

## **Educational Chairman Workshops** **Wednesday, May 9 - 9:45-11:00 a.m.**

### **Environment, Housing and Energy -**

The Three B's of Home Landscaping  
Calling all Environment, Housing & Energy Chairmen! Whether you serve on the club, county or area level, I hope you will join us as we explore the NEW three year program of work (POW). This POW will focus on landscaping using native plants to attract bees, butterflies and birds. In addition to reviewing the program of work, we will discuss the NEW Environment, Housing and Energy contest which will provide an opportunity to give back to your community while promoting the Kentucky Extension Homemakers Association across the state. Hope to see you there! -*Nell Manning*

### **Food, Nutrition and Health -**

During this session, the new program of work for 2018-2021 will be rolled out and information will be distributed. In addition, an update on ovarian cancer screenings and the work of KEHA will be discussed. Finally, a lesson on small kitchen appliances will be provided, including: handouts, recipes and a taste-testing! Participants will learn new ways to use trusted appliances and how to prepare simple, nutritious meals. Participants will have a chance to win door prizes. Looking forward to sharing information regarding Food, Nutrition & Health! See you in May at the state meeting. -*Carolyn Horn*

### **4-H Youth Development -**

We are looking forward to another great year for Extension Homemakers and 4-H working together to encourage Extension Homemakers to volunteer to assist in 4-H activities. We hope that this past year has found many of you helping in county, district and state 4-H programs such as public speaking and demonstrations. Come join us this year to learn how you can take this program back to your county and what your roles are in serving as a volunteer in the 4-H program. As usual, we will give you an opportunity to ask questions and offer suggestions. If you are a club, county or area chairman this is a program you will not want to miss. Come join us for some learning, fellowship and fun. -*Nancy Snouse*

### **Cultural Arts and Heritage -**

Want to know more about making the Cultural Arts and Heritage program in your county and/or area the best it can be? If so, please join us and learn about the 2016-19 Program of Work. In this training, members will explore information about the 2018-19 program which will focus on rug hooking with wool fabric and the three-year program focus on covered bridges in Kentucky. Participants will also have the opportunity to offer suggestions for the upcoming 2019-2022 Program of Work and to ask questions about Cultural Arts and Heritage. If you are an area, county, or club Cultural Arts and Heritage Chairman, this is a program you will not want to miss. Hope to see you in Louisville. -*Julia Lainhart*

### **Family and Individual Development -**

This session will present a variety of topics helping you prepare for changes in the life cycle. Dr. Amy Hosier Kostelic will present a segment on "Keys to Embracing Aging with Healthy Lifestyles". This important topic will be of interest for individuals as well as caregivers. We often wonder how we can care for, preserve and repair family heirlooms. Our second speaker will give us information on this and we will look at how our treasured belongings can help us with our family history. -*Marilyn Craycroft*

### **International -**

This workshop will: provide an understanding of what International really means and it's many projects; review duties of International Chairmen (club, county, area and state); walk-through how to complete the program of work report; detail how to compile and send contest entries; and discuss future projects. Marcia Rasner, Mammoth Cave Area International Chair, who traveled to Ghana in May 2017, will present Ghana Projects such as the sewing program, Kentucky Academy Library and Kentucky Academy School. Rebecca Clay, Johnson County International Chair, will share her experience as KEHA Exchange Homemaker to the Philippines in September 2017; showcase the distribution of water filters and the Clean Water Program; and describe the need for the bucket water filters. At the end of the workshop, each participant will receive a USB drive containing the materials covered to be used for your county chairman training. So make sure to send at least one member from your county. -*Leoni Mundelius*

### **Leadership -**

Are you a club, county or area Leadership Development Chair? Are you interested in leadership development and volunteer service? Attend this session to learn about the 2018-2021 KEHA Leadership Development program of work. Learn new tips and tricks for reporting volunteer service units, updates to the program and the value of your volunteer time. Experience a mini-lesson focused on evaluating the strengths, weaknesses and opportunities for KEHA clubs and county organizations. We hope to see you in Louisville! -*Karen Yerkey*

### **Management and Safety -**

Make plans to attend the Management and Safety training! This session will include a brief discussion of the duties of the management and safety area chairman and an overview of the current plan of work, in addition to an educational program on "Planning Your Digital Estate." Have you ever wondered what happens to your digital property after you pass away? Who will have access to online bank accounts, email accounts, or even social media accounts? Are these accounts deactivated? Do they disappear? Do they exist in the cloud forever? Who will have control over what happens to them? The answers to these questions and more will be addressed as we discuss the domain of digital estate planning. -*Victoria Orme*