

Educational Chairman Workshops

Thursday, April 23, 9:45-11:00 a.m.

MANAGEMENT & SAFETY

Scam Red Flags and Avoiding Fraud

Join us to learn about the new Management and Safety Program of Work and all that it entails. We will review the POW and discuss ways to promote management & safety in your area and county. Americans lose billions of dollars each year to fraud. Anyone could become a victim. Stay safe by learning to recognize the red flags of a scam, and take steps to protect yourself from fraud. Curriculum materials include publication, facilitator's guide, PowerPoint slides, participant activities, marketing tools, and evaluation. —*Elaine Stevens*

FOOD, NUTRITION & HEALTH

Make plans to attend the Food, Nutrition and Health Chairman learning session. This session is open to anyone who is interested in Food, Health and Nutrition. All area chairmen are encouraged to attend, or send someone to represent the area. We will be covering the year's Program of Work and current contests. Take home materials, heart-healthy snacks (and a few not-so-healthy) and door prizes for attendees. Hear the presentation: "Any Time is A Good Time: The Best Cancer Screening is the One That Gets Done" by Melanie Hunter – Community Outreach Coordinator, Markey Cancer Center. In this session you'll learn about cancer screening recommendations, general health and wellness information, and nutritional guidance. The overall goal of the program is to screen, educate and empower participants to actively engage their community in wellness conversations. —*Julie Hook*

CULTURAL ARTS & HERITAGE

Join us as we continue with the Joy in our Journey in Kentucky Cultural Arts. We will look at weaving on and off the loom, including Swedish Weaving (Huck Weaving), Cloth Weaving and Pin Weaving. We will also explore the Mills of Kentucky. All area, county, or club Cultural Arts and Heritage Chairmen are encouraged to attend. Hope to see you in Owensboro! —*Marilyn Watson*

FAMILY & INDIVIDUAL DEVELOPMENT

Newly appointed or veteran Family and Individual Development chairs and individuals with interest in nurturing families and self are invited to sign up. Program will include chairman training; ideas for new projects; and how to identify, write, and enter ongoing projects for recognition. For the highlight of our program, we will have Amy Kostelic, Associate Extension Professor & Adult Development and Aging Specialist talk about "Brain Health Through the Lifespan." I highly recommend you come and listen to her presentation in order to bring back new ideas and information to your county. And, of course, at the end of the program we will have two authentic KEHA aprons for door prizes, one short and one long. Sign up now, and don't miss the opportunity to expand your horizons about Family and Individual Development or the chance to bring home some free goodies that you will cherish for years to come! —*Leoni Mundelius*

ENVIRONMENT, HOUSING & ENERGY

This year's workshop will be on the migration of the Monarch Butterfly and Monarch Waystations. Our presenter is Joanna Kirby, former president of The Garden Club of Kentucky, Inc. (2013-2015) and now chair of the GCKY State Headquarters in Paris, Ky. She continues to serve on the board and chairs the State Park Partnership through the GCKY. She also serves on the state Pollinator Awareness Committee. During her term as state president, she partnered with the Kentucky Department of Parks to establish Monarch Waystations at each of the 49 parks. There are presently 16 parks with certified Monarch Waystations. Due to this statewide effort, the number of certified Monarch Waystations grew from 36 to more than 700 in 2019. Joanna is a cut-flower grower who lives with her husband on his family farm in Garrard County. They have been working on re-establishing native plants and pollinator species for quail and pollinators. She continues to work with garden clubs, civic groups and environmentalists to help educate and establish safe havens for pollinators throughout the state. **You do not need to be an EHE chairman to attend this workshop.** As always, my workshops will have door prizes and chocolate. Looking forward to seeing you. —*Debbie Pierce*

INTERNATIONAL

If you are interested in learning about the progressive actions Kentucky Extension Homemakers are taking to create greener spaces, healthier communities and dependable relationships at home and overseas, join me in this informative workshop! Anyone is welcome, but International Chairmen serving at any level are encouraged to join. I'm excited to share exclusive announcements and project updates with you. See you soon! —*Rebecca Clay*

4-H YOUTH DEVELOPMENT

Discovering Your Motivation—Why You Should Help 4-H

This workshop will teach motivational methods that engage volunteers to discover how they can assist in building 4-H and Homemaker partnerships as well as build common goals for individuals, clubs and community. With the help of Isaac Hilpp, 4-H Youth Development Specialist, you will build a toolbox of interactive practices that engage the busy volunteer. You will also learn to refine your listening skills to be present to others. —*Cathy Kunkel-Mains*

LEADERSHIP DEVELOPMENT

Are you a club, county or area Leadership Development Chair? Are you interested in leadership development and volunteer service? Attend this session to learn about the KEHA Leadership Development Program of Work. Learn tips and tricks for reporting volunteer service units, updates to the program, and the value of your volunteer time. Review opportunities for growing your leadership skills. Discuss the community volunteerism awards, and hear how your projects may be eligible for recognition. Share your ideas for the next three-year Program of Work. We hope to see you in Owensboro! —*Karen Yerkey*