

Family and Individual Development Program of Work Report
From July 1, 2019 to June 30, 2020

Name of person completing this form: _____ Phone: _____ Email: _____	
For clubs reports: (Club reports are due to the County Family & Individual Development Chairman by July 1, 2020 .) Club Name: _____	
For county reports: (County reports are due to the Area Family & Individual Development Chairman by August 15, 2020 .) County: _____ Number of Clubs reporting: _____	
For area reports: (Area reports are due to the KEHA Family & Individual Development Chairman by September 15, 2020 .) Please mail to Leoni Mundelius, 675 Ky Hwy 198, Stanford, KY 40484. Area: _____ Number of Counties reporting: _____	

1. Donated time and/or money to support against family and community violence.
 _____ Clubs _____ Individuals
2. Participated in activities that encouraged family education:
 - a. Tutoring in schools: _____ # of members _____ number of youths reached
 - b. Reading books to youth: _____ # of members _____ number of youths reached
 - c. Teaching adulting to teenagers: _____ # of members _____ number of youths reached
 - d. Mentoring new moms: _____ # of members _____ number new moms reached
 - e. Presenting drug awareness programs: _____ # of clubs _____ number of people reached
3. Nurturing teenagers:
 - a. Learned about adolescent brain development and risky behaviors: _____ # of members
 - b. Implemented activities for teenagers to encourage intergenerational communication.
 Activity: _____ Individuals _____ Youths
 Activity: _____ Individuals _____ Youth
 Activity: _____ Individuals _____ Youth
4. Nurturing self:
 - a. Utilized the FitBlue app for 6 weeks to help form health habits. _____ # of members
 - b. Participated in Physical Activity for Mind and Body lesson. _____ # of members
 - c. Participated in Healthy Bladder Habits Might Help You lesson. _____ # of members
 - d. Started healthy regular outdoor activities. _____ # of members
 List activities: _____
5. Nurturing aging:
 - a. Attended any of the Embracing Aging Series. _____ # of members
 - b. Attended Self-Care for Family Caregivers Program. _____ # of members
 - c. Participated in the Longest Day walk/activity to promote awareness of Alzheimer's disease:
 _____ # of members
 - d. Made fidget mats to support aging individuals in the community.
 _____ # of members who made mats _____ # of mats donated