Kentucky Extension Homemakers Association Cultural Arts and Heritage



Book List 2019-2020

Thank you to the following for their contributions to this list:

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This list has been compiled specifically for the Kentucky Extension Homemaker Association. The Kentucky Extension Homemakers Association has paid printing cost.

Book List 2019-2020

The KEHA Cultural Arts and Heritage Program area annually sponsors a reading program. Extension Homemakers may participate by reading one book from six of these nine categories: the arts, biography, family and consumer sciences, fiction, history, Kentucky, religion and spirituality, travel and classics and old favorites. Keep a record of the books read and submit the record to the club Cultural Arts and Heritage chair. The club chair should forward that information to the county chair or to the extension agent. Qualified readers may receive the Cultural Arts Reading Award Bookmark recognition at the county level. Counties are responsible for printing their own bookmark. The bookmark is available for downloading on the KEHA Cultural Arts and Heritage web page.

This is only a suggested list. You may choose your own titles. Your local public librarian many have other suggestions. Local libraries usually belong to the Kentucky Library Network, which allows individuals to borrow books from other libraries through interlibrary loan. If you cannot find the book you wish to read at your local library, ask about this service.

THE ARTS

Dancing Through Field of Color: The Story of Helen Frankenthaler by Elizabeth Brown (2019) – Men can paint powerful pictures; however, Frankenthaler splashed her way of painting modern arts to express emotion with color. Her paintings were unique due to the tools she would use, such as mops and squeegees, to move the paint into amazing effects.

Amish Quilts: Giftable Inspiration Along with Quilting Tips by Wanda Brunstetter, Richard Brunstetter, et al (2016) – If you love quilts, this book takes you on a trip of the Amish tradition of quilting. Enjoy the bright pictures through the United States of quilts that reflects family life.

Country Living Mini Makeover: Easy Ways to Transform Every Room by Country Living (2018) – This book shares ideas to refresh your house and infuse happiness by swapping things and repurposing your furniture.

A Touch of Farmhouse Charm: Easy DIY Projects to Add a Warm and Rustic Feel to Any Room by Liz Fourez (2016) – Fourez takes you on a tour of her family home, in which she reinstated the 1940 country farm styles. This book will show you how to make each decoration.

It's Saturday Morning!: Celebrating the Golden Era of Cartoons 1960s-1990s by Joe Garner & Michael Ashley (2018) – This takes you back to look at four decades of animation, pop culture and tradition. It gives an overview of some cartoons that were popular in the 60's – 90's.

May I Come In?: Discovering the World in Other People's Stories by Wendy Goodman (2018) - A book that showcases some of the more unusual homes and eccentric personalities the author has covered during her extensive career working for various interior design publications.

African Wax Print Textiles by Anne Grosfilley (2018) – This book shows the multifaceted heritage of African wax print fabrics. Complimented by magnificent illustrations, Anne Grosfilley outlines the method of printing and dying the fabric, including wax or indigo, to the West Indian origins.

Buckingham Palace: The Interiors by Ashley Hicks (2018) – Hicks describes and shows the principal rooms of Buckingham Palace photographed in daytime, providing detailed descriptions of the royal rooms and collections.

Pink: The History of a Punky, Pretty, Powerful Color by Valerie Steel (2018) – If you love the color pink, then this is the book to read. It gives an overview of the color pink that has been in fashion for many years.

BIOGRAPHY

The Secret Ingredient: Recipes for Success in Business and Life by Gigi Butler and Bud Schaetzle (2018). The owner of Gigi's Cupcakes shares her personal success story and the life-changing encouragement that she experienced as a challenging life lead her back to baking and opening a cupcake shop. Throughout each chapter, you will find a recipe for a delicious cupcake.

Ruth Bader Ginsburg: A Life by Jane Sherron de Hart (2018) – Hart's biography on Ginsburg is a stroll of her keen recollections of many landmark cases, as well as their historical, social and political landscapes.

Born to be Posthumous: The Eccentric Life and Mysterious Genius of Edward Gorey by Mark Dery (2018) - Edward Gorey's mischievously humorous and deliciously sinister little books have affected our ethnicity in immeasurable ways, from the works of Tim Burton and Neil Gaiman to Lemony Snicket. Some even call him the Grandfather of Goth.

The Woman Who Smashed Codes: A True Story of Love, Spies, and the Unlikely Heroine Who Outwitted America's Enemies by Jason Fagon (2017) – This is a biography of Elizebeth Friedman, a codebreaker during WWII. After her death, she left her life papers at the George Marshall Research Library, which enabled Fagon to write this book.

In Pieces by Sally Field (2018) -This book reads as a woman in her early seventies trying to address things in her life that she has kept hidden, not just from others, but herself, and attempting to make sense of everything.

Prairie Fires: The American Dreams of Laura Ingalls Wilder by Caroline Fraser (2017) – This book provides a different perspective on American history from the hardship of a pioneer girl to the tumultuous relationship with her daughter Rose Wilder Lane.

The Chicken Runs at Midnight by Tom Friend and Tim Kurkjian (2018) - Rich Donnelly's life of a baseball player and his daughter's message from heaven.

Always Look on the Bright Side: A Sortabiography by Eric Idle (2018) -The author reflects on the meaning of his own life as he takes the reader on a remarkable journey from Idle childhood in a boarding school through his successful career.

The Good Neighbor: The Life and Work of Fred Rogers by Maxwell King (2018) - Former Philadelphia Inquirer editor King reveals how Fred Rogers' guiding principles of his Christian faith—kindness, acceptance, and unconditional love—underpinned every aspect of his professional and personal life. Arranged more or less chronologically, this title traces Rogers's development from an often sickly and overweight child, subjected to childhood bullying and an overprotective mother. His upbringing provided a rich environment for the development of his creativity. He went on to study musical composition and become ordained as a Presbyterian minister. Mister Rogers' Neighborhood, which ran from 1968 to 2001, was radical for its time, covering war, death, divorce, and other controversial topics honestly and respectfully for children's understanding.

Eliza Hamilton : The extraordinary life and times of the wife of Alexander Hamilton by Tilar J. Mazzeo (2018) - From a New York Times bestselling author comes a comprehensive and riveting biography of the extraordinary life and times of Eliza Hamilton, the wife of founding father Alexander Hamilton, and a powerful, unsung hero in America's early days.

Jackie's Girl: My Life with the Kennedy Family by Kathy McKeon (2018) - A "coming-ofage memoir by a young woman who spent thirteen years as Jackie Kennedy's personal assistant and occasional nanny--and the lessons about life and love she learned from the glamorous [former] first lady.

The Long Haul: A Trucker's Tales of Life on the Road by Finn Murphy (2018) - A long-haul mover's rollicking account of life out on the Big Slab.

Becoming by Michelle Obama (2018) – Michele's memoir is a work of her reflection and storytelling. She gives readers a look into her world, chronicling the experiences that shaped her from her childhood to her years as an executive and the demands of motherhood and work, to her time spent as the First Lady.

Educated: A Memoir by Tara Westover (2018) - Tara Westover was not your garden-variety college student. When the Holocaust was mentioned in a history class, she did not know what it was (no, really). That is because she did not see the inside of a classroom until the age of seventeen. Public education was one of the many things her religious fanatic father was dubious of, believing it a means for the government to brainwash its gullible citizens, and her mother was not diligent on the homeschooling front. If it was not for a brother who managed to extricate himself from their isolated—and often dangerous--world, Westover might still be in rural Idaho, trying to survive her survivalist upbringing. It is a miraculous story she tells in her memoir.

CLASSICS and OLD FAVORITES

The Secret Garden by Frances Hodgson Burnett (1911) - The Secret Garden is a "pleasant" story in every sense of the word. Predominantly, it is about three kids: Mistress Mary, Dickon, and Master Colin--and how these children are transformed by the magic of nature and their own imaginations as they work to bring a near-dead garden back to life.

An American Tragedy by Theodore Dreiser (1931) - A story of struggles, integrity, and differentiated socioeconomic classes, from stark hardship to luxury and wealth. It is also the

personal story of Clyde, a self-centered, self-absorbed social climber who places more value upon wealth and luxury than people mindsets.

The Sound and the Fury by William Faulkner (1991) - The book discloses the story of the collapse of the Compson family, condemned occupants of Faulkner's fictitious Yoknapatawpha County, through the interior monologues of Benjy and his brothers, Quentin and Jason.

Gone with the Wind by Margaret Mitchell (1937) – An epic book of love and war. This love and war story dates back to the Civil War era and what took place during that time.

Mrs. Wiggs of the Cabbage Patch by Alice Hegan Rice (1901) - After her husband dies, Mrs. Wiggs has five children to raise in the "Cabbage Patch," an old Louisville slum. This classic, written by a Kentucky author, is a charming, funny story of hope triumphing over despair and is perfect for a new generation of readers.

Desiree by Anne Marie Selinko (1953) - The bestselling story of Napoleon's first love told through the pages of Desiree's (fictitious) diary. This is a novel of a young French merchant's daughter. Desiree falls in love with flamboyant and ambitious, Napoleon Bonaparte. Napoleon leaves his fiancée to marry Josephine. French and European history swirls around Desiree as she marries French General Jean-Bapteste Bernadotte and eventually becomes a queen in her own right.

All the King's Men by Robert Penn Warren (1946) – Portrays the dramatic political rise of the governorship of Willie Stark and his right-hand man Jack Burden.

Charlotte's Web by E. B. White (1973) – It is a story of a friendship of a spider named Charlotte and a pig called Wilbur. When Charlotte learns that Wilbur is being fattened for slaughter, she comes up with a plan to save him.

FAMILY and CONSUMER SCIENCES

Coping with Critical, Demanding, and Dysfunctional Parents by David Franklyn Allen (2018) –If you have difficult parents who are demanding, etc., this is a much-needed guide. This will help you to learn how to set boundaries; uncover the hidden reasons behind your parent's actions; put a stop to recurring, upsetting interactions; and foster healthier relationships.

The Inviting Life: An Inspirational Guide to Homemaking, Hosting and Opening the Door to Happiness by Laura Calder (2017) – A guide to make your life and home feel and look more pleasurable.

Sisters and Brothers for Life: Making Sense of Sibling Relationships in Adulthood by Suzanne Deggis-White (2017) – Sibling relationships are special in many ways, not least because often siblings are the family members who go through their whole lives together. However, those relationships can be fraught with strife or tension, bouts of happiness or strain and stress. They can predict and affect other relationships in our lives, and they can offer solace or sadness over the years. Here, Suzanne Degges-White looks at the variety of sibling relationships with an eye to improving both the good and the bad.

Seasons at the Farm: Year-Round Celebrations at the Elliott Homestead by Shaye Elliott (2018) – The author shares how her family and traditions at the farm have continued and evolved throughout the years. Elliott brings to life how things can be beautiful and inspirational.

Sew...The Garment-Making Book of Knowledge by Barbara Emodi (2018) - Barbara Emodi, a lifelong sewist, and teacher of the craft, published her "Real-Life Lessons from a Serial Sewist." It is everything your mother would teach you about sewing if she knew how to sew! The book includes a multitude of sewing tips and information that all new sewing enthusiasts will find very helpful and those of us, who have been sewing for a lifetime, will appreciate. This is a book written from experience, not so much as a reference book as the title depicts.

So Much to Celebrate: Entertaining the Ones You Love the Whole Year Through by Katie Jacobs (2018) – Jacobs reveals her secrets for throwing great parties for any occasion. Book has many ideas and tools for you to throw a great celebration.

Victuals: An Appalachian Journey, with Recipes by Ronni Lundy (2016) - A book regarding present-day people and places across the southern Appalachian Mountains and the ways they link to the past. It is about the food they prepare and consume from the gardens they grow and the lives they create. It is a book full of recipes and voices. A very readable book that has great recipes and beautiful photographs.

Hand Made: The Modern Woman's Guide to Made-From-Scratch Living by Melissa K. Norris (2017) – A Guide to help one bake, make soaps and declutter your home and many other tips.

Becoming Grandma: The Joys and Science of the new Grandparenting by Leslie Stahl, (2017) - From one of the country's most familiar journalists, this book is an investigation of why becoming a grandmother yields such an intense "jolt of joy!" The *60 Minutes* reporter interviews friends and business colleagues whose stories will sound familiar to those who are already members of the elite Gma club and prepare those who envision becoming a grandma in the future.

Dare to Be Kind: How Extraordinary Compassion Can Transform Our World by Lizzie Velasquez and Catherine Avril Morris (2017) - The authors challenge readers to make our culture a kinder one by encouraging people to undermine hate through self-acceptance and everyday acts of empathy.

FICTION

Hannah Coulter by Wendell Berry (2005) – This is a novel about a woman called Hannah who recounts the love she had for the land that she and her second husband owned and farmed for many years. Hannah looks back on her life as she reflects the things she lost and the people she loved. With everything threatened by new technologies and the family culture of farming being at risk to new development, which her grandson Virgil returns to work on the farm that is his rural home.

The Guest Book by Sarah Blake (2019) – A love story that is unforgettable and a story regarding previous blunders and betrayals that ripped many generations. It follows three generations of an American family and a family that used to run the world.

High as the Heavens by Kate Breslin (2017) - In 1917, British nurse and war widow Evelyn Marche was trapped in German-occupied Brussels. She works at the hospital by day and as a server by night, but she also has a secret---she is a spy for the resistance.

In Another Time by Jillian Cantor (2019) – This novel spans over Germany, England and the United States, following a couple torn apart by things gearing up to WWII and family secrets that verify their reasons for existence.

Courting Mr. Emerson by Melody Carlson (2019) – It is never too late to find the love of your life; however, it was not love at first sight when Willow, an artist, found retired teacher Emerson. Even though Willow is intrigued with Emerson, is he willing to change to give a second chance for love and life?

Run Away by Harlan Coben (2019) – This book starts out with the main plot of Simon searching for his missing daughter, Paige, who has become a severe drug addict and is living with her supplier. As the plot thickens, more family secrets are let out of the closet.

Kentucky Magic! by Susan Connelly and Allison McEwan (2019) - A tale seizing the joy and amazement of childhood through the eyes of two small girls as they play together one enchanted summer day. Brilliantly exemplified, and heart-warming - an educational, and motivating book that will draw the young reader.

Quiet Until the Thaw by Alexandra Fuller (2017) - A notable debut novel featuring the divergent paths of two Lakota cousins in the 1940s.

The Little French Bistro by Nina George (2017) - With all the buoyant charm that made The Little Paris Bookshop a beloved bestseller, The Little French Bistro is a tale of second chances and a delightful embrace of the joys of life in France.

The Rooster Bar by John Grisham (2017) - Three law students follow up on research begun by a classmate into the for-profit law school they are attending. Feeling duped by owners who profit from the hundreds of thousands of dollars the three accumulated in student loans, the friends explore a different way to handle the situation, by quitting school, renting space above "The Rooster Bar" and living on the cash they are paid by their "clients"....until they are forced to implement a new strategy. John Grisham succeeds again at keeping readers engaged!

The Memory House by Rachel Hauck (2019) – Fifty years disconnect two women (Beck Holiday and Everleigh Applegate), but through the control of love and phenomenon of faith, they each find healing in a beautiful Victorian known as The Memory House. Each one had to overcome obstacles and grew with faith in this house that was inherited by Holiday.

Not My Daughter by Kate Hewitt (2019) – Milly and her husband received news that they would not be able to have children. Heartbroken, Anna (Milly's best friend) and Jack (her husband's brother) decided to donate an egg and sperm so Milly could become a mother by IVF. Problems arises when Milly and Anna have issues over the baby. After many years of not speaking, the four are brought back together when the child is diagnosed with a serious disease.

Southernmost by Silas House (2018) - Southern novelist House's new book is a paean to the wisdom of the heart and the remarkable ability of humans to listen to that wisdom despite a lifetime of believing (or preaching) intolerance.

Unsheltered by Barbara Kingsolver (2018) - From Darwin's discoveries to the Trump era, a house in New Jersey is at the center of this time-shifting study of social change.

Book Club Babies by Ashton Lee (2017) - In the colorful small town of Cherico, Mississippi, librarian Maura Beth McShay is overseeing the opening of the new library and preparing for the birth of her first child with some help from the Cherry Cola Book Club. This is the sixth book in this smart, witty, warm-hearted Southern fiction series.

Caroline: Little House, Revisited by Sarah Miller (2017) - Authorized by the Little House Heritage Trust, the popular children's book series is revisited from the viewpoint of Caroline, aka "Ma." She is portrayed as a formidable, complex pioneer woman. Through her story, readers will learn much about the settling of the American West in the late 1800s.

Country Dark by Chris Offutt (2018) – A compelling novel set in rural Kentucky from the Korean War to 1970. This book is about a young veteran called Tucker who returns from war to work for a bootlegger. Tucker's family is threatened, and he is shoved into violence all because of protecting the ones he loves.

The Library of Lost and Found by Phaedra Patricia (2019) – As a librarian, Martha Storm finds it easy to connect with books but challenging to connect with people. When a book of fairy tales dedicated to her grandmother comes her way, she discovers clues that indicate her grandmother may be alive. This novel chronicles Storm's journey to follow those clues.

A Spark of Light by Jodi Picoult (2019) - At a women's reproductive health services clinic known as The Centre, the day starts off as usual. Protestors block the outside, while worried women seek the care within. Among the daily turmoil, a distraught gunman bursts in, opening fire and taking everybody hostage.

The War Bride's Scrapbook: A Novel in Pictures by Caroline Preston (2018) - Lila Jerome has never been very lucky in love, and has always been more interested in studying architecture and, more recently, supporting the war bond effort on the home front. However, in the fall of 1943, a chance spark with a boarder in her apartment sets Lila on a course that shakes up all her ideas about romance. This World War II love story is narrated through a new bride's dazzling array of vintage postcards, newspaper clippings, photographs, and more.

The Things We Cannot Say by Kelly Rimmer (2019) - An unshakable reminder of the destruction when truth is hushed...and how it can take a generation to find our voice before we learn to trust it.

After Anna by Lisa Scottoline (2018) - Maggie marries a widower with a son, years after she lost her daughter, Anna, in a divorce. At seventeen, Anna calls Maggie and goes to live with them. Everything goes wrong with her marriage, and Maggie's husband goes to prison for murdering Anna. Maggie seeks and finds the shocking truth after receiving new information.

Someone Knows by Lisa Scottoline (2019) – Twenty year ago, a prank turned deadly and the teenagers involved vowed to keep the events a secret. After two decade of self-punishment, one of the women returns home for the funeral of a childhood friend and endeavors to determine what really went wrong that fateful day. This novel is an examination of family, marriage, grief and the true nature of justice.

Liar's Winter: an Appalachian Novel by Cindy Sproles (2017) - Lochiel Ogle was born with a red-wine birthmark that mountain folks called "the mark of the devil" and she has never known kindness or love in the first nineteen years of her life. Set in the wild and beautiful Appalachian Mountains of nineteenth-century East Tennessee, Liar's Winter is an unflinching yet inspirational exploration of prejudice and choice.

The Hellfire Club-by Jake Trapper (2018) - This is an exciting, suspenseful story about a young, naïve Congressman who quickly gets on the wrong side of his more powerful colleagues. As a result, readers see dishonesty, manipulation, unstable marriages, and attempts to frame the young Congressman for murder. The story is set in the fifties and references true-life characters such as Joe McCarthy, Roy Cohn, Lyndon Johnson and John and Jackie Kennedy.

The Animators by Kaya Rae Whitaker (2017) – A story of two people drawn together by passion and talent and the toll being a genius often takes on a person. It is a story of how we try to hide from the problems and questions that bother us. How we bury ourselves into our work can have mixed outcomes, professionally and emotionally. This is the story of a professional and personal partnership, and all the joy, pain, and emotional anguish that comes with it.

The Night the Lights Went Out by Karen White (2017) - Merilee and her two children move to Sweet Apple, Georgia after her divorce. An anonymous blog tells of scandalous events. Merilee's new friend, Heather, is not what she seems to be. There are sin and secrets in Sweet Apple.

HISTORY

We Fed an Island by Jose Andres (2018) – The true story of how a group of chefs fed hundreds of thousands in Puerto Rico after Hurricane Maria and touched the hearts of many more.

Automating Inequality: How High-Tech Tools Profile, Police, and Punish the Poor by Virginia Eubanks (2018) - The author investigated public assistance and focused on three "technologies" that appear to be excellent ideas at face value: 1. an attempt to automate public assistance eligibility assessment. 2. data from homeless individuals are used to assign appropriate housing services. 3. the use of technology to predict which children are at greatest risk for abuse and neglect. Rather than improving quality of life, the author's research suggests that the practices marginalized and negatively affected poor and workingclass families.

Prohibition in the United States: A History from Beginning to End by Hourly Hensley (2019) - This book is a short history of the US Prohibition Era as well as the temperance movement's 100 year battle against alcohol consumption and effort to convince Americans to make prohibition the law of the land. For the thirteen years period from 1920 to 1933, the transportation and sale of alcoholic beverages were prohibited in America

Kisses When I Get Home: Letters of a Long-Distance Courtship During World War II by Richard E. Klein (2019) – A novel regarding the true love story of Walter and Rita Klein during the era of World War II. After 50 years the war had ended, Walter's nephew Richard discovered their letters. After reading their letters of daily activities and the planning of their wedding of both being apart told the story of their love and commitment to each other.

The First Conspiracy: The Secret Plot to Kill George Washington by Brad Metzer (2019) – This book tells the extraordinary and earlier untold stories about plots of treasonous plans

against George Washington. All of the First Conspiracy took place during the birth of our nation, which describes untold pieces of American history revealing the character of George Washington.

Radium Girls: The Dark Story of America's Shining Women by Kate Moore (2017) – The Radium Girl is a story regarding inspiring young women exposed to the substance of radium, and their awe-inspiring strength in the face of almost impossible circumstances. Their bravery and persistence led to life-changing rules, research into nuclear bombing, and saved many lives from the exposure to radium.

Code Girls: The Untold Story of the American Women Code Breakers of World War II by Liza Mundy (2017) – The untold story of American women recruited from different colleges to help the Navy and Army break codes which help win WWII.

The Vietnam War: An Intimate History by Geoffrey C. Ward and Ken Burns (2017) – A thorough overview of the Vietnam War. This book covers the military missions and policies, the political landscape and how it affected five US presidential administrations from Eisenhower to Ford, and the social scene back in the United States.

KENTUCKY

Cornbread Mafia: The Outlaws of Central Kentucky by Joe K. Bickett (2018) – A book reflecting the 1980 marijuana business which started in Marion County, KY and how it was flourishing. President Reagan declares war on drugs, which made it tougher on marijuana growers to stay of trouble with the Feds. Bickett tells his stories of the largest marijuana business in the US which ranged from Kentucky, Illinois, Indiana, Michigan and Kansas.

My Calling Fulfilled: Kentucky Mountaineer, Combat Marine, Korea Missionary, Prison Chaplin by Rev. Eldon Cornett (2019) - An Inspirational Memoir Spanning Nine Decades From a Depression-era childhood in the Kentucky mountains, Eldon Cornett went on to: -Stomp the beaches of Saipan as a Marine - Construct churches in war-torn South Korea communicate the glory of God with inmates in the state prisons. This tell the story of Cornett life.

Hiking Kentucky's Red River Gorge: Your Definitive Guide to the Jewel of the Southeast by Sean Patrick Hill (2019) – This book is great for people that have never been to Red River Gorge. If you love to hike or enjoy the outdoor life, this book will guide you through the trails, which includes the Gorge, Natural Bridge State Park and Cliffy Wilderness. A book that is very detailed and describes a lot of history for this area.

Kentucky Across the Land by Lee Mandrell, DeeDee Niederhouse-Mandrell (2019) – Kentucky is a wonderful place to enjoy beautiful landscapes, natural wonders, the bourbon

trail and the charm of small hometowns. This book will inspire you to take a journey traveling the state of Kentucky.

Kentucky Barns: Agricultural Heritage of the Bluegrass by Carol Peachtree, Janie-Rice Brother, et al (2019) – A book that showcases beautiful barns old and new throughout the Bluegrass. Great photos of in and outside of the barns that range from 1803 to present.

Kentucky Off the Beaten Path: A Guide to Unique Places by Zoe Ayn Strecker and Jackie Sheckler Finch (2015) - "For the traveler who enjoys the special, the unusual, and the unexpected." This is a great book to guide one through the back roads of Kentucky. Divided into geographical sections, this book tells interesting facts about some of our state's hidden treasures. It even includes a "secret" recipe for an award-winning barbeque chicken.

Elkhorn : Evolution of a Kentucky Landscape by Richard Taylor (2018) - When former Kentucky Poet Laureate Richard Taylor took a job at Kentucky State University in 1975, he purchased a fixer-upper in need of a roof, a paint job, city water, and central heating that became known to his friends as "Taylor's Folly." The historic Giltner-Holt House, which was built in 1859 and sits close by the Elkhorn Creek a few miles outside of Frankfort, became the poet's entrance into the area's history and culture, and the Elkhorn became a source of inspiration for his writing.

RELIGION and SPIRITUALITY

River to Redemption- Christian-Kentucky by Ann H. Gabhart (2018) - A faith based on true events stemming from the 1883 Cholera epidemic in Springfield, Kentucky.

These Healing Hills- Christian, Kentucky by Ann H. Gabhart (2017) - A heartwarming story of life in the Appalachian Mountains at the end of World War II.

Let's Be Friends by Elizabeth Hoagland (2018) - This book covers several inspiring stories. A simple collection of entertaining stories offers practical ways to encourage important acquaintances that will enhance your life and expand your faith. It includes ingenious notions to try with your friends.

American Spirit: Profiles in Resilience, Courage, and Faith by Taya Kyle and Jim DeFelice (2019) – The author writes her story as well as of Americans that have built extraordinary lives after having to travel a life with difficult roads through loss, sickness and other impediments.

Daring to Hope: Finding God's Goodness in the Broken and the Beautiful by David Majors and Katie & Ann Voskamp (2017) – This book regards a mother discovering the

special strength it takes to be an average person. It's about choosing faith no matter the condition and about meeting God's gracious in the least likely places.

Holy Envy: Finding God in the Faith of Others by Barbara Brown Taylor (2019) - Is an incredibly inviting and thought provoking book about finding unities throughout different religions, and it urges readers to grow in their own faith by better grasping the world and religious customs of those around them.

It's Not Supposed to Be This Way: Finding Strength When Disappointments Leave You Shattered by Lysa TerKeurst (2018) - In this Bible study, the author offers a safe place to share your disappointments, fresh biblical insight to get you through painful situations, and life-giving perspectives for living in between Eden and eternity.

Last Will, Last Testament by Frank X Walker (2019) – A book of poetry, which relates to life and affection. Walker through his poetry is saying his farewell to a father and rejoicing new life with the birth of a boy.

Travel

Chatting with America by Kurt Lockhart (2019) - Chatting with America will teach you tips and tricks for becoming a better chatter as you join the author on his road trip around the United States.

The Best Hits on Route 66: 100 Essential Stops on the Mother Road by Amy Bizzarri (2018) – A guide of adventure of sights that one must see while driving more than 2,400 miles thru Illinois to California.

Our Towns: A 100,000-Mile Journey into the Heart of America by James Fallous; Deborah Fallous (2018) – The authors have been touring small and mid-size towns and cities within the United States that fell on hard times and then bounced back: asking questions, taking notes and reporting back on (mostly) positive stuff.

Curiosities and Splendour: An Anthology of Classic Travel Literature by Lonely Planet (2019) – This is a collection of classic travel from authors and adventures such as "Life on the Mississippi". The editor of this book, Mark Mackenzie, shares how travel has changed since these tales were first published.

50 States, 5,000 Ideas: Where to Go, When to Go, What to See,What to Do by National Geographic Society and Joe Yogerst (2017) – If you need travel ideas, view this guide to find places you would like to travel to see what each state has to offer.