# **Educational Chairman Workshops**

#### Wednesday, June 23, 9:15-10:00 a.m.

### MANAGEMENT & SAFETY

# Scam Red Flags and Identity Theft - Two Lessons to Keep You Safe

Americans lose billions of dollars each year to fraud. Anyone could become a victim. Hear an overview of two new leader lessons, complete with publications, facilitator guides, slides, activities, marketing tools, and evaluations. Included activities reinforce learning about preventing fraud and reducing identity theft risk. Find out how both lessons can be adapted easily for in-person or online presentation. These lessons are part of the 2020-2023 Management & Safety Program of Work. —*Elaine Stevens* 

#### FOOD, NUTRITION & HEALTH

Make plans to attend the Food, Nutrition and Health Chairman learning session. This session is open to anyone who is interested in Food, Health and Nutrition. All area chairmen are encouraged to attend, or send someone to represent the area. We will be covering the year's Program of Work and current contests. There will be useful information for you to take home along with heart-healthy snacks (and a few not-so-healthy). There will also be door prizes for attendees. The overall goal of the program is to screen, educate and empower participants to actively engage their community in wellness conversations. *—Julie Hook* 

## LEADERSHIP DEVELOPMENT

Are you a club, county or area Leadership Development Chair? Are you interested in leadership development and volunteer service? Attend this session to learn about the KEHA Leadership Development Program of Work. Learn tips and tricks for reporting volunteer service units, updates to the program, and the value of your volunteer time. Review opportunities for growing your leadership skills. Discuss the community volunteerism awards, and hear how your projects may be eligible for recognition. Share your ideas for the next Program of Work.

-Karen Yerkey

### FAMILY & INDIVIDUAL DEVELOPMENT

Workshop will focus on Nurturing Aging. Discussions will include Alzheimer's/Dementia and caregivers support by Alzheimer's Association. We don't plan to become a caregiver for our loved ones, but if you are one, come and learn how to make your day a little easier or come and share your solution on how to cope being a primary caregiver. Interested to learn more about Master Clothing Volunteer Program? Jeanne Badgett, Extension Senior Associate for Clothing, Textiles and Household Equipment, will be there to talk about the MCV Program and will answer your questions. See you in Bowling Green! —Leoni Mundelius

#### Wednesday, June 23, 10:30-11:15 a.m.

#### **CULTURAL ARTS & HERITAGE**

Our last adventure of weaving on the Joyful Program of Work is about complete. Won't you join us on this Journey of Pin Weaving? There are looms for Pin Weaving in several different sizes on which you can make pieces of cloth for projects. We will create embellished material made by pin weaving on interfacing. This can accent your project. Exciting! You are truly the artist. All area, county, or club Cultural Arts and Heritage Chairmen are encouraged to attend and we always try to have a few prizes to make it a joyful workshop. Hope to see you in Bowling Green!

-Marilyn Watson

#### **4-H YOUTH DEVELOPMENT**

# Discovering Your Motivation—Why You Should Help 4-H

This workshop will teach motivational methods that engage volunteers to discover how they can assist in building 4-H and Homemaker partnerships as well as build common goals for individuals, clubs and community. With the help of Isaac Hilpp, 4-H Youth Development Specialist, you will build a toolbox of interactive practices that engage the busy volunteer. You will also learn to refine your listening skills to be present to others. —*Cathy Kunkel-Mains* 

#### INTERNATIONAL

If you are interested in learning about the progressive actions Kentucky Extension Homemakers are taking to create greener spaces, healthier communities and dependable relationships at home and overseas, join me in this informative workshop! Anyone is welcome, but International Chairmen serving at any level are encouraged to join. I'm excited to share exclusive announcements and project updates with you. See you soon! — *Rebecca Clay* 

#### ENVIRONMENT, HOUSING & ENERGY "Butterflies and Their Contribution to the Environment"

The 2020-2021 program of Work for Environment, Housing &

Energy is on Monarchs, Skippers, Painted Ladies and other Kentucky Butterflies. In the session we will be discussing the butterflies and plants that attract butterflies. We will also discuss Monarch butterflies, their migration and how to develop a Monarch



Waystation. You do not need to be an Environment, Housing & Energy chairperson to attend this workshop.

-Debbie Pierce