



# **KEHA Recreation**

## **July 2017 - June 2018**



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***Mapping  
Our future***





# J U L Y

## July:

- Did you know that July's birthstone is ruby, which is said to symbolize contentment?
- Did you know that no month ends on the same day of the week as July unless it is a leap year, when January does so?
- Did you know that July is National Ice Cream Month, National Blueberry Month, National Hot Dog Month, National Picnic Month and National Pickle Month?

**Roll Call:** Describe your most remembered 4<sup>th</sup> of July.

## Thought/Quote of the Month:

And I'm proud to be an American, where at least I know I am free. And I won't forget the men who died who gave that right to me -- Lee Greenwood

## HISTORY QUIZ

(Circle the correct answer from the three choices provided with each question.)

- 1) When did the Revolutionary War begin?    1773, 1774, 1775
- 2) What was the first battle of the war?        Lexington, Concord, Boston
- 3) Where was the treaty ending the war written and what was it called?  
      London, Paris, Washington
- 4) What battle virtually ended the war?        Yorktown, Bunker Hill, New York
- 5) Who wrote "This is the time that tries men's souls."?  
      John Adams, Ben Franklin, Thomas Paine
- 6) Who wrote the Declaration of Independence?  
      George Washington, John Hancock, Thomas Jefferson
- 7) How many delegates signed the document?  25, 56, 32
- 8) What year was the Declaration of Independence signed?  1714, 1810, 1775
- 9) What year was the attack on Pearl Harbor?  1933, 1927, 1941
- 10) With the attack on Pearl Harbor, what war did this draw the United States into?  
      World War I, World War II, Vietnam War

- 11) Who was the President of the United States at that time?  
Woodrow Wilson, Franklin D. Roosevelt, Dwight D. Eisenhower
- 12) When did WW1 begin?            1922, 1937, 1914
- 13) Who was President of the United States during WW1?  
Harry S. Truman, Calvin Coolidge, Woodrow Wilson

**ANSWERS:**

- 1) 1775
- 2) Lexington
- 3) Paris and it was called Treaty of Paris
- 4) Yorktown
- 5) Thomas Paine
- 6) Thomas Jefferson
- 7) 56
- 8) 1775
- 9) 1941
- 10) WWII
- 11) Franklin D. Roosevelt
- 12) 1914
- 13) Woodrow Wilson

***Learn the Preamble to the Constitution of the United States:***

“We the People of the United States, in order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution of the United States of America.”

# AUGUST

**August** is the eighth month of the year and the sixth month of the Roman calendar. The Romans called the month Sextilis, which means sixth. Eight years before Jesus was born, the name of the month was changed to August in honor of the Roman Emperor Augustus Caesar because many of the important events in his life happened around that time of the year.

**Flower for August:** Poppy

**Birthstone for August:** Peridot

**Roll Call:** What is your favorite thing to do in August?

**Thought/Quote of the Month:** Most folks are as happy as they make up their minds to be -  
---Abraham Lincoln

**Game of the month:**

Write the word **AUGUST** on a piece of paper and see how many words you can make from the letters in **AUGUST**.

# S E P T E M B E R

**September:** Back to school

Topics for discussion:

---School bus safety

---Lunchbox menu safety

---Classroom bullying

**Roll Call:** What is your favorite school memory?

**Thought/Quote of the month:** A teacher affects eternity, and can never tell where the influence stops -- Henry Brooks Adams

**Fill in the correct letters in the blanks across to form the word Education going downward (all answers pertain to SCHOOL)**

1. E \_ \_ \_ \_ \_

2. \_ \_ \_ \_ D \_ \_ \_ \_

3. \_ U \_

4. C \_ \_ \_ \_ \_ \_ \_ \_ \_

5. \_ \_ \_ \_ \_ \_ \_ A \_

6. T \_ \_ \_ \_ \_ \_ \_

7. \_ \_ \_ \_ \_ \_ I \_ \_

8. O \_ \_ \_ \_ \_ \_

9. \_ \_ N \_ \_

ANSWERS: 1. Eraser; 2. Children; 3. Bus; 4. Classroom; 5. Principal; 6. Teacher; 7. Custodian; 8. Office; 9. Lunch

# OCTOBER

## October: National Pizza Month

- Americans eat about 100 acres of pizza each day, or 350 slices per second.
- Pizza is a \$30 billion per year industry.
- Each man, woman and child in America eats an average of 46 slices (23 pounds) of pizza a year. (source: Packaged Facts, New York)
- Approximately 3 billion pizzas are sold in the U.S. each year.
- According to a recent Gallup Poll, kids between 3 and 11 prefer pizza over all other food groups for lunch and dinner.

**Roll Call:** Name your favorite type of pizza.

**Thought/Quote of the Month:** “I cannot endure to waste anything as precious as autumn sunshine by staying in the house” --Nathaniel Hawthorn

## Pizza Trivia:

1. What is America’s favorite topping?
2. In America, what is the topping ranked last on the list of favorite toppings?
3. What percent of Americans prefer meat toppings on their pizza?
4. Who prefers vegetable toppings on their pizza?
5. Who brought home a hunger for pizza after WWII?
6. What percent of Americans eat pizza at least once a month?
7. More pizza is consumed during the week of \_\_\_\_\_ than any other time of the year.
8. Which pizza company delivers the most pizza in the world?
9. Per capita, what state has the most pizza stores per person at 4.13 per 10,000 people?
10. The U.S. per capita consumption of mozzarella cheese is almost \_\_\_\_ pounds.

### References:

Baidya, Sankalan. (2014, April 13). *20 Facts About Pizza*. Retrieved from: <https://factslegend.org/20-facts-pizza/>

*National Pizza Month*. (2017, February 9). Retrieved from: [https://en.wikipedia.org/wiki/National\\_Pizza\\_month](https://en.wikipedia.org/wiki/National_Pizza_month).

*Pizza Fun Facts*. Retrieved from: <https://pizza.com/fun-facts>.

Answers: 1. Pepperoni; 2. Anchovies; 3. 62 percent; 4. Women; 5. Soldiers; 6. 94 percent; 7. Super Bowl Game; 8. Dominoes; 9. Iowa; 10. 11

# N O V E M B E R

## November Fun Facts

### *Did you know?*

- In any given year, November starts on the same day of the week as March and ends on the same day of the week as August.
- November 2 is the only day of the year that was the birthday of two US presidents: Warren Harding (born 1865) and James Polk (1795).
- The birthstone of November is topaz.
- The flower for November is the chrysanthemum.
- The zodiac signs for November are Scorpio (October 23 – November 21) and Sagittarius (November 22 – December 21).

**Thought/Quote of the Month:** As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them -----John F. Kennedy

## Make a Thanksgiving Blessing Board

This is a simple and wonderful way for people to write down and display what they are thankful for at your family Thanksgiving gathering. It can be used later to display Christmas cards or Valentine's cards or for children's artwork with just a few changes to the embellishments.

First, find an open picture frame that you like. If you find one for a price you like but don't like the color, just spray paint it. You can even give it the distressed look with a little sandpaper and elbow grease. Next, drill holes on the inside of the frame. Place the holes roughly 2 inches apart. It doesn't have to be perfectly spaced. Then install screw eyes in each of the holes. Use screw eyes so that after Thanksgiving you could restring the frames with something else besides hemp twine. Use heavy weight hemp twine and thread through each of the screw eyes going back and forth. Now you can embellish the outside of the frame anyway you would like. Probably keep it pretty neutral, so if you want to use for some other occasion you won't have so much to change. Next, take basic clothes pins and use your own crafting skills to fancy them up. You could spray paint them, perhaps modge podge some decorations or even draw your own designs on them. Next, create a fun printable art tag that will be attached to the hemp twine you have strung from one side to the other of the frame with the decorative clothes pin you created.

Photos and detailed instructions posted at: <http://tatertotsandjello.com/2010/10/guest-project-make-thanksgiving.html>.



# D E C E M B E R

## **December Fun Facts:**

- December is the twelfth and final month of the year. It is also the seventh and last month to have 31 days.
- December is the month with the shortest daylight hours of the year in the Northern Hemisphere and the longest daylight hours of the year in the Southern Hemisphere.
- December starts on the same day of the week as September every year and ends on the same day of the week as April every year.

## **December is:**

- National Egg Nog Month
- National Impaired Driving Prevention Month
- National Fruit Cake Month
- National Pear Month

**Roll Call:** What is your favorite holiday cookie?

**Thought/Quote of the Month:** Collect memories, not things ----Unknown

## **Getting to Know You – Holiday Game**

- What is your favorite holiday food?
- What is your favorite holiday decoration?
- What is your favorite holiday movie?
- What is your favorite holiday tradition?
- What do you remember from your first holiday?

Wishing you and yours a Very Merry Christmas and a Blessed and Happy New Year!

# JANUARY

## January 23 is National Pie Day

- Bake your family's favorite pie.
- Plant a fruit tree on your property in the spring.
- Write a fruit tree poem about George Washington and enter it in a competition.

**Roll Call:** What is your favorite pie?

**Thought/Quote of the Month:** When asked about who chopped down a certain fruit tree, George Washington stated, "I cannot tell a lie."

**Name that pie:**

1. What pie may go up in smoke?
2. What pie's fruit has pits most likely to be found in the bottom of a bowl?
3. What pie is usually a monkey's favorite?
4. What kind of pie is made with an ingredient that sticks to the roof or your mouth?
5. What kind of pie might dye your lips an Indigo color?
6. What kind of pie is made with a fruit most often given to a teacher?
7. Which pie is most often made with a fruit that would make you pucker your lips?
8. What pie is made with a fruit that grows in a very tall tree?
9. What pie has the word 'meat' in its name?
10. What kind of pie has sweet red fruit covered all over with tiny black seeds?

Answers: 1. Baked Alaska; 2. Cherry Pie; 3. Banana Cream Pie; 4. Peanut Butter Pie; 5. Blueberry Pie; 6. Apple Pie; 7. Lemon Pie; 8. Coconut Pie; 9. Mincemeat Pie; 10. Strawberry Pie

# F E B R U A R Y

**February 12** is Abraham Lincoln's birthday. He was born in 1809 on his father's farm on Nolin Creek (Sinking Spring Farm near the present-day Hodgenville, KY).

**Roll Call:** Share a memory of any site you have visited related to the life of Abraham Lincoln.

**Thought/Quote of the Month:** The Abraham Lincoln Birthplace National Historical Park has the country's first memorial to Lincoln. It was built between 1909-1911 with donations from young and old, and it enshrines the symbolic birthplace cabin.

## **Activity:**

### **Test your trivia knowledge about Abraham Lincoln & Kentucky National Parks**

(Source: Abraham Lincoln Birthplace National Historic Park & Lincoln Museum in Hodgenville, KY, both are great sites to visit with your club members or families.)

For more information, go to – <http://www.nps.gov/abli/index.htm> [www.lincolnmuseum-ky.org](http://www.lincolnmuseum-ky.org)

1. What number president was Abraham Lincoln?
2. The Memorial Building at the Abraham Lincoln Birthplace National Historical Park has 56 steps. What do they represent?
3. What were the names of Abraham Lincoln's parents and siblings?
4. Abraham Lincoln had a stepmother, what was her name?
5. Abraham Lincoln Birthplace was the first National Park in Kentucky. What are the other National Parks in Kentucky?
6. Where did Abraham Lincoln's family move to from the Sinking Spring Farm?
7. What age was Abraham Lincoln when his family moved out of Kentucky? And what state did they move to?
8. What year did Abraham Lincoln marry Kentucky native, Mary Todd? What city in Kentucky houses her childhood home?
9. What year was Lincoln elected President?
10. What is the date of Lincoln's death?
11. What is located on the downtown square in Hodgenville, KY to mark the 100<sup>th</sup> and 200<sup>th</sup> anniversaries of Lincoln's birth?

## Answers:

1. 16<sup>th</sup> President
2. Each step represents a year of Lincoln's life. The Memorial at Lincoln Birthplace was completed in 1911. The Lincoln Memorial in Washington D.C. was dedicated in 1922.
3. Parents – Thomas Lincoln and Nancy Hanks. Older sister – Sarah; Younger brother – Thomas (died in infancy).
4. Abraham Lincoln had a stepmother and stepsiblings. A little over one year after his mother Nancy died, his father, Thomas, married Sarah Bush Johnston, a widow from Elizabethtown, KY. She had two girls and one boy.
5. Abraham Lincoln Birthplace – 1916; Mammoth Cave National Park – 1941; Cumberland Gap National Historical Park – 1959; and Big South Fork – 1974.
6. In the spring of 1811, the Thomas Lincoln family moved to Knob Creek Farm, now known as the Lincoln Boyhood Home, which is part of the Abraham Lincoln Birthplace National Historic Park. President Lincoln wrote, "My earliest recollection is of the Knob Creek place..." It was from this place that he and sister, Sarah, would walk two miles to school and that he witnessed slaves being taken south along the Louisville-Nashville turnpike that fronted the farm.
7. In December 1816, the Thomas Lincoln family moved to Indiana. Abraham Lincoln was age 7. His mother, Nancy Hanks Lincoln, died in 1818.
8. Abraham Lincoln and Mary Todd were married in 1842. Her childhood home is in Lexington, Kentucky.
9. Abraham Lincoln was elected President on November 6, 1860. He was re-elected for a second term on November 8, 1864.
10. President Lincoln died on April 15, 1865, after being shot the preceding evening while attending a play at Ford's Theater in Washington.
11. The Abraham Lincoln statue in front of the Lincoln Museum is a 7-foot-high bronze statue mounted on a 5-foot pink granite pedestal and was created by Adolph A. Weimann. It was dedicated in 1909 during the centennial anniversary of his birth.

The Boy Lincoln statue was dedicated in 2008 for the Lincoln Bicentennial Celebration. It depicts Lincoln at age seven. It was sculptured by The Daub Firmin Hendrickson Sculpture group of Berkley, CA. The boy statue is of Lincoln leaning against an old tree trunk, reading a copy of Webster's Elementary Spelling book, with a linen satchel filled with ears of corn, a fishing pole and his dog "Honey" sitting close by.

# M A R C H

**March:** The third month of our calendar year brings in the spring and ends the winter

- The symbols for this month are the flowers Violet and Jonquil and the birthstones of Bloodstone and Aquamarine.
- March 6, 1806, Elizabeth Barrett Browning, an English poet, was born. Her 43<sup>rd</sup> sonnet from her “Sonnets from the Portuguese” (1850) is the most famous. It begins “How do I love thee? Let me count the ways.”
- March 3, 1847, Alexander Graham Bell was born. He was an American scientist, educator, and the inventor of the telephone which paved the way for the beginning of the telephone service in America. Present day, we are thankful to Mr. Bell because we LOVE our cell phones!!!

**Roll Call:** What is your favorite sign that the Spring Season has arrived in the month of March?

## Thought/Quote of the Month:

The stormy March has come at last,  
With wind, and cloud, and changing skies;  
I hear the rushing of the blast  
That through the snowy valley flies. ---- William Cullen Bryant

## Activity for the month:

### *“An Irish Blessing”*

Wishing you always...

1. Walls for the \_\_\_\_\_,
2. A roof for the \_\_\_\_\_
3. And tea beside the \_\_\_\_\_
4. Laughter to \_\_\_\_\_you,
5. Those you \_\_\_\_\_near you,
6. And all that your \_\_\_\_\_may desire. -----Author Unknown

**Answers:** 1. wind; 2. rain; 3. fire; 4. cheer; 5. love; 6. heart

# A P R I L

**April:** April is Child Abuse Prevention Month. Child abuse can sometimes be fatal. An average of three children a day are fatal victims of maltreatment. The majority of these children are under the age of one.

**Roll Call:** How have you spent time with a child lately?

**Thought/Quote of the Month:** The best thing to spend on a child is time.  
---Unknown

## **Activity for the month of April:**

Since April is Child Abuse Prevention Month, support the children in your community by going to [www.pcaky.org](http://www.pcaky.org) for a resource guide and to learn more. Here are some fun and easy ways to participate:

- Get a proclamation signed in your community to declare April as Child Abuse Prevention Month.
- Participate in National Wear Blue Day.
- Plant a pinwheel garden to show commitment and spread awareness.
- Volunteer your time with a youth service organization like 4-H.
- Offer free child care for parents who need a break.

# M A Y

**May:** From Derby Day to Memorial Day, the month of May is filled with activities. There are graduations and Mother's Day. The warmer weather brings out the grills and cookouts, planting gardens and flower beds. We put away our cold weather clothes and pull out the shorts and sundresses. The trees put on their best show with new buds and leafing out. What a great time to be outside enjoying nature!

**Roll Call:** What is your favorite part of the month of May?

**Thought/Quote of the Month:** Find something each day that makes you happy.

## Make your own Journal

Begin by deciding how you will use your journal. Ideas include:

- Homemaker Lessons
- Prayer Journal
- Travel Journal
- Birthdays
- Favorite Books or Poems
- Movies You Have Seen or Want to See

There are as many reasons as there are people for keeping a journal!

*Supplies:*

- Composition Book or a 3-ring binder
- Material, scrap book paper and/or wrapping paper to cover the notebook or binder
- Glue
- Embellishments of choice
- Colored or printed duct tape

*Steps:*

1. Cover the back and front of the book with material or covering of choice.
2. Use glue to smooth out all air bubbles. You can either miter the corners or use duct tape around edges and on the spine.
3. Embellish with lettering, flowers or other decorations of your choice.
4. Enjoy your journal. You might even want to make one for a friend.

# J U N E

**June** is National Let's Get Married Week

June brides go back as far as Roman times when they celebrated the festival of the deity Juno and his wife, Jupiter, who was the Goddess of Marriage and childbirth on the first day of June. In Victorian times, the tradition is thought to have continued because there were flowers available for the wedding decor.

If your bridesmaids are less than happy about matching dresses, tell them they're good luck! The tradition of matching maids dates to the Roman times, when people believed evil spirits would attend the wedding in attempt to curse the bride and groom. Bridesmaids were required to dress exactly like the bride to confuse the spirits and bring luck to the marriage.

The tradition of the bride wearing something old, something new, something borrowed, and something blue comes from Old English Rhyme. Something old represents continuity; something new offers optimism for the future; something borrowed symbolizes borrowed happiness; and something blue stands for purity, love and fidelity.

Source: <https://planningsavvy.wordpress.com/2011/06/02/its-june-lets-get-married-wait-why-june/>

**Roll Call:** What is your favorite wedding memory?

**Thought/Quote of the Month:** A real marriage is not when the "perfect couple" comes together. It is when an imperfect couple learns to enjoy their differences ----Dave Miurer

## Wedding Trivia

1. Engagements average how long?
  - A) 2 months
  - B) 6 months
  - C) 1 year
2. During the speeches, whose role is it to talk about the groom?
  - A) The mother of the Bride
  - B) The DJ
  - C) The Best Man
3. What was the original meaning of the word bride?
  - A) Secretary
  - B) Waitress
  - C) Cook



4. Church bells are rung at the end of the wedding ceremony to?
  - A) Let the townspeople know
  - B) Wake up the guest who have fallen asleep
  - C) Drive away evil spirits
  
5. "I married the first man I ever kissed. When I tell my children that, they want to throw up." Who said this?
  - A) Barbara Bush
  - B) Mammie Eisenhower
  - C) Jackie Kennedy Onassis
  
6. On average, how many American Brides will say "I do" in a year?
  - A) 5 million
  - B) 2.4 million
  - C) 1.5 million
  
7. Today, the average US bride is how old?
  - A) 18.5 years old
  - B) 24.5 years old
  - C) 29.5 years
  
8. Traditionally rice was thrown after the wedding ceremony for what reason?
  - A) As a symbol of showering blessings on the couple
  - B) As a symbol of fertility
  - C) As a warding off any evil spirits around the couple

**Answers:** 1. B; 2. C; 3. C; 4. C; 5. A; 6. B; 7. B; 8. B