



EXPLORING

Our Kentucky Heritage

FACILITATOR'S GUIDE

The Kentucky Extension Homemakers Association (KEHA) is a volunteer organization dedicated to improving the quality of life for families and communities through leadership development, volunteer service and education. The organization has a rich history and many current activities find their roots in the traditions developed more than 80 years ago.

As the KEHA year begins, consider the theme “**EXPLORING OUR KENTUCKY HERITAGE**”

- Are your activities built upon the organization’s history with a vision for the future?
- How can your club/county celebrate the rich heritage in your county?
- What can you do to strengthen the organization for future generations?

A collection of resources has been developed incorporating the theme “**EXPLORING OUR KENTUCKY HERITAGE.**” These materials are designed for use at kick-off meetings and officer trainings at all levels within the organization. Each item in the collection is described below with suggestions for use. Consider the materials available as you make plans to begin a new KEHA year.

EXPLORING OUR HERITAGES Resources:

Logo:

The theme and logo developed for the 2018 KEHA State Meeting has been adapted to emphasize our Kentucky heritage. A graphic file of the **EXPLORING OUR KENTUCKY HERITAGE** is available on the KEHA website in grayscale and color formats.

Installation Ceremony:

An installation ceremony outline/script has been developed incorporating the theme “**EXPLORING OUR KENTUCKY HERITAGE.**” The scripting for each office/position connects with embarking upon an exploration. This installation ceremony was designed for use by clubs, counties or areas as desired during 2018-2019.

Thought for the Day:

One or more of the quotes below can be shared as the thought for the day at the beginning of a training or meeting:

“The heritage of the past is the seed that brings forth the harvest of the future.” – Wendell Phillips

“The real voyage in discovery consists not in seeking new landscapes, but in having new eyes.” – Marcel Post

“Happiness is a direction, not a place.” – Sydney J. Harris

“You don’t stumble upon your heritage. It’s there, just waiting to be explored and shared.” – Robbie Robertson

Networking Activity:

Two options for an ice breaker/networking activity are presented below for your consideration. The activities are designed to encourage member interaction. Option A is designed to focus on reflection and sharing. Option B will have participants up and moving as they learn more about one another and the level of engagement in KEHA activities.

Option A: My KEHA Heritage

1. Provide each participant with the outline map of Kentucky.
2. Ask each person to fill in the state with things they see as part of the heritage of their KEHA club or county organization. Challenge members to be creative and use words, pictures, doodles, etc. to convey the things they identify as part of the heritage of Extension Homemakers.
3. After people have had 5-10 minutes to work, ask each person to share one heritage item included in their Kentucky.

Option B: Switch Sides

1. Choose a dividing line for the room and announce that dividing line to the group.
2. Direct people to one side of the line based upon how long they have been a member of KEHA – more than 20 years on the left or less than 20 years on the right.
3. Ask participants to switch sides – all who have served as a county officer on the left, those who have not on the right.
4. Continue for as many rounds of switch sides as you would like. Additional prompts for response include:
 - a. Participate in cultural arts on the left, do not participate on the right.
 - b. Currently a club officer on the left, not a club officer on the right.
 - c. Turn in volunteer service hours on the left, do not track volunteer service hours on the right.
 - d. Attended at least 1 KEHA state meeting on the left, have not attended a KEHA state meeting on the right.
 - e. Attended the county annual meeting on the left, did not attend on the right.

Presentations/Handouts:

An “**EXPLORING OUR KENTUCKY HERITAGE**” overview presentation has been developed for use at kickoff meetings or leadership trainings. The presentation may be adapted as best fits with your agenda. The slides can be printed and used as handout materials to either supplement a presentation or in place of displaying the slides on-screen. The presentation consists of 36 slides, and talking points are included in the ‘notes page’ view in PowerPoint. Below is an outline of the presentation content.

- *Slides 2-5* – General information about the KEHA mission and the three-part focus on leadership, service and education.
- *Slides 6-7* – Theme and focus for 2018-2019.
- *Slide 8* – Information about the new KEHA logo.
- *Slides 9-10* – Membership drive and challenge information.
- *Slides 11-18* – One slide per educational chairmanship showcasing the program focus for 2018-19.
- *Slide 19* – An overview of the changes to the Volunteer Service Unit (VSU) Program.
- *Slides 20-25* – Report highlights from 2016-2017 and basic information about the use of reports.
- *Slides 26-34* – Dates to remember for 2018-2019.
- *Slides 35-36* – Concluding slides with information about staying informed regarding KEHA activities and encouragement for all members to be actively involved.

A second PowerPoint formatted using the “**EXPLORING OUR KENTUCKY HERITAGE**” template provides information regarding roles and responsibilities. The two presentations can be edited/combined as best fits your needs.

Evaluation

An end of program evaluation form is available for use at the conclusion of the training session.

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My KEHA

Close your eyes for a moment and think about the history of KEHA from your perspective. After reflecting, fill the state with words, drawings, doodles, etc. that depict your vision of KEHA's heritage.

