



## ***The Sun Shines Bright 2020-2021***

### **Facilitator's Guide for Area, County and/or Club Officer and Chairman Training**

### *The Sun Shines Bright*

The Kentucky Extension Homemakers Association (KEHA) is a volunteer organization dedicated to improving the quality of life for families and communities through education, leadership development, and volunteer service. The organization has worked to fulfill this mission for more than 85 years and has helped the sun shine bright in communities across Kentucky.

As the KEHA year begins, consider the theme **"THE SUN SHINES BRIGHT"**

- Are your programs and activities a source of brightness in the community?
- How can your club/county continue to shine?
- What can you do to ensure the sun shines on the organization for years to come?

A collection of resources has been developed incorporating the theme **"THE SUN SHINES BRIGHT."** These materials are designed for use at kick-off meetings and officer trainings at all levels within the organization. Each item in the collection is described below with suggestions for use. Consider the materials available as you make plans to begin a new KEHA year.

#### **THE SUN SHINES BRIGHT Resources:**

##### **Logo:**

The theme and logo developed for the 2019 KEHA State Meeting was adapted for use throughout the 2019-2020 KEHA year and will be utilized again for 2020-2021. A graphic file of **THE SUN SHINES BRIGHT** logo is available on the KEHA website in grayscale and color formats.

##### **Installation Ceremony:**

An installation ceremony outline/script has been developed incorporating the theme **"THE SUN SHINES BRIGHT."** Flowers require sunlight to grow and reach their full beauty. The installation scripting connects each office/position with a specific flower whose meaning in some way connects with the duties of the position. This installation ceremony was designed for use by clubs, counties, or areas as desired through June 2021.

### Thought for the Day:

One or more of the quotes below can be shared as the thought for the day at the beginning of a training or meeting:

“Keep your face to the sun and you will never see the shadows.” –Helen Keller

“What sunshine is to flowers, smiles are to humanity. These are but trifles, to be sure; but scattered along life's pathway, the good they do is inconceivable.” -Joseph Addison

“A flower cannot blossom without sunshine, and man cannot live without love.” –Max Muller

### Roll Call

What is your favorite thing to do on a sunny day?

### Icebreaker Activity:

#### **Name that Tune – Sunshine Edition**

Share with participants that you are going to provide clues for eight song titles that all include the word sun or sunshine. As you read the clues, each person should write down their guess for the song title. Once you have read all eight clues, review the answers, and see how many were able to guess all eight correctly.

1. Song by the Beatles with a four-word title that includes the lyric “Little darling, it’s been a long cold lonely winter.”
2. What song by Katrina and the Waves includes this lyric – “And don’t it feel good, hey, alright now, and don’t it feel good”?
3. This Elton John song with an eight-word title includes the lyric “Losing everything is like” in the chorus.
4. Bill Withers song with a three-word title and lyric “It’s not warm when she’s away.”
5. This Sheryl Crow song with a four-word title encourages everyone to lighten up, look up, and absorb the warmth from the sun.
6. Stevie Wonder sings about dreaming and moving on in this song with a five-word title “where there is hope for everyone.”
7. This classic song chorus says, “You make me happy when skies are gray.”
8. A 1960s song with a five-word title about a house in New Orleans.

Answers:

- |                                    |                            |
|------------------------------------|----------------------------|
| 1. Here Comes the Sun              | 5. Soak up the Sun         |
| 2. Walking on Sunshine             | 6. A Place in the Sun      |
| 3. Don’t Let the Sun Go Down on Me | 7. You are my Sunshine     |
| 4. Ain’t No Sunshine               | 8. House of the Rising Sun |

### Presentations/Handouts:

A “**THE SUN SHINES BRIGHT**” overview presentation has been developed for use at kickoff meetings or leadership trainings. The presentation may be adapted as best fits with your agenda. The slides can be printed and used as handout materials to either supplement a

presentation or in place of displaying the slides on-screen. The presentation consists of 32 slides, and talking points are included in the 'notes page' view in PowerPoint. Below is an outline of the presentation content.

- *Slides 2-5* – General information about the KEHA mission and the three-part focus on leadership, service and education.
- *Slides 6* – Theme for 2019-2020, extending for 2020-2021.
- *Slide 7* – KEHA President's focus for 2019-2022.
- *Slide 8-9* – Membership drive and challenge information.
- *Slide 10* – Points to consider when developing a club or county program of work.
- *Slides 11-18* – One slide per educational chairmanship showcasing the program focus for 2020-21.
- *Slides 19-23* – Report highlights from 2018-2019 and basic information about the use of reports.
- *Slides 24-29* – Dates to remember for 2020-2021.
- *Slides 30-32* – Concluding slides with information about staying informed regarding KEHA activities, the KEHA Facebook page, and a note of encouragement for all members.

A second PowerPoint formatted using the "**THE SUN SHINES BRIGHT**" template provides information regarding roles and responsibilities. The two presentations can be edited/combined as best fits your needs.

### **THE SUN SHINES BRIGHT Wrap-Up Activity:**

1. Provide each participant with a copy of the sunshine graphic included in this facilitator guide.
2. Ask each participant to write one goal for this year as a KEHA member/leader in the center of the sunshine.
3. After people have had a few minutes to work, ask a few participants to share their goal.
4. Encourage participants to keep their sunshine in an easy to see location to note the actions taken to achieve the goal in the areas around the sun's rays.

### **2020-2021 KEHA Dates to Remember**

This document provides general and year-specific dates for the KEHA deadlines, activities and events.

### **Evaluation**

An end of program evaluation form is available for use at the conclusion of the training session. This evaluation is also available as a Qualtrics survey ([https://uky.az1.qualtrics.com/jfe/form/SV\\_eRGpJOHsMn537PD](https://uky.az1.qualtrics.com/jfe/form/SV_eRGpJOHsMn537PD)). The "county" field in the online survey is required to enable the data to be sorted and returned to each county.

