

# Educational Chairman Workshops

Thursday, May 12, 9:45 a.m. -11:00 a.m.

## MANAGEMENT & SAFETY

### A Bad Deal in Disguise: Types of Scams

Join us to learn about the final year of our fraud-focused Management and Safety Program of Work and all that it entails. We will review the POW and discuss ways to promote management and safety in your area and county. Fraud can happen to anyone at any age. Learn how to avoid being a victim by recognizing common scams. Curriculum materials include publication, facilitator's guide, PowerPoint slides, participant activities, marketing tools, and evaluation. —*Elaine Stevens*

## FOOD, NUTRITION & HEALTH

If you are interested in Food, Nutrition and Health, make sure to attend this Chairman learning session. Anyone is welcome, FNH chairmen serving at any level are encouraged to join. We will be covering the 2022-2024 Program of Work and current contests. You will have handout materials to take back to your counties and get the latest updates on Ovarian Cancer efforts. The goal is for people to realize how their local counties and communities are different and have unique opportunities to promote healthy life choices. —*Sharon Fields*

## LEADERSHIP DEVELOPMENT

Are you a club, county or area Leadership Development Chair? Are you interested in leadership development and volunteer service? Attend this session to learn about the KEHA Leadership Development Program of Work and the Leadership Academy proposed for 2023. Learn tips and tricks for reporting volunteer service units, updates to the program, and the value of your volunteer time. Discuss the Leadership Academy application process and deadlines. Review opportunities for growing your leadership skills. Discuss the community volunteerism awards, and share how your projects may be eligible for recognition. —*Ann Porter*

## FAMILY & INDIVIDUAL DEVELOPMENT

The Chairman's training will review the program of work for the three years of 2022-2025. We will be reaching in versus reaching out and addressing self-care. Specifically, lessons and activities will focus on: Self-Care and Mental Health; Self-Care and Self-Indulgence; and Self-Care and Strengthening Family/Community. —*Dottie Crouch*

## CULTURAL ARTS & HERITAGE

**Elements of Principles of Design** - Whether it is a drawing, painting, photograph or even a scrapbook page, what makes this 2-Dimensional "Work of Art" visually pleasing? Why do we like what we see? The basic elements of art and design influence how we perceive objects. The Power Point lesson encourages discussion while outlining concepts used to objectively evaluate a drawing, painting or photograph. Participants will receive a handout with definitions. This lesson is part of the Cultural Arts Program of Work for 2022-2023. —*Barb Seiter*

## 4-H YOUTH DEVELOPMENT

Moving forward in this present day of many, many, issues is a challenge that we all face, especially as we, Kentucky Homemakers, try to bring innovation to our efforts. The workshop will include a presentation by members of the winning 4-H Homemaker contest. Their innovative ideas will be presented by 4-H'ers and Homemakers who had a vision and carried it out. You will learn their motivations and outcomes that served each of them well in their communities. Each participant will be challenged to examine their motivation to move forward with projects in the face of many present day obstacles. "Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle." —*Cathy Kunkel-Mains*

## INTERNATIONAL

With a new year, we always look at remodel, replace, or updates. But the thing that remains the same is cultural diversity. The International Program of Work will be embracing the benefits of diversity, environment, and exchange. Come join us for this joyful journey. Did I mention handouts? Hope to see you. —*Marilyn Watson*

## ENVIRONMENT, HOUSING & ENERGY

Join us to learn about the new Environment, Housing and Energy Program of Work. We will introduce our new chair and advisor, review the new POW and discuss ways to promote Environment, Housing and Energy issues in your area and county. The new plan of work will be focused on indoor air quality. All housing, no matter the type, size, or age can have poor indoor air quality. Keep yourself and your family safe by learning to identify actions you can take to minimize the exposure to those hazards. —*Linda Padgett*