

## **Educational Chairman Workshops** **Thursday, May 16 - 10:15-11:30 a.m.**

### **Environment, Housing and Energy**

Please join us as we continue our three-year program of work on bees, birds and butterflies. This year's focus is on Birds and Your Outdoor Spaces. We will focus on how native plants are good for the environment and how to encourage birds to inhabit your space. We will also identify plants that are particularly appealing to the birds you wish to attract. Looking forward to seeing you in my session. *-Debbie Pierce*

### **Food, Nutrition and Health**

Are you a Food, Nutrition and Health Chairman? Are you interested in serving in this area, or are you just a Foodie? Join us for an informative session that will explore topics focusing on Food, Nutrition and Health across Kentucky. The WHY (Wellness, Health and You) Program will be discussed and information to participate in the study will be distributed. The KEHA Food Nutrition and Health Plan of Work and contests will be reviewed, with time for questions and answers. This session will be a great time to network with other Food, Nutrition and Health chairmen around the state. Light, nutritious snacks will be provided. Don't forget to register for this exciting session, and sign up to possibly win a door prize!! Looking forward to seeing you at the Food, Nutrition and Health Chairman Training. *-Julie Hook*

### **4-H Youth Development**

2018 has been filed in history and 2019 has arrived. Hope everyone had a great year working with 4-H. Come join us this year in our 4-H Educational Chairman Workshop at the State Meeting in Louisville to learn about Part 3 of our program of work so that you can return to your club, county and area with information on how your members can help in the 4-H program. You can ask questions and find answers for all 4-H program volunteer areas. Come ready to give your suggestions to cement better harmony with the 4-H program. If you are a club, county or area chairman this workshop is for you. See you in Louisville! *-Nancy Snouse*

### **Management and Safety**

The Management and Safety workshop will showcase a new lesson, "Saving Savvy with Grocery List and Coupon Apps." Grocery shopping list and coupon apps can be a great way to save you both time and money; however, with so many options it can become overwhelming! This session will answer the questions: How do grocery shopping list and coupon apps work? How can you save time and money using the apps? How can the apps help you become more organized at the grocery store? We will also review the full program of work and discuss county and area chairman roles. *-Victoria Orme*

### **Family and Individual Development**

If you are a county or area Family and Individual Development Chairperson, please make sure to attend this workshop! If you are unable to attend the KEHA State Meeting, please ask someone to attend the workshop in your place. We will be handing out and discussing the NEW Program of Work and Contest. Those present during this workshop will receive the template for the new contest project. In connection with our new contest, the workshop will feature a speaker addressing Alzheimer's disease. This workshop is open to anybody interested, so come and join us! A door prize winner will be announce after the program. *-Leoni Mundelius*

### **International**

This workshop has been designed to help members have a better understanding of what the International Program has to offer. We will go over current international goals and projects; organizations KEHA is affiliated with such as: Associated Country Women of the World (ACWW), Country Women's Council USA (CWC), and National Volunteer Outreach Network (NVON); and we will discuss possible project opportunities and a new international three year program of work. Each participant will receive a folder containing materials outlining chairman responsibilities (club, county, area and state), and we will review how to complete the Program of Work Report and how to compile and send contest entries. We encourage each county/area to have at least one member attend this workshop so they can provide their county/area with the most updated information! *-Rebecca Clay*

### **Leadership**

Are you a club, county or area Leadership Development Chair? Are you interested in leadership development and volunteer service? Attend this session to learn about the KEHA Leadership Development program of work. Learn new tips and tricks for reporting volunteer service units, updates to the program and the value of your volunteer time. Review opportunities for growing your leadership skills through training in KEHA and two book club options included in the Leadership Development program of work. Discuss the community volunteerism awards, and hear how your projects may be eligible for recognition. We hope to see you in Louisville! *-Karen Yerkey*

### **Cultural Arts and Heritage**

Join us to learn about the new 2019-2022 program of work – JOY: Joyride Offered to You. We are offering a great opportunity for each county to shine with a passport to travel Kentucky and explore the Cultural Arts and Heritage. We will be focusing on mills of Kentucky and weaving. Weaving is one of mankind's most ancient crafts. We will start with Swedish Weaving, also referred to as Huck Embroidery. If you are an area, county or club Cultural Arts and Heritage Chairman, this is a program you will not want to miss. *-Marilyn Watson*