Section 4, (c) have been satisfied. The appointment shall be for the unexpired term.

Section 6. Duties of State Officers and Elected Chairmen

- a. The duties of the President shall be:
 - To preside over all KEHA business meetings, which include Board of Directors, Executive Committee, KEHA Annual Meeting and any special called meetings;
 - (2) To represent the KEHA at meetings of other organizations (this duty may be delegated);
 - (3) To attend at least one Annual Meeting in each Area during the term of office;
 - (4) To make a report of activities to voting delegates at the KEHA Annual Meeting;
 - (5) To appoint all special committees and standing committees unless otherwise provided for;
 - (6) To appoint a KEHA Parliamentarian who, after review and approval by the Executive committee shall serve the same tenure as the President;
 - (7) To appoint one member each year to serve a three-year term on the Bylaws Committee to review the bylaws and to propose changes as needed.

- (8) To appoint the 2nd voting delegate to the National Volunteer Outreach Network (NVON) meeting;
- (9) To serve as an ex-officio member of all committees except the nominating committee.
- (10) To be responsible for the annual update of the organizational history of KEHA.
- (11) To promote a closer working relationship between the KEHA Board of Directors and KEHA membership.
- b. The duties of the President-Elect shall be:
 - To attend all KEHA business meetings, which include Board of Directors, Executive Committee, KEHA Annual Meeting and any special called meetings;
 - (2) To prepare for the office of President, by accompanying the President at various meetings and functions;
 - (3) To assist the President and perform all assigned duties during the one-year term of office;
 - (4) To serve with vote on the Executive Committee and the KEHA Board of Directors;
 - (5) To attend meetings that the President deems necessary, representing KEHA;
 - (6) To serve as official delegate to the Associated Country Women of the World (ACWW) Triennial Meeting and the orientation to that conference Country Women's Council (CWC Meeting), and report back to the general membership; and,
 - (7) To promote a closer working relationship between the KEHA Board of Directors and KEHA membership.
- c. The duties of the First Vice-President shall be:
 - (1) To attend all KEHA business meetings, which include Board of Directors, Executive Committee, KEHA Annual Meeting and any special called meetings;
 - (2) To serve as aide to the President;
 - (3) To perform the duties of the President in his/her absence or inability to serve and to assume the office of President in the event of a vacancy in that office;
 - (4) To assume the office of President-elect in the event of a vacancy in that office;
 - (5) To serve as Chairman of the Program of Work; leading and coordinating Educational Program Chairmen and Kentucky Cooperative Extension Service Advisors to develop programs, awards and recognition;
 - (6) To prepare the annual reports of KEHA Educational Programs with the assistance of the Educational Program Chairmen;
 - (7) To plan and coordinate educational sessions and workshops for the KEHA Annual Meeting in cooperation with the Educational Program Chairmen; and,
 - (8) To promote a closer working relationship between the KEHA Board of Directors and KEHA membership.

- d. The duties of the Second Vice-President shall be:
 - (1) To attend all KEHA business meetings, which include Board of Directors, Executive Committee, KEHA Annual Meeting and any special called meetings;
 - (2) To serve as KEHA Membership Chairman providing programming ideas to encourage and promote membership;
 - (3) To serve as aide to the President;
 - (4) To perform all the duties of the President or First Vice President in their absence or inability to serve;
 - (5) To prepare annual membership reports to KEHA;
 - (6) To oversee marketing providing internal and external publicity promoting KEHA;
 - (7) To provide housing and availability of KEHA marketing materials;
 - (8) To be responsible for all aspects of ordering merchandise items and maintaining and selling KEHA branded merchandise by mail, at the KEHA Annual Meeting and other appropriate venues;
 - (9) To oversee publishing of KEHA newsletter and appointing of newsletter editor subject to approval of the Executive Committee;
 - (10) To appoint and chair the committee to review the grant criteria and guide the process in determining awards; and,
 - (11) To promote a closer working relationship between the KEHA Board of Directors and KEHA membership.
- e. The duties of the Secretary shall be:
 - To attend all KEHA business meetings, which include Board of Directors, Executive Committee, KEHA Annual Meeting and any special called meetings, taking minutes and preparing them for distribution;
 - (2) To handle correspondence as requested by the State President and/or the State Board of Directors;
 - (3) To make minutes and records of meetings available to board members within 60 days of the close of the meeting;
 - (4) To oversee the updating and publishing of the KEHA Manual;
 - (5) To keep on file the names of all committee members, the purpose of the committee and the reports of the committee;
 - (6) To work with state advisor to preserve in archiving the minutes, annual reports, financial reports, and other historical data; and,
 - (7) To promote a closer working relationship between the KEHA Board of Directors and KEHA membership.
- f. The Duties of the Treasurer shall be:
 - (1) To attend all KEHA business meetings, which include Board of Directors, Executive Committee, KEHA Annual Meeting and any special called meetings;
 - (2) To keep an accurate record of all KEHA funds and have records reviewed annually by a Certified Public Accountant;

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- (3) To submit any and all forms required by the Internal Revenue Service for non-profit corporations and as required by the State of Kentucky on or before the required date;
- (4) To keep records as established unless changes are recommended by the retained Certified Public Accountant, including separate records of:

General Fund Evans/Hansen/Weldon Memorial Scholarship Fund Coins for Change All Special Funds;

- To receive dues from the counties and report paid memberships to the 2nd Vice-President;
- (6) To pay monies as directed by the Board of Directors;
- To give complete Treasurer's report at business meetings of the Board of Directors and the KEHA Annual Meeting;
- (8) To serve on the finance committee; and,
- (9) To promote a closer working relationship between the KEHA Board of Directors and KEHA membership.
- g. The Duties of KEHA Educational Chairmen shall be:
 - (1) To attend all KEHA business meetings which include Board of Directors, KEHA Annual Meeting and any other special called KEHA Meetings;
 - (2) To develop and implement KEHA programs;
 - (3) To compile annual reports to KEHA;
 - (4) To work with the Cooperative Extension Service personnel on developing KEHA educational programs;
 - (5) To develop any special projects that the KEHA Board of Directors recommends to meet a current identified need;
 - (6) To develop and implement any contests and awards which shall be reviewed and approved by the KEHA Board of Directors;
 - (7) To give an oral report at the Fall Board of Directors' Meeting and a written report at the Spring Board of Directors' Meeting; and,
 - (8) To promote a closer working relationship between the KEHA Board of Directors and KEHA membership.
 - h. The Duties of KEHA Marketing and Publicity Chairmen shall be:
 - (1) To attend all KEHA business meetings which include Board of Directors, KEHA Annual Meeting and any other special called KEHA Meetings;
 - (2) To interface with State 2nd Vice President and Area Vice Presidents for Marketing and Publicity purposes;
 - (3) To coordinate KEHA Week statewide and maintain the Website Toolbox;
 - (4) To manage the KEHA social media presence;

- (5) To give an oral report at the Fall Board of Directors' Meeting and at the Spring Board of Directors' Meeting;
- (6) To develop materials for use in the statewide promotion of KEHA; and
- (7) To collaborate with other organizations to market KEHA.

Section 7. Duties of Area Officers.

- a. The duties of the President shall be:
 - (1) To represent the Area on the KEHA Board of Directors;
 - (2) To give a brief report of the Area activities at the KEHA Board of Directors' meetings and the area council meetings;
 - (3) To attend at least one County Annual Meeting in each county of the area during the term of office, expenses to be paid by host county;
 - (4) To preside at all Area Meetings;
 - (5) To appoint area chairmen when applicable;
 - (6) To appoint a committee to examine the treasurer's books, annually (the committee shall be the Area President, one County President and a Family and Consumer Sciences Agent); and,
 - (7) To serve when assigned to a special project by the State President.
- b. The duties of Vice-President or (if applicable) First Vice-President shall be:
 - (1) To attend all Area meetings;
 - (2) To serve as aide to the President;
 - (3) To perform all duties of the President in that officer's absence or inability to serve and to assume the office of President or President-elect (if applicable) in the event of a vacancy in either of these offices;
 - (4) To implement, promote, and carry out KEHA Educational Programs;
 - (5) To prepare annual report, and;
 - (6) To perform all other duties as may be assigned to that office.
- c. The duties of (if applicable) Second Vice-President shall be:
 - (1) To attend all Area Meetings;
 - (2) To serve as aide to the President;
 - (3) To inform county of all available materials marketing KEHA;
 - (4) To provide information and training on marketing KEHA in order to increase membership; and,
 - (5) To perform all other duties as may be assigned to that office by either the Area President or the Area Council.
- d. The duties of the Secretary and Treasurer or Secretary-Treasurer shall be:
 - (1) To keep an accurate record of all Area funds and present a complete and written record at the Annual Business Meeting, or whenever requested, of money received and paid out; and,

(2) To record and preserve accurate minutes and records of all Area meetings and Area Council meetings.

ARTICLE IV - BOARD OF DIRECTORS AND EXECUTIVE COMMITTEE

Section 1. Board of Directors

The direction of the affairs of the State Association shall be vested in a Board of Directors composed of the five elected state officers of the Association and the President-Elect (when applicable), which serves as the Executive Committee, the fourteen elected Area Extension Homemakers Association Presidents, eight elected Educational Program Chairmen, and one elected Marketing and Publicity Chairman, all with voting privileges, including the President who may vote if desiring to do so or who may vote to break or make a tie. The action of the Board of Directors shall be subject to policies adopted by the Association. The Assistant Director of Extension Family and Consumer Sciences, the assigned Extension Advisor, the President of the Kentucky Extension Association of Family and Consumer Sciences, the KEHA Parliamentarian and a Master Farm Homemaker's Guild representative shall be non-voting, ex-officio members and shall serve in an advisory capacity to the Association.

- a. Annual Meetings The Board of Directors shall have one spring meeting, and one fall meeting per year and;
- b. Quorum One-half of the membership of the Board of Directors shall constitute a quorum.
- Section 2. Executive Committee
 - a. The Executive Committee shall be composed of the five elected officers of the State Association, the KEHA Parliamentarian and the President-Elect when applicable;
 - b. The Committee shall plan meetings of the Board of Directors and the Annual Business Meeting of KEHA;
 - c. The committee shall meet as often as necessary to attend to the business of KEHA; and,
 - d. The committee shall review and approve all position appointments.

ARTICLE V – FINANCING

Section 1. Dues

- a. Annual dues of the KEHA shall be **four dollars** per member payable by December 15 of each year to the KEHA Treasurer by the Treasurer of each County Association, based on membership as of December 1 and shall be delinquent on December 31. Any county whose dues are delinquent will not have the privilege of voting at the Annual Business Meeting of the KEHA.
- b. Area Dues These shall be as provided in the bylaws of each Area Association.
- c. County Dues These shall be as provided in the bylaws of each County Association.

ARTICLE VI - MEETINGS

Section 1. KEHA Meetings

The Kentucky Extension Homemakers Association, Inc. shall have a KEHA Annual Meeting. The place and date is designated by the Board of Directors.

- a. Special meetings may be called by the President or by two thirds vote of the Board of Directors or by request of one third of the County Associations, stating reasons for the meeting. Notice of all special meetings shall be sent at least 10 days prior to the meeting, stating the objectives of the meetings and the subject or subjects to be considered.
- b. At all meetings of the KEHA, the voting delegates from each county present shall constitute a quorum.
- c. Annual Business Meeting All Board of Director members shall have the privilege of making motions and entering into debate at KEHA Annual Meetings but do not have the privilege to vote. The President may vote to break or make a tie.

Section 2. Area Meetings

Area meetings may be held annually. An area must have at least one meeting every three years. Each area has the responsibility of developing the program for its area meetings.

Special meetings may be called by the President, or by request of one third of the member counties, stating reason or reasons for meeting.

ARTICLE VII - AMENDMENTS

The State Bylaws may be amended by two thirds vote of the county voting delegates at the KEHA Annual Meeting. Copies of the proposed bylaw changes shall be sent to each county's two voting delegates and to the County Extension Agent for Family & Consumer Sciences at least two weeks before the KEHA annual meeting.

ARTICLE VIII - DISPOSITION OF ASSETS IN CASE OF DISSOLUTION

The Board of Directors of the Kentucky Extension Homemakers Association, Inc. directs that in case of dissolution of the Kentucky Extension Homemakers Association, Inc. all assets of the Association be transferred to the University of Kentucky Family and Consumer Sciences Extension Legacy Fund.

ARTICLE IX - PARLIAMENTARY AUTHORITY

The rules contained in the latest edition of <u>Roberts Rules of Order Newly Revised</u> shall govern this organization in all cases to which they are applicable and in which they are not inconsistent with the KEHA Bylaws.

Revised	April 28, 1998
	May 14, 2008
	May 6, 2015

April 27, 1999 April 22, 2009 May 8, 2018

April 24, 2001 May 12, 2010 May 15, 2019 April 19, 2005 May 16, 2012

> Handbook 22 June 2019

Bylaws pages were reformatted in **June 2019.** Handbook page 23 is now blank.

STANDING RULES

General

- 1. Kentucky Extension Homemakers Week shall be observed the second full week of October.
- 2. One month shall be designated as International month. (February-April) (3/10/2015)
- 3. The KEHA State Newsletter shall be printed and mailed each year in February. The deadline for submitting entries shall be January 15. (3/11/2014)
- 4. The spring board meeting shall be held at the location of the State KEHA annual meeting. (4/25/00)
- 5. State officers, chairmen and area presidents shall submit their reports electronically to the KEHA President and UK Advisor by November 1. Reports will be placed on the KEHA Website. (11/11/14)

Administration

- 1. Correspondence from state educational program chairmen to area chairmen shall also be sent to the state president, 1st vice president, area presidents and KEHA state advisor. (3/11/2014)
- 2. Original minutes shall be kept on file in both hard copy and electronic formats. The outgoing secretary shall organize a file with hard copies for submission to archives. (3/11/2014)
- 3. Updates for the KEHA membership list must be entered in the online database as changes occur and all records should be reviewed and updated by January 15 each year. (3/11/2014)

Elections

- Persons submitting credentials for any elected position[s] on the KEHA Board of Directors shall send them by certified mail to the KEHA Secretary as listed on the current directory. Credentials must be postmarked at least thirty (30) days prior to the KEHA Annual Meeting. (11/11/08)
- 2. The Chairman of the nominating committee shall notify Area Presidents if there are no nominees for an elective office. (11/13/01)
- 3. Nominees for a state elective office shall provide a currently dated credential form properly signed by a county council officer other than the candidate.
- 4. Current officers have the option of remaining in the position or vacating the office when titles and job descriptions of offices change. (09/13/00)

Finance – General

- 1. The Treasurer shall be bonded for no less than fiscal year-end financial report balance. Letter of certificate of bond shall be presented to the Executive Committee yearly for review and proof of bond. The expense shall be paid by KEHA.
- 2. The KEHA general bank checking account will move to a bank in or near the community of the person elected treasurer. The bank should, if possible, be selected by bid from banks in the area. The 1st Vice President and 2nd Vice President shall serve as second signatories for the account. (3/12/2019)
- 3. The Executive Committee shall establish and act as trustees for an account which will include special funds listed. The account shall be maintained by a financial institution in instruments that are U.S. Government or FDIC insured. Monies for special projects and scholarships will then be distributed as directed by the Executive Committee as trustees. (3/11/2014)

4. The following minimum balances shall be established for these special funds:

Travel	\$54,250	
KEHA Scholarship	\$29,250	
Mini Grant	\$19,250	
Evans/Hansen/Weldon Mem. Sch.	<u>\$47,250</u>	
Total Special Funds	\$150,000	(June 2007)

These amounts should remain in each account. Should interest not generate enough funds to maintain programs, they will be discontinued until such time as these funds are available. Interest not used from previous year will be available for the current year programs. All requests for special travel funds must go before the Finance Committee prior to incurring the expense. The Finance Committee will review the request and forward recommendations to the Executive Committee for action. (11/11/14)

- 5. The KEHA Board of Directors shall have the authority to approve unbudgeted expenditures up to \$5000.00. Proposed unbudgeted expenditures over \$5000.00 must be approved by KEHA voting delegates at a regular or called business meeting. (03/18/98)
- 6. All scholarships shall be at least \$500 per recipient. If funds are not adequate, balance will be retained in account until adequate funds are available. (05/04)
- 7. The fund "Pennies for Friendship has been renamed "Coins for Change" for clarification. Fifty percent (50%) of the Coins for Change that are collected will be sent to the ACWW World Headquarters in London, England to support projects for world friendship and understanding through "Pennies for Friendship." Fifty percent (50%) will be retained by KEHA. The portion of "Coins for Change" retained by KEHA shall fund the International program of work, including the Homemaker Exchange Program and required travel by the International Chairperson to ACWW and CWC meetings. To facilitate budget planning, funds collected within a given KEHA year shall be notified of the remittance amount by February 1 each year and shall submit a budget for these funds by the spring KEHA Board meeting. (The details of "Coins for Change" and also the KEHA International Exchange program can be found elsewhere in the manual.) (3/11/2014)

Finance – Budget

- 1. Any expense that exceeds budgeted amount must be approved by Executive Committee before payment.
- 2. No money in the KEHA treasury, savings, or otherwise can be committed and/or released without approval of the KEHA Board of Directors.
- 3. Checks written to areas for area annual meeting and Master Clothing Volunteer Program must be requested by area treasurer with checks written and sent to the area treasurer.
- 4. Funds collected for a special purpose (i.e. Ovarian Cancer Research, Kentucky Academy, etc.) may only be used for the designated purpose. For recordkeeping purposes, the appropriate KEHA officer or chairman shall submit a request in writing to the KEHA Treasurer before funds will be dispersed. The KEHA Treasurer will forward such proposals to the KEHA Executive Committee for approval. Approvals may be granted via email, phone conference or at any called or scheduled meetings. (03/2013)

Finance – Committee

- 1. A Finance Committee consisting of the Treasurer, a state Educational Program Chairman, and one Area President shall prepare an annual budget to be presented to the voting delegates at the annual state business meeting. (3/11/2014)
- 2. All proposals for funding including the budget shall go before the Finance Committee for formal review before being presented to the KEHA Board of Directors for approval. Proposed budget requests from officers, Educational Chairmen, and committees are due in writing to the Finance Committee by January 31. (11/13/01)

Finance – Expenses

- The mileage allowance shall be \$0.40 per mile. Reimbursable mileage includes mileage from home or the Kentucky state line to meeting site and return as well as meeting related travel. (3/15/2016)
- 2. Expenses for travel and lodging shall be paid for KEHA Board of Directors members and special committee members to KEHA meetings, KEHA Annual Meeting and special committee meetings. Meal allowance will be \$30.00 per day except for required function.
- 3. To be reimbursed for all expenses, all requests must be filed with the Treasurer within 60 days after the expense occurs.
- 4. Any KEHA member serving as a NVON officer may request reimbursement for transportation to the annual NVON Conference. Such reimbursement would come from special travel funds and may not exceed 10% of the balance in the special travel account. Special travel funds must be requested prior to travel. (11/10/2015)

Finance – Credit Card

- 1. The KEHA treasurer shall establish a single credit card account at the bank where the general fund account is held. (11/14/2016)
- 2. The President and 1st Vice President will be the designated card users, with the card to be used ONLY for necessary expenses with the bi-annual board meetings and annual state meeting. (11/14/2016)
- 3. Any time the card is used, the receipt should be scanned as soon as possible and emailed to the KEHA Treasurer. (11/14/2016)
- 4. Statements shall be mailed to the KEHA Treasurer. (11/14/2016)
- 5. As monthly statements are received, the treasurer shall verify all charges to submitted receipts, secure any missing receipts, pay the balance due and post expenses to the appropriate budget categories. (11/14/2016)
- The card should not be used for travel expenses by any individual officer. Those expenses should be paid by the individual and reimbursed by submission of an expense voucher. (11/14/2016)
- 7. The treasurer shall pay the monthly credit card bill online after securing approval from either second signatory designated on the organization account. (3/12/2019)

COMMITTEES

Bylaws Committee

- 1. Members of the committee will be appointed by President for 3 year rotating terms. (Reference Article III, Section 5, a.8)
- 2. The committee will review bylaws annually to assure compliance and propose changes as needed.
- 3. The committee will review Standing Rules annually and recommend changes.
- 4. The current State Parliamentarian will serve as an ex-officio member to the bylaws committee.

Area(s) Host Committee for KEHA State Meeting

- The committee will consist of the State KEHA 1st Vice-President for Program, an agent, a UK specialist, and the host area(s) president(s). The host area(s) president(s) shall serve as chairman/co-chairmen. The committee shall also include county representation from the host area(s). (3/11/2014)
- 2. The area(s) host committee will plan the trade show, tours, hands-on activities and hostess/hospitality for the KEHA State Annual Meeting. (3/11/2014)
- 3. The 1st Vice-President will coordinate logistics, space and equipment. The area(s) host committee will assist if requested. (3/11/2014)

KEHA Annual Meeting Site Selection Committee

- The KEHA Annual Meeting Site Selection Committee will be appointed every 2 years. The committee will be made up of the State KEHA 1st Vice-President for Program and two other board members. (3/06)
- 2. The committee will send out a "Request for Proposals" to major hotels across the state and evaluate the proposals to find locations for the KEHA Annual Meeting. (3/06)
- 3. The committee will make site recommendations to the Board of Directors at the spring board meeting. (Example The 2014 committee will recommend sites for 2016 & 2017). (3/06)

Internal Audit Committee

- 1. This committee will conduct an annual audit of the financial records of the Kentucky Extension Homemakers Association.
- 2. The audit will be completed prior to the state meeting each year and will cover the time period of the most recently ended fiscal year (July 1 June 30). The President shall allot a time period during the fall board meeting for this audit to be conducted.
- 3. Items to be made available by the treasurer for the yearly internal audit are: bank statements, check register, vouchers, and receipts for period covered.
- 4. Approval of the audit will be entered into the minutes of the Kentucky Extension Homemakers Association Annual Meeting.
- 5. The treasurer will provide the Audit Committee with a copy of the check register and bank statements at the spring and fall board meetings. (3/11/2014)
- 6. The treasurer should make available vouchers and receipts for viewing by the committee at the spring and fall board meetings.

PARLIAMENTARIAN

- Will be appointed by the President for a 3 year term. (Reference Bylaws Article III, Section 5, #6)
- 2. Must have general knowledge of Roberts Rules of Order Newly Revised. (Reference Bylaws Article IX)
- 3. Will attend the spring and fall meetings of the KEHA Board of Directors, Executive Board meetings, the KEHA Annual Meeting, and other meetings as required with expenses paid by KEHA.
- 4. People interested in the position shall express their interest to the President-elect in writing and include their qualifications. (11/1/02)

VOTING DELEGATES ROLE AND RESPONSIBILITIES

- a. Each county holding membership in the State Association shall have two voting delegates for state business. (ARTICLE II, Section 3, paragraph 2)
- Annual dues of the State Association are payable by December 15 of each year to the State Association Treasurer and shall be delinquent on December 31. Any county whose dues are delinquent will not have the privilege of voting at the annual business meeting of the State Association. (ARTICLE V, Section 1, a., second sentence)
- c. At least two weeks prior to the state annual meeting, information packets will be sent to each county Extension office via the University of Kentucky email system and to the KEHA Board via email. The FCS Extension Agent and area KEHA president should insure that each voting delegate receives a copy of the packet. Packets may include credentials for any candidates to be elected, proposed bylaw changes and other necessary information.
- d. Serving as a voting delegate is an important duty. Delegates should study the documents sent to them so they can represent their county and the state organization wisely.
- e. If a designated county voting delegate finds she cannot attend the annual meeting, an alternate should be chosen as soon as possible and her registration sent to the Treasurer. The delegate packet should be given to the alternate so she can study the issues and be prepared.
- f. Upon arriving at the annual meeting site, a delegate should sign in at the KEHA registration desk as soon as possible and pick up additional delegate information.
- g. Delegates arriving at the annual meeting site on the day of the business meeting should plan to be duly registered at least one hour before the start of the business meeting and in their seats at least ten minutes prior to the start of the meeting unless otherwise instructed.
- h. Before an annual meeting can transact any business, the Credentials (Roll Call) Committee chairman must officially report the number of registered delegates. Since this must be the first thing done after opening ceremonies, late registration can delay the start of the meeting even though it is otherwise ready to begin.
- i. Official voting delegates wanting to address the annual meeting should go to a microphone and be recognized by the Chairman. They clearly state their name, title (if any) and their county. An example would be, "Madame Chairman, I am Jane Doe, Alpha County President." The delegate then states her question or remark, waiting at the microphone for an answer or resuming her seat, whichever is appropriate.
- j. Each delegate will receive a voting card to use when voting on an issue. Cards should be left on the chairs after the business meeting is concluded so they can be reused.
- k. Any questions about the delegate process may be referred to the State Parliamentarian.

Standing rules pages were updated and reformatted in **June 2019.** Handbook page 29 is now blank.

Cultural Arts and Heritage Program of Work 2019-2022

2019-2020

Focus: Swedish Weaving

Situation: Swedish weaving is embroidery of geometric motifs, using a simple darning or weaving stitch. It is a type of needle art that creates a surface design by weaving floss or yarn under raised floats on the fabric. The types of even weave fabrics are Monk's Cloth, Huck Toweling, Aida, and Stockholm. The yarn will not be visible on the backside of the fabric.

Swedish weaving became popular in America in the 1930's-1940 as we began to decorate or enhance white linens, particularly Huck Towels. Swedish weaving is a simple and straightforward form of needlework and can be mastered and enjoyed by all ages. Projects created with Swedish weaving could be baby blankets, throws, pillows, table runners, placemats, hand towels, ornaments, bread cloths, and etc.

Objectives:

- 1. Learn basic Swedish Weaving techniques as a foundation for more advanced work.
- 2. Encourage enjoyment of Swedish Weaving techniques to decorate both handmade and purchased items.
- 3. Promote programs for the conservation and preservation of Swedish Weaving items and other textile.

Activities:

- 1. Attend and participate in Homemaker club program focusing on Swedish Weaving.
- 2. Support local classes and programs where Swedish Weaving arts and heritage skills are taught.
- 3. Support local museums and historical sites with examples of Swedish Weaving.

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2020-2021

Focus: Weaving: Traditional cloth, material

Situation: Weaving is a method of textile production in which two distinct sets of yarns or threads are interfaced at right angles to form a fabric or cloth. The lengthwise threads are called the warp and the crosswise threads are the weft or filling. Most common natural fibers used are cotton, linen, wool, for natural fibers ; man-made fibers are acrylic and nylon yarns. Once you understand the weaving process, it's easy to recognize the different types of weaving looms. Types of looms are Backstrap, Tapestry, Inkle, Rigid Heddle, Table, and Floor. The simplest loom is a rectangular wooden frame, like a picture frame.

Weaving is one of mankind's most ancient of crafts. Early weaving was usually done by women, therefore considered a women's craft. Weaving in Kentucky is a traditional form of old English and Scottish sources. Weaving centers led to the Appalachian craft revival to help family's financial situation. With the invention of the power looms, the Industrial Revolution lead young women to work the looms. Today's weaving is a popular handcraft and art.

Objectives:

- 1. Learn the basic weaving techniques as a foundation for more advanced weaving work.
- 2. Encourage weaving techniques to decorate both handmade and purchased clothing and household items.
- 3. Encourage Homemakers to read accurate history and techniques for weaving.
- 4. Promote programs for the conservation and preservation of antique woven items.

Activities:

- 1. Attend and participate in Homemaker club program focusing on Weaving.
- 2. Support local museums and historic sites with examples of antique Woven items.
- 3. Attend programs or learn on own the conservation and preservation of antique woven items, textiles.
- 4. Support local classes and programs where basic weaving arts and heritage skills are taught.

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2021-2022

Focus: Pin Weaving

<u>Situation</u>: Pin weaving is a 3 pin arrangement loom. This type of weaving helps the weaver warp and weave without error. It is cheap and portable. It has been around since early 1930's.

Pins are all the way around the frame. Yarn is wound around the pins to accomplish two goals. You only have to weave through half as many times as on a normally warped loom, so its quick and you produce a piece of cloth with a finished selvage all the way around. Small squares may be joined together for throws, placemats, coasters, and small cloth to add to projects.

Objectives:

- 1. Encourage Homemakers to learn more about Pin Weaving.
- 2. Promote programs for the conservation and preservation of pin weaving textiles.
- 3. Encourage Homemakers to read accurate history and techniques for pin weaving.
- 4. Encourage Homemakers to visit museums or historic sites in Kentucky and seek out exhibits of pin weaving and other textiles.

Activities:

- 1. Attend and participate in Homemaker club program focusing on pin weaving.
- 2. Attend programs or learn on your own the conservation and preservation of pin weaving, weaving and other textiles.
- 3. Support local classes and programs where pin weaving is taught along with other heritage skills.

2019-2022 Contest

CONTEST: The KEHA Cultural Arts and Heritage Passport will be offered on an annual basis. The county who records the most events, based on the percentage of members will be awarded \$100.00 and a Travel Trophy at the annual meeting.

OBJECTIVES:

- 1. To Promote Cultural Arts and Heritage.
- 2. To promote and share multicultural experiences.
- 3. To develop educational awareness of historic surroundings

ACTIVITY SUGGESTIONS:

- **1.** Document and encourage travel in Kentucky.
- 2. Promote Homemakers interaction with other counties and area.
- 3. Encourage healthy and active lifestyles

2019-20 CULTURAL ARTS EXHIBIT CATEGORIES

Categories	Subcategories Specialty
	Basic Sewing
	Quilted
	Appliquéd
	Accessory
2 ART 3-DIMENSIONAL	
	Sculpture
3 ART NATURAL	
	Other
4 BASKETRV	
	Dyed Material
	Novelty
	Miniature (under 4 inch)
	Cane
5 DEADING	
J. BEADING	
	Bead-weaving Miscellaneous
(CED A MICS	Hand-formed
0. CERAMICS	
	Molded
	Pre-made
7. COUNTED CROSS STITCH	
	16 - 22 Count
	Specialty Cloth (linens, etc.)
8. CROCHET	
	Accessories
	Home Décor & Afghans
	Thread Crochet
9. DOLL/TOY MAKING	Porcelain/China
	Cloth
	Handmade Toy other than Porcelain/China or Cloth
10. DRAWING	Pastels
	Pen & Ink
	Pen & Ink with Oil Roughing
	Pencil or Charcoal-Black
	Pencil-Color
11. EMBROIDERY	Basic Embroidery
	Crewel
	Candle Wicking
	Smocking
	Ribbon
	Machine Embroidery
	Swedish
	Tatting/Lace Making
	Miscellaneous
12. FELTING*	Wet Method
	Needle Method
13. HOLIDAY DECORATIONS	Spring
	Summer
	Autumn
	Winter

2019-20 CULTURAL ARTS EXHIBIT CATEGORIES (continued)

14. JEWELRY	
	Beaded
	Mixed Media (wire, chain maille, mixed with beads)
15. KNITTING (Hand)	Fashion
	Accessories
	Home Décor and Afghans
16. KNITTING	Other
17. NEEDLEPOINT	
	Plastic
18. PAINTING, ART	Oil
	Acrylic
	Water Color
19. PAINTING, DECORATIVE	Wood
	Metal
	Other
20. PHOTOGRAPHY	
	Color (mounted & framed)
21. QUILTS**	Machine Appliqué (machine quilted)
	Hand Appliqué (hand quilted)
	Hand Pieced (hand quilted)
	Machine Pieced (hand quilted)
	Machine Pieced (machine quilted)
	Novelty (stenciled, embroidered, miniature, etc.) (hand quilted)
	Novelty (stenciled, embroidered, miniature, etc.) (machine quilted)
	Baby or Lap (hand quilted)
	Baby or Lap (machine quilted)
	Technology Based (hand or machine quilted)
	Miscellaneous (hand or machine quilted)
22. RECYCLED ART (Include a befo	pre and after picture)Clothing
	Household
22 DUC MARING	Other Braided
23. RUG MAKING	Woven
	Hooked
	Punch Needle
24 WALL or DOOP HANGING	Functi Needle
24. WALL OF DOOR HANDING	Other
25 WEAVING	Loom
23. WEAVING	Hand (macramé, caning)
26 PAPER CRAFTING	Origami
20. 1711 LICOLUM THAO	Quilling
	Card Making
	Scrapbooking***
27. MISCELLANEOUS	(Items not included in other categories listed, otherwise they will be disqualified)
	(instance in the second secon

* All felted items should be entered in the Felting category under one of the subcategories. Items that have been knitted or crocheted and wet felted should not be entered in Knitting or Crochet.

**Quilts must be completely done by the KEHA member exhibitor. This includes quilting.

*** Scrapbooking entries are limited to 1 or 2 pages. If the entire scrapbook is sent, please designate pages to be judged.



Kentucky Extension Homemakers Association

Cultural Arts and Heritage — Book List

Please help compile the 2020 to 2021 KEHA Book List by suggesting good, well written books, published in the past 3 years. Books should be submitted from the following categories:

- Arts
- Biography
- Family and Consumer Sciences
- Fiction
- History

- Kentucky
- Religion and Spirituality
- Travel
- Classics and Old Favorites (may be older than 3 years)

We need the following information (use a separate sheet for each book).

Name of Book -

Category (from list above) –

Author –

Short Description (3 or 4 sentences; use back if necessary) -

Deadline to submit January 15, 2020 to:

Marilyn Watson KEHA Cultural Arts Chairman 2286 Melwood Drive Henderson, KY 42420 Phone: 270-827-1385 Email: mjmw1315@twc.com

<u> 2019-2020 (Year Two)</u>

TITLE: Birds and your Outdoor Spaces

Goal: KEHA members will learn ways (native plantings and habitat building) to encourage a variety of birds to inhabit their landscape.

Objectives:

- 1. Understand how native plants are good for the environment and encourage birds to inhabit your space.
- 2. Identify plants that are particularly appealing to the birds you wish to attract.

Resources:

- Trees, Shrubs, and Vines that attract wildlife https://forestry.ca.uky.edu/sites/forestry.ca.uky.edu/files/for68.pdf
- Twenty-five Kentucky native plants that attract birds and butterflies https://www.bettyhallphotography.com/resources/twenty-five-kentucky-nativeplantsthat-attract-birds-and-butterflies/
- Create a Backyard Bird Watching Haven https://www.genuinekentucky.com/birds/create-a-backyard-bird-watching-haven/
- Pocket Field Guide- Landscaping for Wildlife: Common Birds of Kentucky https://www.louisvillewater.com/sites/louisvillewater.com/files/user_uploads/Water%20 Quality/Wellhead%20Protection/SRAG%20800%20Landscaping%20for%20Wildlife%2 0Birds.pdf
- Pocket Field Guide to Kentucky's Wildflowers and Native Grasses https://www.louisvillewater.com/sites/louisvillewater.com/files/user_uploads/Water%20 Quality/Wellhead%20Protection/SRAG%20200%20%20Pocket%20field%20guide%20 Ky%20wildflowers.pdf
- Central Kentucky Audubon Society http://www.centralkentuckyaudubon.org/?fbclid=IwAR3erVcc8Q1JRQ06dVcA63pzAO MryTlCVVoS8nzHeKk8h8a2bqrQoabMiI

Suggested Activities:

- o Coordinate with a Horticulture Agent or Master Gardener to present a workshop pertinent
- to birds with neighboring counties.
- Host a plant/seed swap in your county to encourage more native bird habitat.
- Promote opportunities for entering plants and flowers in county fairs and exhibits.
- o Adopt-A-Highway to beautify your community and promote Kentucky Extension
- Homemakers.

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2020-2021 (Year Three)

TITLE: Monarchs, Skippers, Painted Ladies and other Kentucky Butterflies

Goals: KEHA members will learn what type plants are ideal for nurturing butterflies through their life cycle.

Objectives:

- 1. Understand which plants are ideal habitats for butterflies.
- 2. Understand plants to group together to encourage healthy development of butterflies through the life cycle.

Suggested Activities:

- Coordinate with a Horticulture Agent or Master Gardener to present a workshop pertinent
- to butterflies with neighboring counties.
- Host a plant/seed swap in your county to attract butterflies.
- Promote opportunities for entering plants and flowers in county fairs and exhibits.
- Adopt-A-Highway to beautify your community and promote Kentucky Extension
- Homemakers.

Environment, Housing and Energy Awards

Adopt-A-Highway Awards

Goal: To encourage homemaker members to participate in community beautification efforts through participation in the Adopt-a-Highway program from the Kentucky Department of Transportation.

Because the Department of Transportation will post a sign at each adoption site, this will also be an effort to promote KEHA. Name listed to appear on sign should be: Kentucky Extension Homemakers Association – XXX County or Kentucky Extension Homemakers Association – XXX Club.

All counties and clubs fully participating in the Adopt-A-Highway program will be recognized at the KEHA Annual Meeting. Plaques will be given to the county adopting the most miles and the county adopting the most miles as a percentage of membership.

To enter send the following information: (Incomplete entries will not receive recognition.)

- 1) Photos of highway sign(s)
- 2) A copy of the AAH report form for each clean up date: <u>https://transportation.ky.gov/AdoptaHighway/Documents/Adopt-a-Highway%20Program%20Cleanup%20Survey.pdf</u>
- 3) Before and after clean up photos for each clean up date

Entries must be submitted to: Debbie Pierce - grammydp@windstream.net

Environmentally friendly electronic entries with digital photos are encouraged, however paper entries may be submitted to:

Debbie Pierce KEHA Environment, Housing & Energy Chair 429 Marsailles Road Versailles, KY 40383

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FAMILY AND INDIVIDUAL DEVELOPMENT

All Educational Program chairmen are expected to work together to integrate their programs of work and other community projects when possible. Our educational program deals with family life as the core of our society. Our goal is to nurture families through education and positive example. The following are ideas that can help develop each chairperson's program of work.

- Encourage and promote "Dining In" to help build up strong families through communications
- Promote educational program such as *Adolescent Brain Development and Risky Behavior* to better understanding developmental ages and stages
- Encourage members to embrace cultural differences
- Support campaigns against family and community violence
- Promote "Keys to Embracing Aging"
- Support and promote Nurturing Fathers Program
- Promote activities that encourage community involvement in family education such as tutoring in the schools, mentoring of new moms, Project Graduation, Drug Awareness Program, and other similar projects
- Promote Master Clothing Volunteer Program

KEHA Family and Individual Development Chairman – 2018-2021 Leoni Mundelius 675 Ky Hway 198 Stanford, KY 40484 Phone: 606-669-8942 Email: <u>leoni@mundelius.com</u>

Family and Individual Development 2019-2022

Focus 1: Nurturing Teenagers

Rational

Just like the proverb "It takes a village to raise a child" an entire community of people must interact with children for those children to experience and grow in a safe and healthy environment. Positive influence can help build future leaders for our community

Goals

- To improve understanding in developmental changes and stages
- To encourage intergenerational communications by mentoring teenagers towards leadership

Lesson Resources

- *HFD-AFD.216*
- CLD 1-8

Adolescent Brain Development and Risky Behavior Generational Differences

Contest

Implementing a program about Adolescent Brain Development with community activity or projects involving teenagers.

To be considered for county submission must have 100% of all club's participation. To be considered for area submission must have 100% of all county's participation.

Activities

- Choose to invest in memories for children than material things
- Be a mentor to Senior High School students by teaching life skills
- Involving teenagers with community projects such as making "Fidget Mats".
- Implement healthy activities for teenagers such as fishing, bowling, organic gardening etc. and collaborate with your 4-H agent

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Focus 2: Nurturing Self

Rational

Self-care and self-nurturing are vital to our physical and mental health. This maybe the most difficult challenge an individual faces every day; but with discipline and determination it can be overcome.

Goals

- To encourage homemaker members to increase physical activity.
- Improving mental health

Lesson

- *HEEL-LR911 Physical Activity for the Mind and Body*
- FCS8-119 Healthy Bladder Habits Might Help You

Contest

Participate and commit a 6 weeks Physical Activity or Stress Management Program

- To be considered, participants must complete the 6 weeks program or more if desired.
- Entries that include creativity of how the program is conducted in order to attract better participation will gain extra points in the contest.
- Please follow the contest entry guidelines when submitting for the award entry

Activities

- #NNM #UKFCSExt #FitBlueKY for your smart phone
- Implement a 6 weeks physical activity program such as yoga, walking or any outdoor activity
- Start an Outdoor club, all about Ky. Explorers club, Spa club, Morning coffee club etc.

Focus 3: Nurturing Aging

Rational

As one ages, it is important to adapt healthy lifestyle behaviors. Such behaviors greatly impact one's risk of developing age-related dementia. Currently, one in 10 people age 65 and older has Alzheimer's disease. And, of that number, almost two-thirds are women.

Goals

- To adopt healthy lifestyles which promote healthy aging and reduce the risk of dementia
- To manage the challenges and discover the positive aspects of life transitions and growing older

Lesson Resources

- Embrace Aging Program Series
- Understanding Alzheimer's Disease Program Series
- *HFD-AHK.154 Prepare to Care: Self-Care for Family Caregivers publication*

Contests

Any activities that raise awareness or raise funds towards Alzheimer's disease

- To be considered for county submission, must have 100% of all club's participation
- To be considered for area submission, must have 100% of all county's participation

Community Service Projects such as; Fidget Mats follow contest rule Handbook 55

Activities

- Increase homemakers' awareness of dementia\ Alzheimer's disease through participation in community service projects, such as fidget mats.
- Organize a county wide or area wide walking event. One suggestion is to have the walk on June 21 "The Longest Day" or any day of choice. Design your own team spirit shirt for your event. You will wear your team shirts again in the "Longest Day Walk" during KEHA State Meeting. Best team shirt design will win an award.

Fidget Mat/Activity Mat

Sizes can vary from 17x17 up to 22x22 or any desired size.

Mats can be quilted, crocheted or have a store-bought placemats and just embellished. Everything must be adhered securely.

Finished mats must be donated to your local institution of choice.





Samples provided by: Sassy Stitchers of Lincoln County

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Family and Individual Development Contest 2019-2022 Nurturing Families

Overview:

Families come in many forms and strong families are important to communities. This contest is designed to highlight outstanding efforts designed to Nurturing families.

Deadline to enter is March 1st

To submit an entry, email or mail the following evidence of your outstanding efforts to the state Family and Individual Development chairwoman.

Provide details of the project by including:

How did the idea for the project evolve?

Who was involved in planning the project?

Who was the target audience?

What took place and who carried out the project?

What happened as a result?

Future plans to expand or offer again or was this a one-time event.

How did the project strengthen families?

All entries must include:

- A cover sheet found in KEHA Manual, Appendix section 1
- In addition to the cover sheet, no more than four additional typed pages with details of the project should be included with the entry. Pages should be double spaced, 12 point, Times New Roman font and up to 5 pages of support materials such as, but not limited to, news clippings, promotional items, cards or pictures.

Submit entries to Leoni Mundelius at:

Email: leoni@mundelius Postal Mail: Leoni Mundelius, 675 Ky Hwy 198, Stanford, Ky 40484

Questions may be directed to Leoni via email or by calling 606-699-8942.

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FOOD, NUTRITION, AND HEALTH

All educational chairmen are expected to work together to integrate their programs of each when possible. The subject area deals with one's health, nutrition and food. The chairmen should be aware of the following when planning their program of work.

- Use current information for food preservation and food safety techniques to stretch food dollars
- Provide research-based information on healthy foods and their impacts on health
- Conduct programs that contribute to improving nutrition and health for individuals, families, and communities
- Become more aware of opportunities to serve in our opportunities to serve in our communities that focus on nutrition, physical activity, health, and wellness
- Increase health literacy for chronic diseases prevention by knowing health numbers (e.g. blood pressure, cholesterol), family history, and health screenings schedule (e.g. ovarian cancer screenings)
- Promote the University of Kentucky Ovarian Cancer Research Fund program with increased donations and participants
- Reduce chronic disease prevalence through healthy lifestyle choices

Some programs available at your County Extension Offices include:

- Champion Food Volunteer
- Eating for Health
- Food Preservation
- Food Safety
- Making Healthy Lifestyle Choices
- Taking Ownership of Your Diabetes
- Weight the Reality Series
- The Mind/Body Connection
- Healthy Homemakers

KEHA Food, Nutrition and Health Chairman - 2018-2020

Julie Hook 74 County Road 1021 Cunningham, KY 42035 Phone: 270-559-8603 Email: julie.hook@carlisle.kyschools.us

KEHA FOOD, NUTRITION AND HEALTH AWARDS

Ovarian Cancer Financial Contributions (Yearly)

- A plaque will be awarded to the county with the largest amount overall
- A plaque will be awarded to the county with the largest amount per member.
- Certificates will be given to each county that has 100% participation (at least \$1 per member)
- Certificates will be given to any county or club donating over \$1000.
- A plaque will be awarded to the county that has the largest number of first-time ovarian cancer screenings participants. (Submit on yearly report)

Ovarian Cancer Fundraising Contest

- An award will be given to the most creative entry describing the fundraising efforts for ovarian cancer.
- This can be a club, county, group of counties or an area project.
- For the yearly award the project must have been completed between January 1 and
- December 31 of that year.

Guidelines:

All entries must be in a folder or binder and include:

- Cover sheet (see Appendix 1)
- Description of Project
- How many members were involved it the completion of the project?
- How many members attended? How many non-members attended?
- List of collaborative partners (whom and how they participated?)
- Community involvement?

Promoting a Healthy KY Contest

- Awards will be given for the most creative way to promote health issues.
- 1st place Plaque, 2nd and 3rd will receive certificates
- Projects should be completed by December 1st of each year and Entries must be submitted by March 1st of each year.

Guidelines:

All entries must include:

- Project submitted in a folder or binder
- Cover Sheet (see Appendix 1)
- Description of Project
- Number of member and non-members involved.
- Collaboration with other agencies, organizations or individuals.
- Include pictures and promotional materials

Send All Contest Entries to:

Julie Hook, 74 County Road 1021, Cunningham, KY 42035 Phone: 270-559-8603 Email: julie.hook@carlisle.kyschools.us

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4-H YOUTH DEVELOPMENT

All Educational Program Chairmen are expected to work together to integrate their program of work when possible. This program should address the youth of Kentucky and KEHA's bond with those youth. The State KEHA 4-H Youth Development Chairman attends Kentucky 4-H Council meetings and events. (Usually held in January 2nd week, and July.) The KEHA 4-H Youth Development chairmen at all levels should consider the following when planning the program of work:

- Provide a link between KEHA and Cooperative Extension Service (CES) 4-H Youth Development Program.
- Become knowledgeable and encourage participation in county, district and state 4-H Programs such as:
 - 4-H Public Speaking
 - 4-H Demonstrations
 - o County, District, and State Communications Day
 - o 4-H Speeches and 4-H Demonstrations Publications
 - 4-H Communication Curriculum
- Encourage KEHA members to serve as 4-H volunteers leaders.
 - Volunteer to judge county, district and state 4-H Communications Competitions.
 - Volunteer to assist in teaching speeches and demonstrations in county clubs and school clubs.
 - Prepare senior level 4-H members in mock interviews.
 - Practice with local, district and state 4-H members in speeches and demonstrations.
- Encourage KEHA Members to be involved with 4-H events such as: judges, sponsors, or coordinators.
- Promote youth membership in KEHA.
- Encourage all KEHA members to be involved in youth activities such as: Project Graduation, family nights, violence prevention, teenage pregnancy prevention, mentoring, tutoring, drug and alcohol prevention.

Note: Specific Program of Work on following pages.

KEHA 4-H Youth Development Chairman – 2019-2022

Cathy Kunkel-Mains 13127 Madison Pike Morning View, KY 41063 Phone: 859-512-9882 Email: cakuma50@gmail.com

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Kentucky Extension Homemakers Association 4-H Youth Development 2017-2020

Homemakers Support 4-H

We will not be having a special contest in 2017-2020. Instead, we will be honoring the following each year the KEHA State Meeting.

Volunteer Hour for 4-H

- 1. Individual with the most 4-H volunteer hours
- 2. Club with the most 4-H volunteer hours
- 3. County with the most 4-H volunteer hours

If hours are turned in for the individual competition, the hours CANNOT be included for club or county hours. If turned in for club hours, the hours CANNOT be submitted for individual or county hours. If turned in for county, the hours CANNOT be submitted for individual or club. Hours can only be submitted in ONE category.

4-H Camp Scholarships

- 1. Club with the largest dollar amount donated for 4-H camp scholarships
- 2. County with the largest dollar amount donated for 4-H camp scholarships

Rules are the same as volunteer hours – funds donated can ONLY be counted in one of the three categories.

The entry form on the following page must be completed, including signatures of the County Extension Agent for Family and Consumer Sciences Education and/or the County Extension Agent for 4-H Youth Development.

Send entry forms to: Cathy Kunkel-Mains 13127 Madison Pike Morning View, KY 41063 Phone: 859-512-9882 Email: cakuma50@gmail.com

Entries must be submitted by March 1.

Kentucky Extension Homemakers Association 4-H Youth Development 2017-2020

Homemakers Support 4-H

NAME (individual, club or county):			
ADDRESS:			
CONTACT PERSON:			
ADDRESS:			
PHONE: Email:			
Please check appropriate box			
□ Individual □ Club □ County			
HOURS VOLUNTEERED			
DOLLAR AMOUNT TO CAMP SCHOLARSHIPS			
(If individual - signature)			
County 4-H Agent Signature			
County 4-H Agent Signature			

County FCS Agent Signature

INTERNATIONAL

Kentucky Extension Homemakers Association – International, is a Program designed to help change and develop the shifting needs of people in our communities around the globe. KEHA maintains a vital interest in our global societies and their impact in Kentucky, across our nation and worldwide. State International Chairmen attend ACWW's Triennial Conference, CWC and NVON Conferences during their three-year term in office to keep our organization updated on international affairs. Our educational chairmen are expected to work together to integrate their programs of work when possible. Our vast variety of International Goals covers our link to other parts of the world.

- KEHA receives support of our projects and programs through its relationship with these partners:
 - ACWW (Associated Country Women of the World),
 - CWC (Country Women's Council),
 - and NVON (National Volunteer Outreach Network), as well as local and other affiliated organizations

How can you help?

Get involved with KEHA activities by attending meetings, fundraising, paying dues and participating in programs.

- Promote Coins for Change and increase donations;
- Support the ACWW Triennial by implementing Resolutions and Recommendations;
- Promote cultural diversity programs to have a better understanding of the people in other parts of the world and those people from other countries moving into our communities; and
- Promote International Month (to be observed in February, March or April).

Stay updated on International topics and projects by following us on Facebook!

- > Join our KEHA International Facebook Group
- Also be sure to Like & Follow: Kentucky Extension Homemakers Association (@officialKEHA)

KEHA International Chairman – 2018-2021 Becky Grace Clay 7668 Ky Route 580 Oil Springs, KY 41238 Phone: 606-367-4539 Email: beckygrace 07@hotmail.com

KEHA INTERNATIONAL PROGRAM OF WORK 2019-2022

The Kentucky Extension Homemakers Association (KEHA) maintains a vital interest in our global society and its impact in Kentucky, across our nation and worldwide. KEHA receives support for these activities through its relationship with these partners: ACWW (Associated Country Women of the World), CWC (Country Women's Council), and NVON (National Volunteer Outreach Network), as well as local and other affiliated organizations. KEHA involvement includes the activities of attending their meetings, funding assistance, paying dues and participation in their programs. All of the above work is implemented in collaboration with the United Nations "Sustainable Development Goals" (SDGs). These goals assist women who will lead their countries forward as the world society changes and improved technology communication unites the entire world as one.



The KEHA International program will support Kentucky statewide homemaker's activities that will develop and create innovative learning, spotlight global growth projects and highlight learning lessons that achieve these goals. Members are encouraged to apply for recognition <u>of all</u> <u>projects and programs</u> that forward the International Projects and Programs.

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KEHA INTERNATIONAL PROGRAM OF WORK 2019-2022

- Situation: Everyone uses plastic and because we don't always recycle plastic, we end up throwing it away without thinking about how it's truly harming our environment. Plastic comes from oil and oil comes from the Earth. Oil is nature's way of sequestering carbon and humans extract the oil to make fuels and plastics. So when plastic and C02 enter the biosphere they contaminate ecosystems and change the climate. Awareness of what plastic is and where it comes from is the first step in becoming more environmentally friendly and together we can start building green spaces that enrich our community and remove plastic from the biosphere.
- Focus: EcoBricks: Repurposed building blocks that can be reused over and over again to reduce our environmental footprint by increasing clean green spaces that enrich our communities.
- Goal: Promote. Educate. Fundraise. KEHA's EcoBrick Project will reach 7 of the 17 United Nations Sustainable Developmental Goals that are a blueprint to achieve a better and more sustainable future for all. These goals address the global challenges we face, including those related to climate, environmental degradation and prosperity. The Goals interconnect and in order to leave no one behind, it is important that we address each of the 17 Goals and target by 2030
- Objective: Consume Less. Avoid Plastic. Go Organic. EcoBrick! Provide families with the knowledge of how to obtain an affordable and energy efficient structure that they can call home while simultaneously reducing our environmental footprint by repurposing waste and increasing clean green spaces to enrich communities.

Activities & Lessons:

EDUCATE: Make sure to go over the updated International Manual and Appendix sections found at <u>http://keha.ca.uky.edu/content/international</u>. There you will find educational materials, other suggested Projects and Programs, reports and news regarding International Programs.

Promote awareness and raise funds for the EcoBrick Project. Spread the word about EcoBricks and how it will help our environment as well as a family in the Philippines!

BUILD: Learn about EcoBricks by registering for an upcoming training hosted by your State International Chairman. Training topics will educate you on the purpose and vision of EcoBricks and how to build your own EcoBrick Structures.

> Come together as a club and community to build your own EcoBrick Structure. A stepby-step guide and trainings will be available. Please contact your State Chairman to get more information.

REACH OUT: Promote awareness and raise funds for the EcoBrick Project. Spread the word about EcoBricks and how it can help families and communities across the world.

Know a family in need that would be interested in building their own EcoBrick home but do not have the extra funds to get started? Have them fill out an application and they could be selected!

KEHA INTERNATIONAL PROGRAM OF WORK 2019-2022

Below are more examples of other Projects & Programs that are implemented in collaboration with the United Nations Sustainable Developmental Goals. Encourage your club to participate as they all empower Kentucky Homemakers toward community service in collaboration with our partners (ACWW, CWC and NVON) whose goals promote action steps that explore poverty, zero hunger, climate change and leadership development among women worldwide. Be sure to submit a report on each project and program you complete.

GOAL 1: No Poverty

- Access to Adequate Food all Year Round: Support the Backpack Program, local Food Pantries, and Children Feeding Program - both local and International
- Promote awareness and raise funds for the EcoBrick Project

GOAL 2: Zero Hunger

- Grow Local, Buy Local: Grow your own garden, organize a community garden and start a junior garden club to nurture youth in the community, support your local Farmers market.
- Access to Adequate Food all Year Round: Support the Backpack Program, local Food Pantries, and Children Feeding Program - both local and International

GOAL 3: Good Health and Well-Being

- Grow Local, Buy Local: Grow your own garden, organize a community garden and start a junior garden club to nurture youth in the community, support your local Farmers market.
- □ Participate in ACWW's Iron Deficiency Resolution
- D Participate in ACWW's Gender Sensitive Healthcare Resolution
- Participate in ACWW's Health and Nutrition for Women with Emphasis on Environmental Health Resolution

GOAL 5: Gender Equality

□ Participate in ACWW's Domestic Violence Resolution

GOAL 6: Clean Water and Sanitation

- □ Promote awareness and raise funds for the EcoBrick Project
- □ Conduct an educational program "How to Safely Dispose Medications".
- □ Know your water https://www.uky.edu/KGS/education/factsheet-water.pdf
- Organize waterway cleanup activities that involve youth.
- □ Implement a program involving youth on how littering can affect our drinking water.

GOAL 12: Responsible Consumption and Production

Participate in ACWW's Use of Plastic Resolution

GOAL 13: Climate Action

- □ Participate in ACWW's Action of Climate Change Resolution
- □ Tree Planting: With climate change derailing our goal for zero hunger, ACWW members worldwide are urged to plant trees worldwide. Trees retain and supply us with fresh water.
- D Promote awareness and raise funds for the EcoBrick Project

GOAL 14: Life Below Water

- D Promote awareness and raise funds for the EcoBrick Project
- Derticipate in ACWW's Use of Plastic Resolution

GOAL 15: Life on Land

Participate in ACWW's Registration of Old Landfills Resolution

KEHA International Program of Work Eco Brick Structure 2019 – 2022

Objective:

Providing families with the knowledge of how to obtain an affordable and energy efficient structure that they can call home while simultaneously reducing our environmental footprint by repurposing waste and increasing clean green spaces to enrich communities.

Timeline:

- May 2019 December 2020: Promote the understanding of the International Program to all Extension Homemakers while our pilot sites our being constructed.
 - Outdoor Classroom, Johnson County, KY
 - House for family in Cebu City, Philippines
- November December 2020: Grant applications open for families recommended and connected to Kentucky Extension Homemakers
- March 2021: Nominees are selected
- April 2021: Nominee commitment form returned which includes the participant agreeing to complete the manual labor portion of the building, and training begins
- May 2021: First Part of Grant Issued and Construction begins (This part is the foundation, roof and framework) Documentation of each part needs to be provided.
- July 2021: Check Point Last of the Grant is issued (this includes doors or windows, electric wire)
- September 2021: Completion of building expected with documentation along the way.

Candidate Selection:

Interested KEHA members or approved affiliates may submit Eco Brick Grant Application to the International State Chairman by December 31, 2020. International Chairman, with a committee, will review all nominations and score them using the provided rubric to determine selection(s) by January 1, 2020. The name(s) of selected candidate(s) will be provided at the Spring Board meeting for Grant approval. Candidates will receive a letter from the International State Chair requiring a signed commitment form to be returned by April 30, 2021 and the training on "how-to" will begin and construction starting in May 2021.

Curriculum Topics:

o Reports

International Program Promotion (May 2019 - December 2020) KEHA Basics of the International Program:

- International Chair Responsibilities
 - Understanding your role

- Projects
 - o Contest Guidelines
- Current International Goals & Programs
 - Coins for Change: What it Supports
 - Homemaker Exchange Program
- Affiliated Organizations: What They Mean to KEHA
 - Associated Country Women of the World (ACWW)
 - Country Women's Council USA (CWC)
 - National Volunteer Outreach Network (NVON)

Eco-Brick Structure Grant

- Purpose/Vision
- Building Basics

- Your Imagination is the Limit!
- Application Process

Introducing/Making Cob

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Grant Time Table:

If pilot project meets with projected time table, training of Eco-Bricks will begin April of every year with the first half of the Grant being issued and construction beginning in May, 2021 and the last half being issued July of every year for the completion of the structure by September of every year. Checkpoints throughout this entire project are mandatory to continue to receive funding.

Grant Funding:

Grant Funding will be up to \$1,500 per applicant and one applicant will be awarded per year. Grant will be funded through KEHA's Coins for Change Program. This will cover any foundation or structure costs, as Eco Bricks are an insulation/filler and provided for by the recipient.

Participant Requirements:

Within 30 days of being approved, participants/organizations that are responsible for building structure must receive proper training or prove they know how to properly pack Eco Bricks and know how to make Cob Mortar that works for their area. After proper training/knowledge is achieved half of Grant monies will be released incrementally with documentation following the project, the foundation, the roof and skeletal structure, the walls, the windows and doors, and finally the floor. Pictures and statements must be received by State International Chair at pivotal points, to reassure the structure is on track. By July, the structure should have progressed enough so that the second half of the Grant can be released. By September, completion date is required, so that an Achievement Ceremony/KEHA promotion can be planned, which include a KEHA plaque to be placed on the structure, and the design shared freely among the community to help inspire others to follow suite.

Expected Outcomes

The goal of the Eco Brick Structure Program will reach 7 of 17 of the United Nations Sustainable Developmental Goals that are a blueprint to achieve a better and more sustainable future for all. These goals are what KEHA's International Programs of Work are based on and they will address the global challenges we face, including those related to climate, environmental degradation and prosperity. The Goals interconnect and in order to leave no one behind, it is important that we address each of the 17 Goals and target by 2030.



When plastics are littered, burned or dumped, they contaminate the ecosystems that sustain us and our fellow species. Ecobricking is a deep solution for plastic. When we save, segregate and pack plastics into bottles, we can make building blocks that can be reused over and over again. Together we can build green spaces that enrich our community and environment.

What is an EcoBrick?

An **EcoBrick** is a plastic bottle packed to a set density with used, clean and dry plastic to achieve a building block that can be used over and over again. Ecobricks can also be packed with other non-biological un-recyclables that, uncontained, are toxic to the environment (i.e. Styrofoam, wires, small batteries, etc.). Ecobricks are used to make modular furniture, garden spaces, walls and even full-scale buildings. Ecobricks are a simple solution to trap and contain plastic and secure CO2. For more information about **EcoBricks visit the Global EcoBrick Alliance website at https://www.ecobricks.org/what/**



What Can You Do To Help?

Donate to the EcoBrick Project Fund– donations towards this project will provide individuals, families and communities with the knowledge of how to obtain an affordable and energy efficient structure while simultaneously reducing our environmental footprint by repurposing waste and increasing clean green spaces to enrich communities.



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Guidelines and Information

International Contest & Awards

To showcase all your hard work, we encourage all individuals, clubs, counties and areas to submit an International Contest for recognition. Programs must demonstrate the educational purpose and demonstrate its impact to the members and the community. In order to see all your effort, please be sure to list the number of members involved in the process and number of people benefitted by the program.

Dates to Remember		
Club Reports \rightarrow County International Chair:	Due July 1st	
County Reports \rightarrow Area International Chair:	Due August 15 th	
Area Reports \rightarrow State International Chair:	Due September 15 th	
Fundraising Donations → State Treasurer:	Due December 15 th	
Contest Reports \rightarrow State International Chair:	Due March 1 st	

Submit one or more project(s) that implements KEHA's Projects & Programs.

- Entries should be typed, however neatly printed hand written entries are accepted.
- Entries must be in a binder.
- Entries must include Contest Cover Page (found in KEHA Manual in the Appendix section).
- Entries must be postmarked by March 1. Entries sent by e-mail must follow the hard copy rules.
- All donations must be sent to the current KEHA treasurer, with the check payable to KEHA. In the MEMO field, write the specific project for the funds.
- Must include supporting materials (example: pictures, newspaper clippings, invitation, program etc.) for the entries must be photocopies.
- All entries to be sent to you International State Chair

Submit entries to Becky Clay by March 1.

Becky Grace Clay, 7668 Ky Route 580, Oil Springs, KY 41238 Phone: 606-367-4539 Email: beckygrace_07@hotmail.com

International Projects & Programs Award

- All entries reaching a grade of 80% will be awarded a Certificate.
- All entries will be in contest for the International Projects & Programs Award with 1st, 2nd and 3rd Place receiving a Plaque and Gift.

Most Coins Collected Award

*Submission of all monies collected must include which the fund money was collected for! Funds will be submitted to the KEHA Treasurer by December 31st with the annual dues remittance.

- Plaque & Gift will be awarded to the counties with the Most Coins Collected in the below listed categories:
 - Coins for Change
 - Eco Brick Project Fund
 - KEHA Clean Water & Sanitation Fund
- Counties contributing more that \$150 to any of the above listed funds will all receive Certificates.

Grading Chart		
Typed/Neatly Handwritten:	5%	
Binder:	5%	
Contest Cover Page:	10%	
Deadline (Postmarked by March 1st):	20%	
Supporting Materials:	30%	
KEHA Members Involved:	30%	

Create Your Own Coins for Change Jar

Collect Coins for Change in your club, county and/or area.

Create your own! Print the image below and affix it to a jar or can.



COINS FOR CHANGE SUPPORTS

Х.

•ACNIV Projects •MON Projects •Homemaker Exchange Program •KEHA International Projects

50% goes to keha (coins for change) & 50% goes to acww (pennies for friendship)

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Affiliated Organizations



Associated Country Women of the World (ACWW): a nonpolitical, non-sectarian international organization that works to improve standards of living for all women and their families through worldwide projects. Follow them on Facebook or visit their website at https://www.acww.org.uk/



The Country Women's Council of the United States of America (CWC): is a coordinating council, composed of Associated Country Women of the World (ACWW) member societies in the USA and meets annually to promote the work of ACWW. Follow them on Facebook or visit their website at http://www.cwcusa.org/



National Volunteer Outreach Network (N.V.O.N.): national organization organized in 1995; Kentucky was one of the organizing states. Eight states are included in the organization, and a national conference is held each year. N.V.O.N. is comprised of member organizations working together to promote communication, education, and volunteerism for all people. Follow them on Facebook or visit their website at <u>http://www.nvon.org/</u>

Projects In Common: Projects in Common are projects that the NVON states have adopted to work on together Double Your Influence...Add To/2, 2019-2021 Eat Healthy, Eat Local, 2016-2018 Water Around the World, 2013-2019 Let's Take Off, 2010-2012 MAD, 2008-2009 Stitches For Survival, 2006-2007 DARE to be Healthy, 2004-2005 Clothe a Child, 2002-2003 Threads For Hope, 2000-2002

Homemaker Exchange Program

In 1984, a three-year revolving plan for a Homemaker Exchange Program to be funded by the Coins for Change collected for the use in Kentucky began. The amount of collected funds would be one-half of the total amounts given each year to Coins for Change.

During their 3-year term, each State International Chairman is to:

- Host a visiting homemaker from another country (person to be invited in third year of previous chairman's term in office);
 - KEHA extends Home Hospitality to a foreign visitor to observe the Program of Work in three areas. The host areas will be the three areas contributing the largest amount of Coins for Change during the previous year. Length of stay for the visitor will be set by the areas extending the invitation for home hospitality. KEHA will pay round trip expenses with the amount contingent upon the anticipated travel costs and fund balance in Coins for Change.
- Attend the ACWW Triennial Meeting;
 - KEHA International Chairman during the 3-year Program of Work attends the Associated Country Women of the World Triennial World Conference and the Country Women's Council meetings. Travel support is provided through Coins for Change and should be included in the annual budget for Coins for Change.
- Select a KEHA member for the Homemaker Exchange Program to visit a host country as determined and arranged by each State International Chairman.
 - KEHA provides travel funding support for the KEHA member who travels as the exchange homemaker. The amount will be determined by the board and announced the year prior to accepting applications. The amount will be contingent upon anticipated travel costs and the fund balance in Coins for Change.
 - Eligible KEHA members must have served as a Club, County, Area or State International Chairman. Each county nominee must be endorsed by his/her local county council. Each area must select and endorse its area nominee. Entry forms are located on the following pages and are due to the State International Chairman by March 1st of the year of travel (e.g. 2017, 2020 or 2023). The Screening Committee shall consist of the current KEHA International Chairman, the State Advisor for International, and an area president from an area not eligible at the time. Applicants will be subject to interview by the screening committee. The screening committee will advise the winner of any possible regulations or stipulations as may be deemed necessary. An alternate winner will be named.

Why We Believe in the Homemaker Exchange Program

We believe that with any cultural exchange program, profound knowledge can be gained from working with another culture. Cultural exchange programs are rewarding because it's virtually a real-life study on a country's cultural traditions, language, etiquette, and history.

Aside from the academic benefits of a cultural exchange program, the personal development potential is invaluable. Cultural exchange programs represent the opportunity for participants to mature on a personal and intellectual level. More importantly, with the life experience gained from the cultural exchange program, the exposure inspires participants to make the following personal improvements:

- Personal growth
- Boosts self-confidence
- Encourages leaderships through independent thinking
- Challenges academically
- Improve cross-cultural communication skills
- Enhance analytical skills
- Gain the ability to adapt and be flexible to new circumstances
- Constructively cope and deal with differences
- An understanding and familiarity of local customs

The experience can be life transforming from an informed and real-life perspective, participants are able to learn about international affairs and how geopolitics and economic factors affect the world we live in.

ASSOCIATED COUNTY WOMEN OF THE WORLD

Pennies for Friendship Projects



Since 1936, Kentucky Extension Homemakers have been a member of the Associated Country Women of the World (ACWW). ACWW is a non-political, non-sectarian international organization involving more than 6.5 million members of women's organizations and societies in more than 70 countries around the world. The organization works to improve standards of living for women and their families through a wide variety of world projects. The Pennies for Friendship program assists in funding these projects, and half of the funds collected each year through KEHA's Coins for Change program are forwarded to ACWW.

ACWW actively supports a whole range of development programs in rural communities through its Projects and Trust Funds: Leadership and skill training, nutrition/education projects, literacy and basic education programs (including family planning and HIV/AIDS awareness), small business initiatives and small-scale agricultural, income-generating schemes.

- ACWW's Water for All Fund supports clean water and sanitation projects providing water tanks, bore wells and hand pumps.
- ACWW's Women Feed the World Fund supports subsistence food production, cooperatives, training in appropriate agricultural techniques and credit savings schemes.
- ACWW's four-year Women in Development Program in collaboration with the UK National Lottery Charities Board and our partner organization in Mali, West Africa is empowering women and girls through increased access to education, healthcare and income-generating opportunities.
- ACWW's capacity-building workshops in Kenya, Colombia and the Philippines, carried out in partnership with Dutch development agency Agriterra, are helping to strengthen rural women's organizations.

Through programs like Pennies for Friendship, ACWW and its member societies have been able to fund more than 600 projects around the world. All resolutions and recommendations have touched in a wide variety of major issues happening worldwide, concerning:

- Agriculture and Food Issues
- Education Issues
- Health Issues
- International Issues
- Science and Technology Issues
- Social Policy Issues

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Associated County Women of the World

Resolutions and Recommendations



Elimination of Dog Mediated Rabies

Support education globally through rabies education programs on bite prevention, expanding dog rabies vaccination coverage to stop transmission, improving access to post exposure prophylaxis and by lobbying governments to provide the funds to achieve this.

Registration of Old Landfills

Urge governments of all countries to map and register the presence of old landfill sites. The register should record the presence of dangerous substances (if known) and the risk of future leakage.

Protection of Shared Marine Environment, Sustainable Coral Reefs, and Fish Stocks

Request that Government and Industries to take action to ensure the wise use and protection of the shared marine environment, to protect the sustainability of coral reefs and fish stocks for future generations.

Use of Plastic

Call on all governments to regulate the use of plastics in packaging and manufacturing processes to reduce the impact of discarded plastic on the environment.

Action of Climate Change

Support the historic Paris Climate Agreement 2015 by taking action at local, national and international level to reduce greenhouse gas emissions and help rebuild resilience within their communities to deal with the adverse impacts of climate change.

Textiles and Clothes

Put pressure upon all textile, footwear and apparel companies and manufacturers to ensure fair pay and working conditions, as suggested by current International Labor Organization conventions and recommendations

Gender Sensitive Health Care

Urge governments to strive for gender sensitive health care.

Domestic Violence (Women, Men, Elderly)

Urge the governments of all the countries and their agents to develop and implement strategies for the prevention of domestic violence.

Iron Deficiency

Urge governments and health organizations to continue financing and supporting the research needed to eliminate the world-wide incidence of iron deficiency.

Health and Nutrition for Women with Emphasis on Environmental Health

Promote work with governments and other non-governmental agencies in unison to achieve measurable improvements in malnutrition and environmental health for rural women.

Pollinator Protection

Urge governments and research institutes to continue to identify and reduce specific drivers of insect pollinator decline, develop agricultural pollinator-friendly practices, and promote greater public awareness of the role on insect pollination in global food production.

Query Fever

Advocate to governments that increased funding be made available to educate medical practitioners and alert all communities about the identification, treatment and prevention. If not already in place, implement a scheme to subsidize vaccination programs to prevent Q Fever in high risk areas.

Safe and Secure Access to Toilet Facilities for All

Aim to raise the standard of living of rural women and their families by including special and appropriate sanitary facilities for people with disabilities, serious illnesses and the elderly.

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MANAGEMENT & SAFETY

All educational chairmen are expected to work together to integrate their programs of work when possible. This educational focus deals with management of finances, time, etc. and financial planning for the future as well as safety in all aspects of our lives. The chairman should be aware of the following when planning the program of work.

- Promote Family Resource Management including time and money management, Consumer Protection and Rights, Health Care decisions and Community Development;
- Promote safety programs such as: Home, farm, food, school, business, disaster preparedness, Home First Protection Programs

Materials on these issues are available from County Extension Offices;

- Promote and explore home-based business opportunities; and,
- Develop computer training programs for members.

Some programs available from Extension specialists and County Extension Offices include:

Money Management Making Your Money Work Investments Estate Planning Retirement Planning Internet Fraud Stand Up to Falling Managing in Tough Times Small Steps to Health and Wealth

KEHA Management and Safety Chairman – 2019-2022 Elaine Stevens 5541 US Highway 60 W Paducah, KY 42001 Phone: 270-210-4013 Email: mesteven@comcast.net

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Focus: Planning Your Digital Estate

Goal: To ensure the safety and security of one's own digital information by creating a digital estate plan.

Objectives:

- To understand the difference between traditional estate planning and digital estate planning.
- To take inventory of digital assets.
- To write a digital estate plan.

Activities:

- Traditional Estate Planning vs. Digital Estate Planning
- Inventory of Digital Assets
- Writing a Digital Estate Plan

Lesson: Planning Your Digital Estate

Focus: International Travel: What You Need to Know Before You Go

Goal: To assist participants in the process of developing financial goals and using vision boards to help them achieve their goal.

Objectives:

- Identify international travel planning tasks.
- Understand how to prepare for local culture and customs
- Understand how to pack for an international trip

Activities:

- Preparing for Your International Trip
- Preparing for Unexpected Events during your Trip
- Learning about Local Culture and Customs
- Creating a Capsule Wardrobe

Lesson: International Travel: What You Need to Know Before You Go

LESSONS IN DEVELOPMENT (2019)

- 1. Savvy Sellers and Bargain Hunters: Online Edition
- 2. Planning for Tomorrow: Long Term Care Options and Insurance

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- 4. The Area Chairman will compile all county reports into one Program of Work Report and complete the Area VSU Report Form. All pages should be submitted to the State Leadership Development Chairman by September 15.
- 5. The State Leadership Chairman will publish the information in the VSU Program booklet at the next KEHA State Meeting. The member from each area with the highest total hours in each category will receive a special state certificate.

SCHOLARSHIPS Ongoing Program

Situation:

KEHA recognizes the value of education. The cost of post-secondary education is increasing and our scholarship program offers assistance to students, both traditional and non-traditional, to obtain the education they need for success. (A non-traditional student might be a homemaker member who wants to complete or advance his/her education.)

Focus:

KEHA will support scholarships for traditional and non-traditional students and inform students of available scholarships.

Goals:

- 1. Increase support for scholarships for students majoring in Family and Consumer Sciences at UK and other Kentucky colleges and universities.
- 2. Encourage more students to apply for all scholarships offered by KEHA.

Suggested Activities:

- 1. Inform local students about KEHA scholarships by communicating with local high schools, both public and private, as well as home-school associations.
- 2. Raise funds for the KEHA educational scholarship funds.
- 3. Encourage homemaker clubs and counties to investigate the possibility of awarding scholarships for local students.

Contest/Recognition:

Recognize the counties who contribute the largest amount of money to KEHA scholarship programs (Evans/Hansen/Weldon and/or KEHA Member Scholarships). Members are encouraged to collect donations on an ongoing basis, with emphasis on collections in November. Funds collected should be submitted to the KEHA State Treasurer annually along with dues. Information and applications for scholarships are listed on the KEHA web site, and in the KEHA Manual, Handbook pages 94-103.

In addition, the top three areas with the greatest dollar amount of club, county and area scholarships as reported on the Leadership Development Program of Work Report will also be recognized.

At the KEHA Annual Meeting in April 1998, county voting delegates voted to disassociate the national affiliation with the National Association for Family and Community Education due to differences in philosophy. The title of Vice President for Public Policy was changed to Vice President for Leadership Development.

August 1-3, 2000, KEHA hosted the NVON (National Volunteer Outreach Network) regional meeting.

Restructuring of the KEHA Board began in 2001.

KEHA sponsored two members to attend the Summit on Economic Status of Kentucky Women held June 20-21, 2003 in Frankfort.

The objective of the KEHA International Program for 2003-2005 was to have a better understanding of Native Americans by working with Lame Deer Reservation and St. Labre Schools in Montana. In 2003 KEHA members contributed 1,400 baby items; in 2004 they donated 4,000 blankets and 2,000 pairs of socks; in 2005 they will be sending school supplies.

November, 2003, President Harned appointed the following Archives Committee: Evelyn Ballard, Mary Warfield, Shirley Fitzpatrick, Patty Ann Moorhead, and Jean Davis. In January, 2005, this committee turned over their work to the University of Kentucky Library to be stored.

In 2004, KEHA combined the Ella Evans Scholarship Fund, the Viola Hansen Scholarship Fund and the Myrtle Weldon Memorial Scholarship Fund into the Evans/Hansen/Weldon Memorial Scholarship Fund.

For many years leaders in the Kentucky Extension Homemakers Association and Extension Family and Consumer Sciences personnel have met the challenges of developing new ideas and expanding programs. Concern for meeting the changing needs of people has remained the central focus of these programs. History reveals that the Cooperative Extension Service in Kentucky is continuing to fulfill its role as an informal educational service of the University of Kentucky, directed toward "Helping people help themselves."

In 2005 homemakers donated school supplies for the St. Labre and Lame Deer schools. They collected over 12,000 pounds of paper, pencils, crayons, notebooks, and other supplies. Two bus loads of homemakers traveled to Montana to meet the recipients and present the supplies and a check.

In July 2005, Mabel Harned was elected Vice President of NVON, our national organization.

A new scholarship was approved by the Board of Directors. It will be awarded to a student at UK, who is planning a career as a Family & Consumer Sciences Cooperative Extension Agent. The first scholarship will be awarded in 2007.

The amount contributed to the ovarian cancer project as of May 2006 is \$881,841.98.

In 2007, KEHA celebrated 75 years as an organization. Members kicked off a year of special events to observe the anniversary, at the state annual meeting in Bowling Green. A special commemorative pin was designed and introduced.

The theme for the celebration year was "75 Years of Learning, Leading & Serving". The organization will use the anniversary year to look back at our progress and successes and create long range plans for a more successful future.

Handbook 119 June 2019 In February of 2008, KEHA was recognized by the Kentucky State Legislature for 75 years of service to the Commonwealth through our partnership with UK College of Agriculture's Cooperative Extension Service. Over 400 KEHA members and Family and Consumer Sciences Extension Agents attended the daylong celebration in Frankfort. The culmination of the 75th anniversary took place at the 75th KEHA State Meeting at the Galt House Hotel in Louisville in May 2008 as we celebrated the theme "Hats Off to Homemakers."

Recognition was given to members, clubs and counties as KEHA surpassed the \$1,000,000 mark in giving to UK's Ovarian Cancer Research Program in May 2009. Virginia McCandless, KEHA State Health Chairman from 1976 -79 who initiated the fundraising effort, was honored and her five children were in attendance at the 2009 KEHA State Meeting in Ft. Mitchell, KY. The UK Ovarian Cancer Program continues to work with KEHA to provide screening all across the state of Kentucky. Screening sites are now located in Paducah, Elizabethtown, Somerset, Maysville, and Prestonsburg in addition to the primary location in Lexington at UK's Markey Cancer Center.

An international connection was made with the Kentucky Academy, a kindergarten in Adjeikrom, Ghana in West Africa. Through assistance from Dr. Ann Vail, Director, School of Human Environmental Sciences and Assistant Director, Family & Consumer Sciences (FCS) Extension; and Ghana native Dr. Kwaku Addo, Associate Professor, Department of Nutrition and Food Science, KEHA members adopted the school which serves about 70 students. School supplies were donated and funds were raised to make capital improvements at the school in 2008. A Homemaker tour of the school and region took place in the summer of 2009 with KEHA members and FCS agents participating. Fundraising continued in 2009 and 2010, and many goals were met. In 2010, KEHA and University of Kentucky support has culminated in the building of a kitchen and dining pavilion for the Kentucky Academy.

Coordinated through UK's Cooperative Extension Service, a program called "Second Sunday" was adapted from South America and Kentucky's Governor proclaimed the second Sunday in October as a day of physical fitness and family involvement. KEHA members were in Frankfort with the Governor for the proclamation. FCS agents coordinated the project in many of Kentucky's 120 counties, and KEHA took on the project as part of the Foods, Health & Nutrition Educational Program.

KEHA's fundraising activity for international awareness and friendship was renamed "Coins for Change" in 2010. The name change allowed KEHA to continue to support the ACWW "Pennies for Friendship" program by still sending the same percentage of funds collected to the London, England office and maintaining funding for KEHA's International educational program on the international, national and state levels.

In 2011, the KEHA International Chairman traveled to Ghana with a group from the University of Kentucky to continue the partnership and support for the Kentucky Academy in Adjeikrom, Ghana. KEHA funded the purchase of furniture for the previously constructed dining pavilion and further improvements to the facility. During the 2011 trip, work began to develop a school garden and the feeding program for the Kentucky Academy was initiated.

The year 2012 marked the 80th anniversary of KEHA. To commemorate the occasion, KEHA commissioned artist John Ward to develop an 80th anniversary print. The print was unveiled at the 2012 KEHA State Meeting. In July 2013, KEHA hosted the National Volunteer Outreach Network annual conference in Frankfort, Kentucky.

In 2013, our focus turned to our membership. A membership incentive drive with a new traveling trophy (Miss E. Go) was initiated. E. Go is an acronym for Everyone Get One -- each member recruit a new member. The county who added the highest percentage of new members won \$100 and Miss E. Go for 1 year, then shared her adventures the following year. In 2014, Miss Way to Go was created to reward the county who added the most number of new members (actual number versus percentage.) Like Ms. E. Go, Miss Way to Go has a \$100 prize, and the winning county shares her adventures the following year. Both of these awards have been well received!

Focus was also given to goal setting... what KEHA is, what do we do well, what do we see as our future and how do we achieve this future. A retreat was held of the KEHA Board members in June 2015. "SMART" goal teams were formed to focus on membership, public relations, training leaders and making lessons relevant. The Membership Team initiated the 3 for 3 Membership Drive. Each county is asked to increase membership by at least 3 new members for 3 consecutive years. In 2019, one county who reaches the goal will be randomly drawn to receive a \$500.00 award.

The FCS Extension Legacy Fund was created at the University of Kentucky during 2013, with initial gifts honoring the retirement of Dr. Laura Stephenson. This fund is to be used by the UK Family and Consumer Sciences Extension to assist in professional development and program development, implementation and evaluation. Donations can be made in honor of or in memory of someone. KEHA has contributed \$7,805 to this fund as of June 30, 2016.

The Kentucky Academy in Ghana, an ongoing international project, saw new progress with the construction of a library, sponsored primarily by KEHA. KEHA previously assisted in funding a dining facility, a full-service kitchen and furniture for these facilities. Enrollment at the school has increased since the facilities were added and hopes and dreams for the children and the facility are becoming reality.

At the 2015 NVON meeting in Martinsburg WV, Linda Kaletch, a KEHA past president, was elected as the NVON president-elect. Her term as president will begin in January of 2017.

At the 2015 KEHA State Meeting, planning to re-establish the KEHA Choir began as a result of a moving performance by Wendy Hood, Mercer County KEHA member, during KEHA Fun Night. Participants joined during the 2015 State Meeting and in the months following. The new KEHA Choir, under the direction of Wendy Hood, presented their inaugural performance at the 2016 KEHA State Meeting at the Northern Kentucky Convention Center.

In 2017, KEHA celebrated 40 years of support for ovarian cancer outreach, screening and research. As of spring 2017, more than 50,000 women had been screened, at no charge and more than 100 women, including the 2016-2017 KEHA President Mary Margaret Krahulec, had their lives extended due to the early, noninvasive, detection process.

During 2017-2018, the KEHA State Board added a Marketing and Publicity Chairman in an ad hoc three-year appointment. Jennifer Williams from Grant County was appointed to the position and worked with the board to create a new brand identity for the organization. The new logo was officially approved the voting delegates at the 2018 KEHA State Meeting.

In 2018-2019, the 3 for 3 Membership Drive concluded with fourteen counties successfully reaching the goal of increasing membership by at least three members each year for three consecutive years.

During 2018-2019, the Preparing Future Leaders team from the KEHA Board proposed establishment of a KEHA Leadership Academy to provide advanced leadership training for up to 30 emerging leaders in spring 2020. The proposal, along with a funding request, was approved by the board in March 2019 and by the voting delegates at the 2019 KEHA State Meeting. The approval process culminated 3 years of discussion, work and planning.

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